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Summer 2022

An Interview

At the spring Retreat you spoke about the energy coming to the planet functioning as a great spiral. Is this a metaphor for how we seem to be getting it on all sides, or does the spiral concept actually apply to the form of the incoming energy?

How about both? At the time, I did not think about a spiral being an opportunity for the energy to be coming on all sides. I was thinking of it more as starting out in a small amount and then getting bigger and bigger, while still attached all the way through, so the first thing that was affecting you will also be the last thing affecting you. Think of a tornado, because the way that the energy is hitting this year is very much like that—powerful, strong, hitting from all sides, and yes, moving down to a point and spiraling up, or moving up and then spiraling down-whichever way you want to see it.

Additionally, energy from the Source Field is a whole lot like the air you breathe. It's everywhere. If you stand and breathe here, you're going to get air, and if you're over there, you're still going to get air. The energy is very much like that. It's a very strong plasma field, and it functions literally like a spiral weather pattern.

So you're going to have those downloads a few times this year. You just had one, and you're going to have another, and yet another before the year is over. Next year not so much. The year after that, absolutely.

We talked in the past about a vortex being a producer of energy. Does that have anything to do with

it?

No, it's not the same thing. That has more to do with manifestation, and this kind of energy has more to do with Density function and the changes going on because of that.

Is there a particular reason it's not going to be happening next year but will the year after?

Two reasons. One of them is based on the way humanity is functioning right now. Mass consciousness has a repellant quality about it. By that I mean it tends to block a lot of energy just because of the discombobulation of mind and heart. So mass consciousness as a whole is moving toward a prolonged period of pulling into its shell, putting its head in the sand, that kind of thing.

But the other, more accurate reason has more to do with the bodies that energy is moving through literally, astro-alignments affecting the way the energy is coming to earth. And this year has a lot of very energetically conducive planetary alignments different kinds, much like you have going on right now. Next year will be very different, and the year after that you will have another set of alignments similar to this year's.

You also spoke of the "flavor" of energy coming from the direction of Lyra as being one of "karmic release." Since this energy affects everyone, are you referring to the karma of humanity as a whole or of individuals personally? And since karma is about cause and effect intended to bring about, hopefully, a deeper understanding, how

will this energy affect us or benefit us?

This isn't karma as you think of cause and effect in your human experience. This is about your ability to learn from your experiences. The Lyran energy is much, much more about the way you learn, but

Inside Samuel Responds Classic Samuel 7, 8, 10 Musings

I'm not sure I've got a better way of saying that.

The human mind works by the associative process, and with that associative process, there are a good many limitations. In order for expansion as a whole, and in order for there to be the kinds of changes that are needed in the Ascension process, the mind needs to become more than an associative process. It must become a part of a whole.

Over the last few years you've been recognizing that there is a brain in the head, a brain in the heart, and a brain in the gut, or at least all of those neurological connections that allow you to think well. Much of that information and much of that literal neurological understanding only come through the technology and through research, but instead there's going to be a recognition, not simply within science, but also among humanity as a whole, that you learn from the non-visual as well as the visual, the material *and* the nonmaterial. You learn from more than what is outwardly apparent. You are much more like a sponge than a drinking glass.

I'm not sure that any of that is making sense, because it's not so much a human thing. You are being opened in ways that have always been present but not accessible yet, and the Lyran energy is more or less the key to unlock that accessibility. It is karmic in a mass-consciousness kind of way, but not karma as you tend to think of it, and certainly not the kind of karma which other energetic presence stimulates—the Andromedans for instance.

Are you saying that humanity won't rely as much on what it can actually see, but that there will be a greater intuitive process going on where the connection can be made?

Absolutely. Intuition is very likely what it's going to be called, but the fact of it is you read the air around you right now. You don't realize you're doing that, and you may never realize it, but it's going to become recognized in a very clear way that this is a part of how humans in particular experience time and space.

