



PHOENIX RISING

A free quarterly newsletter from Phoenix Institute

Winter 2015

An Interview with *Samuel* channeled by Lea Schultz

During our discussion about the 2015 trip to Nevis in the last issue you said, "I'd love to make each of you a Dragon." Dragon force is the frequency of past seedings, so what does it mean for us to become Dragons in the present? How can that be accomplished?

Think for a moment about the purpose of those original seedings. They were about stimulating within life force particular functions of Source into the world. It was called a Dragon seed because the qualities of a Dragon are "magical" and "rare." But Dragons are also powerful, and are guarding a treasure, a treasure.

Now put those two together so that the Dragon seed becomes the keeper of a great treasure, which is a function of Source in the world. Taking that one step further, if you are the Dragon, you are capable then of installing the frequency of Source function into life force. It's the difference between sending energy and creating and establishing the energy out of oneself. If you are a Dragon in this world, that means you are functioning in Shining Force. You are aware of specific needs for specific frequencies, and you are capable of adjusting your frequency to meet those needs. You are protecting a function of life force. You are a powerful being of magic.

So you might ask, How is that different from what we are right now? Well it's quite different because what I want is for you to move out of your head and into your world. What I want is for you to move away from sending the energy, and hoping it makes a difference, to merging with a place that then changes that place.

Now, the trick, if you will, is that it's not a function of trust; it's a function of knowing. Truth be told, you can pretty much divide Guardians into two groups: those who don't think they are there yet and are wrong, and those who *do* think they are there and are wrong.

I was talking with somebody this week who said to me, "You know, you say that I'm doing good work, but I don't feel

like I'm doing anything." So I explained "Well, of course, feeling like you're doing something will throw you off. That's not really what we're looking for." And she said, "I don't feel as if anything happened at all." I was really touched by that because this individual was continuing to do the work in spite of that. But that's the kind of "I don't feel it" that I have to work around, and the only way that I know to work around it is to show you ways to prove it to yourself. So that's what I'll be doing up until Nevis.

Is this also connected with the work you've been doing in teaching us about the Source Field?

Very much. Working the Source Field changes you in ways that will help bring this about. And Nevis, where the energy is so powerfully different, is a very good proving ground.

How is Nevis going to assist in this process? Why not just do the work in Lexington or Pittsburgh?

Nevis is one of the twelve torsion

points for the planet. It's a very powerful place, a change point. Being there makes change easy. Go there when you want to renew. Go there when you're ready for a life change. Go there when you're looking for direction. The planet, the cosmos, the torsion point, the change point, the place of power—it's all right there. It's hard to miss.

An interesting thing about Nevis is that almost half of the individuals who were on that trip have brought Watcher connections home with them. They may not have experienced it there, but then coming home, a couple of months later, things started becoming conscious. That's the kind of place it is.

What kind of things?

Watcher energy showing up in acceptable visages. Just that.

Previous Dragon seedings and awakenings have affected the growth of civilizations and the course of events in the world.

Inside

Lexington Calendar of Events	3
Questions for the New Year	6
Samuel Responds	10
Pittsburgh's Calendar	14
Muggle in Atlanta	16

Still are.

How would our being Dragons affect the chaos we see in the world now, such as the situation in the Middle East, the epidemic and fighting in Africa, global warming . . . ?

There are bigger problems than environmental disasters, species being wiped out, human misery—those are things which don't change much anyway. The bigger disasters that I see, the worse chaos that I see, are actually things like the banking systems across the world that control who does and who does not have funds to bring about changes in their lives, the international banking, monetary funds and so forth that are manipulating the amount of money out in the world. I see that today as a really big problem. I see governmental divisiveness in which action for change is based upon who has the most money, what corporations want, and how the government does not represent the peoples not just in the west, but across the world.

I see those sorts of things as an even bigger danger for you than that there are seven white rhinos left in the world and they will soon be gone forever, carbon emissions are destroying the atmosphere, that cattle are eating up the planet, there is famine, drought, most people lack purified water, the human kingdom is absolutely inhumane to animal kingdom—even bigger than those things, which are huge. Next time you need a soap box, just ask. I'll pop right out with them.

So, I think that I can answer a question based on what you were saying, such as, "How will individuals becoming Dragons change that kind of chaos we're seeing in the world right now?" Is that what you were asking?

Yes.

Everything that I am about has to do with awakening humanity, because that awakening will bring about the completion of Sacred Status. Having what is truly the equivalent of Avatic force, godlike beings, functioning in the world is not going to have a really big effect on the greed and abuse of power as much as it will affect the currently unheard masses, be-

cause ideally they will be strengthened enough to take the blinders off and stand up to say, "This is wrong," and that will bring about change. And so ultimately my hope in bringing about that kind of change is to put into the world mobile, living frequency clusters—Dragon seeds—that have a much more profound effect on change to do beyond change to be.

And the side effect of that could well be massive change. Remember Arab Spring? How about a Dragon Spring instead?

We had Arab Spring and Occupy Wall Street, and just recently there were peaceful protests in Hong Kong. These movements seem to be about people standing up and saying "No more!