I don't know that mass consciousness will be able to access that knowing without calling it intuition or God, but Guardians will. It's simply talking to Spirit, talking to "God", and getting answers. You will go out into nature and be able to talk to the sense of the sacred, and sense a reply. And Guardians will be able to hone that and make use of it.

The other energy that you spoke about at the Retreat was coming from the direction of Andromeda. And you described it as that of "wisdom through experience," which sounds a lot like the energy of karma that is coming through Lyra. Of course, you just said that Lyra's energy isn't karma as we think of it. So what is the difference between the two energies?

"Wisdom through experience," and the key word there is wisdom. Karma tends to be based in experience, whether you gain wisdom from it or not, and if you don't it will come back around. But *wisdom* through experience requires higher mind, and that higher mind is the Andromedan key.

Lyra has to do with heightening or accelerating a physical process that creates a mental awareness. It's very much a result of all of the DNA changes you have been and will continue going through. Andro-



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© Phoenix Institute, Inc. 2022. All rights reserved. All Samuel's material is © EarthLight, Inc. 1992, 2022. All rights reserved. meda is a very worldly process. What you put out is going to come back to you, but at a higher level; you're going to be able to see it, understand it, apply it, and gain wisdom from it.

You have said that we are coming into the time of the Warrior Goddess. What are the characteristics of the Warrior Goddess?

If you think through both of those labels, the warrior and the goddess, you will recognize that the warrior is far more than the physical prowess. The warrior is that ability to think quickly, to be able to respond quickly and in a good way. [To Paula] You like to complain that you don't think very well on your feet, that you prefer to stop and think about something, as most people do. But the warrior can think right there, in that moment, and make decisions, decisions that are going to have an effect to bring—ideally—safety, however you want to say that. They are personally empowered, and it is a personally focused function.

Now, an individual warrior is quite different from an army, a group of soldiers. An individual warrior has to be able to function alone, and that's a

very different energy because the energy of unity and the focus of Oneness are all about "what I cannot do, you can." So you fulfill a unique place that way. But the warrior can be left out in the field on their own and do what is best for

both the mission and themselves. So it's a whole different kind of thinking. It's very self-oriented, as opposed to a battalion that has to think together.

Goddess has everything to do with feminine power that is molded into the shape of loving, compassionate, creative, helpful, but still a warrior. Goddess is more of an outward function, meant for the world, while the warrior is meant for itself. If you put those two together, you're going to have a pretty balanced masculine and feminine. You're going to have an individual that can function on their own but has compassion, has empathy, is able to think of the whole. It's a very powerful combination, and in actuality many, many Guardians come in with that kind of energy.

One aspect I think of when I think of a warrior is the ability to keep going in the face of difficulties. The ability to keep the vision. Is that a part of it?

Yes, that would also be in there, but as always

you've got to be careful, because that ability to keep going can also just be stubbornness. It can just be thinking of oneself and beating one's head against a wall. So as with everything, it's important to look at both sides. Warriors can also be dangerous, and goddess force can be just trippy, not really functional in this world, so both.

Does this relate to the abuse of power that is going on in the world right now? Is this a way of counteracting power over and moving it to power with?

No, but I really like the sound of that. I like that thinking a lot. I should have thought of that.

Abuse of power is a problem with the experiment, and the energy coming through right now is not meant as a fix as much as it is a natural flow of the evolution of Spirit through the Ascension process. So while the one has a very positive effect on the other, it just so happens it's at the same time.

At the Retreat you said something to the effect of "I'd like to see you start fresh from a higherfrequency place." You went on to say, "You are not an apprentice. You're not functioning in

> power if you don't know how to wrangle power." Would you explain that?

> And a second question relates to the same idea: At the Retreat, you said that we should not "claim our Godship," which you described as

a limitation. To us it seems like the same thing.

I agree. What you hear in the first quotation is my version of frustration. Do you know the phrase "weaponized incompetence"? Are you familiar with that phrase? It means being helpless on purpose.

Like the tyranny of weakness?

Yes, very much. For Guardians, over the last few years there has been a tremendous amount of clearing and a lot of loss, a lot of grieving, and I'm not just talking about Phoenix or the tribe, but across the world. Many Guardians are preferring to remain right where they are and make their nests really comfortable. There are no steady patterns of growth, but leaps here and there, and a willingness to use any possible excuse for not doing or not being, which is really unfortunate.

And it's particularly unfortunate because it means you're relying on your human nature, and you are so *not* your human nature. Guardians may be in a human shell, but with the right focus, with

Abuse of power

is a problem

with the experiment.

consistent growth, they are not held by the boundaries of this shell. You don't *have* to experience the world as mass consciousness does.

For instance, there is the *incredible* need that has been showing up over the last three years, two years—years are hard for me—to "people-please" and to be afraid to make mistakes. That is coddling the human, whereas the fact of it is, you're not human, you're just visiting. You're just living in this form for a while.

All of this, meaning this world as you see it, needs boxes. God is a box, for instance. I say Source, I say Universe, but those terms are not interchangeable with "God." But they make you think of God because of patterns put into you for a very long time, from childhood. You imagine God to be allpervasive and all-knowing. As an adult you've paganized this to become "in all things" and "a part of all things," and yet the fact of it is that's an insult to what Source, to what the Universe is about, because it's such a *limitation*.

So many Guardians right now are judging their world based on mass consciousness's version of what is and isn't acceptable. And they're translating who they are and what they are into that language. And I'm saying *stop*

doing that, because as long as you think this [pointing to Lea's blouse] is red, you're not going to see everything that goes into making it . . . what color is this? Rust?—and I think that's very sad. So I remind you as often as I can that this is not what you are, that what you are is so far beyond this. It's so far beyond this that your construct of "God" is *nothing* compared to what you truly are.

This experience is a blink. It has happened already. It's all right. Everything is all right. Don't get caught in the tar pit of seeing your world just through your eyes.

Is it an issue of being so comfortable with the human, or is it an issue of fear, being afraid to step out into the unknown?

It's both. Fear makes a person pretty uncomfortable, and you learn early on that, if you're starting to get uncomfortable, you should back away. But your comfort levels aren't a good way to judge what you're actually doing as Spirit. They're only a way to

judge the human experience, and I want you to move away from that.

So what is the antidote? What can Guardians focus on?

Because your human self lives in this world, it is filled up with memories that you think are your truths. This human connects with others, and has its energies cross with others' energies, and then their free will crosses with others' free will. Because the whole human experience is very, very real, you need to pay attention to what the human self needs, take care of it, give it what it needs. But what you do not have to do is *believe* it all the time. What you do not have to do is put its needs *first* all the time.

You are both getting ready to do something new. You, Paula, will have time alone with your sister, for the first time in forty-plus years. David, you're going hiking, high up, with people you love. You're both stretching the envelope. Now stop for a moment,

and think about how old you are and compare that to so many people in this world and so many Guardians, even in this work, who aren't stretching the envelope, who are doing the same things all the time, not making an effort to leave

their comfort zone. Even in Leadership, there are those who get pretty uncomfortable when new things come up because they are catering to their human.

The Spirit takes care of you because it needs you, not because it's afraid of not having you. Do you understand what I'm saying there?

So, as you can tell from this interview so far, the Retreat was a lot of soapboxes for me.

[Laughing] Well, we still appreciated it.

Now that the trip to Hawaii has been rescheduled, you know we would be remiss if we didn't ask you some questions about the trip.

Is this a Star Gate similar to the ones we have already worked with? I don't remember us ever working with a Fire Gate before. Maybe it's just my memory.

There are Star Gates, but there are also planetary Gates. Planetary Gates require the same kind of energy work that a Star Gate does, but a Star Gate is

Spirit takes care of you

because it needs you.

about getting off the planet.

This is the Pacific Star Gate, but it's the Fire Gate because the Pacific Star Gate has within its energy field a Fire Gate, a Water Gate, an Air Gate, an Earth Gate. It's just how they work.

The Fire Gate for the Pacific is the primary Gate. It's not actually in Hawaii; it's in the ocean, south of the bigger island. But a Fire Gate and a Star Gate also allow that which is of a particular frequency that is aligned with that Gate to move out into the space around it.

All right. These Gates *are* planetary Gates, and they have everything to do with the spirit of the planet itself.

Quick question: how is your planet doing these days?

Uh-oh.

Wouldn't you say this is a time that great balance is needed? Much damage has been done, so it's a very, very good time to do some planetary healing work. And through the Elemental Gates that is exactly what's going to be done. Earth healing work through the water, the air, the fire, and guess what Hawaii is about.

Volcanoes

Actually very, very active ones. So a Fire Gate, while it does connect with particular points within space, that is not its primary purpose. And it's not two-way into space; it is only one way and that is to earth. So it is all about stimulating the Earth Spirit herself in particular directions.

Do you remember Lake Titicaca? It was Atlantean, so it had everything to do with early earth, everything to do with the early experiment. Not earth healing, but mass-consciousness healing. The Fire Gate as an Elemental Gate has everything to do with earth healing.

So you might wonder what the people who take part are going to get out of it if it's not for the people doing the work and the people around the area. I don't know. We've never gotten to a point where we could open Elemental Gates, so we'll see.

Just for clarification, are you saying that, for instance, this is a Pacific Fire Gate? Are there also Earth, Water and Air Gates associated with the Pacific area, or would those other Gates be in different parts of the world?

There are those associated Gates, but they would not be the primary Gates. Whereas in other parts of the world, it might be a primary Water Gate.

So there may be a primary Water Gate, and

Samuel is pure, unlimited energy, an intelligence that has communicated through Lea Schultz since 1984, working in the energy of those in his presence to assist them in their spiritual development.



Lea Schultz

there will also be Fire, Earth, and Air Gates, but they will be lesser Gates compared to the primary Gate in the area.

There are four primary Elemental Gates—that's not accurate; there are six, but just four that work specifically for planetary healing right now. The other two are probably not going to be accessible until the Ascension process is further along—but that's not the point. So there are four to six primary planetary Gates, and throughout the world there are associated Elemental Gates that are not as powerful and function more locally. The primary Gate is the music—the orchestra—and the subgates are the song of that area.

How does a Star Gate become an Elemental Gate?

It doesn't. They are set up as either Star Gates or Elemental Gates from the point of origin.

I see. So opening them is similar, but just depends on the function of the Gate.

The Intent is different, but they all have to do with your energy becoming one with that Gate.

So it sounds to me like we'll be planning trips to open other planetary Gates. That's exciting.

Well, it depends on what comes out of this one, whether it proves to be a good flow. It's a Goddess force; it's very much the feminine energy that is working to manifest more strongly at this time. It's very good timing for this Gate, but there are still plenty of Star Gates, too, that could be activated. Also, there is something to be said for high-

frequency individuals recognizing themselves as a Star Gate. And, yes, there are other planetary Gates that are available, it just depends on what happens with this one.





When you said we have villains because we need them, what did you mean?

You are very complex beings, and as you change and grow, many things that were a part of your truth and who you are—the way that you identify yourself—also change. But some people are unable to let go when they begin to change. So they're like a pup when it's on a walk and gets too excited and just runs ahead until it hits the end of the leash, and then boom, right back. And that's what a whole lot of humans do.

But when you stay in what should be a deadand-gone part of you, for whatever reason comfort, fear, you think it's just how things are where you're holding onto something that you should have let go of a long time ago, you are going to be unhappy about it. It's just how you are built. That's the Spirit in you not being satisfied with stagnation.

So you're unhappy, you're uncomfortable, angry, you're touchy, but it can't be your fault—it cannot be *your* fault—because if it were, you could do something about it. So let's put the sins of the world onto this scapegoat. Let's have a villain. Let's have heroes. It's a very limited way of seeing the world.

In addition to that, it's also just ridiculously judgmental, because what you would consider villainous, terrible, ridiculous, bad, you may not see it that way at all in another few years. It's because you have the hubris to believe you have the big picture, and you know the whole story and you've got "truth," even with your blinders on. So what you know is right, and anything that does not fit with that is wrong. For instance, Putin is the "bad guy." Well, maybe. Maybe not.

You've had people in your own life that you later realized were really doing you a favor by hurting your feelings or not allowing you to go someplace, or whatever. You need villains so that you do not have to look at yourself, but it's all you. It's all you. And the more you know and the more you grow, the more you realize that people often do stupid things for stupid reasons and get stupid prizes for

it, but it doesn't mean they are evil. It means they have done stupid things and won stupid prizes.

You see the conquistadors and the explorers—James Cook and Columbus, all of them—as villains. You want to have a villain involved because you don't like

what's happened, because it doesn't fit with your worldview at this moment. It doesn't fit with your truth now. But it can't and it won't, and you've got to be very careful in ... well—for one—equating what Russia is doing in the Ukraine with what Cook and the missionaries did with the Pacific Islands.

I'm not saying that what they did was a good thing for the Pacific Islanders. I'm saying that you want villains so that you have a scapegoat for your sin.

You indicated that we are beyond needing simulacrums as a meditative vehicle. But at the same time, you gave us an exercise which involves a visualization in which we see ourselves in another location. You indicated that the purpose was to practice so that we can see our toe moving both physically and in the visualization. But that seems to be about creating a simulacrum again.

A simulacrum is for out-of-body work. As a meditative observer you are imagining yourself able to activate it, but it's all here in the head. A simulacrum is actually built outside of this dimension. So that's the difference between thinking and meditating.

The simulacrum teaching was way too far ahead of its time, and it had very little effect. So another one bites the dust!

You indicated that you wanted to see what happened when we practiced the toe-moving exercise daily. What are you hoping that will accomplish?

It's your Spirit working through your form, and anything I can sneak in so your Spirit is functioning more deeply, more entrenched, more strongly, I'm going to do.

Second, it's also going to separate your meditative state from your dream state, because there are people who get the two mixed up; they're looking for them to be the same sort of thing. So by being able to project your mind into a thought form, you're able to experience it through your senses. And as that self moves the toes in the dirt and shifts from place to place, your mental process of making

that happen is going to have a very strong effect on how your Spirit is able to work, and your dream states will radically change because of it. It is going to change your dream states because you are going to find that you automatically let Spirit take control in your dreams. As a result, you'll have many fewer dreams where you're an observer and many more where you are an active participant.

And again, anything that lets your Spirit function

better in your body by opening your mind up or opening your heart—I'm good with either—I'm going to try and push.

You said some people get the two states mixed up. Can you define them more clearly so that it's easy to see the difference?

All right. First, let's separate Dream School out from this, because it's a wholly different thing. So we're talking about real dreams and memoryprocessing dreams.

Dreams are the physical self trying to shift out of this dimensional experience into a greater one. Meditation is the Spirit self trying to leave the ship, leaving the mental. Meditation is an opening to not focusing on yourself or the earth. Dreams are focusing on you, but they have their own purposes as well.

Meditation is, at its best, much more refreshing than sleep, and much more dimensionally active than sleep, but it's much, much harder because it is not natural to the human self. You've got to allow the Spirit to open things up.

Dreams. You go to sleep, you don't think about it, it happens to you. Maybe if you get good at it you reach the point where you can function the way you want to in that dream, but most people think it's a big deal when they can just wake themselves up out of the dream.

You spoke reassuringly about the Universe not being willing to allow nuclear war "on this timeline," but said we needed to keep this timeline stable. How can we contribute to the stability of



Gems from the Library archives

When you are out taking a half-hour walk every day, practice awareness.

Awareness means making yourself attuned to what is going

on around you. Now and again, do sensory checks: What is everything that I am seeing right now? What are all the colors? What are all the shapes, what are all the smells right now? What is everything that I am hearing? Sensory attunement.

Then go just one step farther. What am I feeling as I am going right now? As you do that, push yourself: Let me change how I'm feeling. Let me rev up a step or two or three or four, if you're particularly down. I want you to begin playing with your mind, and by consciously recreating emotional states, you are preparing yourself for the opportunity to take part in merging of energy and, at a greater level, some of the higher healing techniques.

5/3/1992

this timeline?

Just like with the timeline shift, you're going to feed the wolf of fear or feed the wolf of Love. And one of them will live. It's that simple.

I do not see, in any possible realm, that nuclear war can be a function of Love.

You have said that we are becoming the Source Field for those around us. Were you speaking about us on a personal level, or is that energy at a higher level?

That question could have gone in my soapbox about "Don't limit yourself to thinking you are God." So take a moment and think about it. For this experiment, All That Is releases into four functions—Intent, Thought, Word and Deed—each of which explodes into twelve, and each of those explodes into twelve more, and on and on.

So where is the Source Field in that process? It's All That Is, which is expressed through Intent, Thought, Word and Deed, and begins the twelves. But the Source Field is that out-breath. It's the intent of the Intent, if you will. Wow, that can get complex.

And your understanding of the Source Field changes as you become less human and more Spirit, so that you become very aware that "Oh, it is me! It's everywhere. It's all things. I am a function of the One." You're a function of the One because you are the Source Field. Very much the same way that you are stardust, you are broken-off comet pieces, you are space trash [laughing]. The idea that "you are stardust," is very accurate on a human level; the

Source Field is the same thing but on the Spiritual level.

I took it to be that, because we have gone through a lot of things that mass consciousness is going through now, we have wisdom that we can hopefully pass on about how to deal with that process and those stresses.

So you are effectually somebody else's Source Field. Well, actually I like that too. Pretend I said that as well.

You said during the spring Retreat that the media are going to be responsible for narrowing our perspective even further. What is happening in the media to cause that narrowing that you were talking about?

The media are a reflection of the corporations behind them. And each corporation is a reflection of the beliefs of the individuals that run it at a corporate level—the owner, the board.

Mostly run by white males.

And right now your major media, including social platforms, are run by a handful of people—even across the world, only three handfuls of people. Not three handfuls that represent twenty or thirty people each. I mean three handfuls of individuals—very few people whose belief systems are incorporated into

whatever outlet is under them. And that includes—whether it is a conscious or unconscious behavior—those reporting, those editing, and those determining what becomes news and what does not.

Because of that system, anybody who only has one or two sources that they read or watch is not getting real "news." I don't recommend that you pay much attention to your news anyway—you'll get really depressed—but if you choose to, look at ten different sources from all over the world, and look at locals, not nationals. If you read a story about something happening in Minnesota, go and look up the local Minnesota news for that. Otherwise you're getting a slanted view, and right now in your country that slant is very divisive and angry.

Reactionary.

And competitive. And it's based on someone else's truth.

Are other countries less susceptible to that kind of slanted reporting?

Every business, no matter what it puts out, is going to be a reflection of those who run it. Sixty years ago, journalism took pride in telling the story from a neutral standpoint and giving as much of the picture as possible. That has changed over time.

So media in other countries are undergoing the same kind of experiences as America right now. That

includes a whole lot of the western world because of the nature of the current energy. That is going to continue over the next five years. Especially because of America's place in the world, it's a problem.

Slanted news is a problem even in Britain. What you read in London about what's happening in the Orkneys makes the Orcadians laugh. It's a problem all over the world, but if you're in a country that's very stable right now, where nobody's biting anybody, then you'll probably have a less inflam-

matory version of the news. For example, check out Finland's newspapers.

You have options throughout your life. Birth is one of those options, but it's not one that you, as a thinking human, have made. From



Gems from the Library archives

the point of your birth into this world, as you begin to learn how to function here, you begin the birth process. You go from simply being born as humans—that's the first requirement—to beginning to be the spirit being you are. That's the one that counts. It's an ongoing process that is created—over and over—every time you make a conscious decision.

The form has a whole system of beliefs that allow it to function in the world safely. It's called "how to be average." How to fit in and not stir up trouble. How not to be weird. And everything that the form is oriented toward doing is toward allowing you to fit in so that you can function and stay alive and keep going. Spirit's work is to learn, "All right, if the only thing this person can feel is through this odd thing here, then let me enhance the handicap as much as possible. Let me make it work to its very highest ability." When there is integration, there is understanding, and the understanding is the symbol of the integration. When you're no longer fighting, when the spirit knows what the form can do and the form is no longer hiding behind what it doesn't want to do—you know, you always deny your power when you don't want the responsibility for it—when you quit fighting you get to be powerful.

6/7/1992

PHOENIX INSTITUTE XX ATLANTA

Musings on Sacred Sex

by Pat O'Malley

While contemplating a topic for this article, I thought, how about taking on Samuel's May First Sunday meeting? Silly me. It seemed so easy since it was packed with good stuff. Samuel hit on Beltane, reminding us of our favorite fire festival. Beltane is about renewal, fertility, and growth, which is related to his earlier teachings this year about planting seeds for the future. He reminded us that now is the time to nurture those seeds. Beltane is also the time of the coming together of the God and Goddess. He went on to say that very often in the past, there would be a Beltane festival that had to do with sexuality, relationships, renewal, and purification. It was a time of living ritual. Sounds like a party!

Samuel also reminded us that we've been working with the energies of Divine Masculine and Divine Feminine to bring them into balance in our lives and in the world. The group of Guardians who gather on Zoom at noon every day to send energy around the world has been focused on creating balance, because so many arenas seem to need it desperately. Masculine energy relates to those things we see, and there has been a lot to see lately—much of which we wish we could unsee.

It seems that Divine Masculine has been unable to function fully in the world because of misuse of power, just like what we see every day on the news. Samuel said that the misuse of power created a patriarchal system that fully worked to eliminate the matriarchy. It was power over instead of power with—lack of balance—and that old way of doing things is holding on for dear life, fighting and resisting change. There is a lot of bullying going on in the world right now, and it's all being broadcast live, day and night. Samuel wants us to help put balance back into the world.

Yes, yes, yes!!! I was thinking, "How best to do that?" I had anticipated that he'd say to start with balance in our lives first, because, well, he's said it before! But what he said was:

Sacred Sex.

Oh, my. Deer in the headlights.

Many of us were at the workshops in the three

cities over twenty years ago when Samuel first taught about Sacred Sex. We were younger then, and time has worked many changes in the physical world, especially when it comes to things like bodies, hormones, and aging.

He seemed to be trying to jar our memories about the fun, playful, back-and-forth sharing that occurs during Sacred Sex. I do remember all that. It was great. It was fun. It was exciting. It was even fun learning how to focus all the energy being created into manifestation. Good times.

If it was so good—and it was—why was I feeling nervous writing about this? After all, I didn't have to include the "how-to" part in this article. There is plenty of information to be found by searching "Sacred Sex" at DiscoverSamuel.com.

Twenty years after the famous Sacred Sex workshop, which had some people panting to get home to try it all out, a few things seem to have changed: the "plumbing" may not work as efficiently as in the past; "buttons" may have "gone numb" due to menopause, medications, and lack of interest; Viagra has become a thing.

Samuel did mention that the less human we are in this world, the less our sexuality matters to us. It's a Light-body thing apparently. This may be true, but the decrease in hormones is still my go-to excuse. But excuses aside, according to Samuel, the world needs a ritualized function of our sexuality as an act of power to bring the balance of Divine Masculine and Divine Feminine into the world.

I spent a minute viewing the gallery of people attending the First-Sunday Zoom meeting to see facial reactions. As I did this Samuel said: "I don't think I've talked about anything that has fewer people relating to what I am talking about in a long time." He chuckled as he mentioned that many of us were not taking care of our whole selves as well as we should. He also said that our sexuality is a force of spiritual power, and used rightly and in balance, it has the same effect as the daily focus, even if it's only one or two of us doing it.

What's a girl to do? This is important stuff and

Samuel wouldn't have mentioned it if it wasn't necessary. I sat myself down and began to review the process for Sacred Sex. The first memory to pop up was that sex starts in the mind. Does this mean fantasy is our friend? It is a jump-start apparently. It doesn't matter if gravity has wreaked havoc on physical perky parts; I can create my own perky God and Goddess avatars as part of the thought process.

Balancing Divine Masculine and Divine Feminine in my own life is the first step.

Next, I am the thought creator of my own Sacred Sex scenario, which is important if I am to be the sole participant. God and Goddess in balance, here I come! Ascension is at stake, after all, so let's get it on and have fun as we save the world!!

Sacred Sex was discussed in one of the workshops of 1997; extensive discussion also took place in the Interviews with Samuel in PR 1997.3(https://discoversamuel.com/interview/summer-1997/) and 2006.3 (https://discoversamuel.com/interview/summer-2006/)



Gems from the Library archives

Ascension at its most basic is a synthesis. It's a new creation. It comes out of the Spirit and the form coming together. Now, in order for the Spirit to come together, it needs to have mastered the degrees, the rings, the characteristics, the Rays, of Spirit. In order for it to work firmly in form, that must be done, but remember, you have accomplished that or you would not be in form. The trick for you, if you will, is to master form.

The seven Rays of form—in the order of their progression—are [1] Choosing [2] Love in your [3] Actions, which creates [4] Harmony, allowing you to better [5] Learn the world that you're in and a part of, then allowing the opportunity to [6] Make your choices as to what specific direction you're going to go to and balancing that out into the highest possible [7] Magic. That doesn't sound so hard, does it? The Spirit self is the motivating force behind those choices.

Essentially, Ascension is reached at the point that you are living consciously, choosing to do the best you can where you are with what you have. Not trying—but *choosing* to do the best you can where you are with what you have.

That creates the mind-set, the vehicle, but it doesn't mean that the vessel is fully ready. The work of 11:11 was to seed physical bodies. For those physical bodies that had already been seeded—and that would mean those that were not primarily earth energies—that seeding would be further nurtured and more strongly awakened. Therefore right now,

since 11:11, those individuals who are primary earth energies—meaning no matter where they are in the scope of growth here, this has been the first place for that growth—those that are primary earth energies are recognizing a new seeding, and they are going to want to move through the highest levels of human experience, meaning specifically the psychic, then into the Ascended levels. Those of you whose energy is not primary earth experience—again, you know, I'm not saying you are a Martian—for those who are non-earth but are nonetheless working through the wheel—that seed has already been a part of you, and you are going to find that the psychic focus is not so much a part of your desire, because it is easy [for you] to accomplish. And you're going to find yourselves more directed toward the work I'm giving in the workshops right now, the Ascended work.

Phoenix has never been, nor will it be, a New Age center of "Bring your thoughts in; let's see how they fit." That simply isn't the nature of this work. It's more "Come in and I'll push you around and put you in situations where you see the dross and you turn into gold. It's the fast track." And it is indeed the fast track.

What I've been doing is working on pushing individuals, pushing you to serve and to experience what comes to you when you know that you're serving; pushing you to teach, to get out there, to know what it is you think, to know how you present yourself. And, of course, what that means is asking individuals to get out there and stumble and fall on their faces. And many of you have also seen yourselves get up and dust off your wings and shine. Sometimes you had to fall several times before you finally got up and shined, but you are learning to shine.

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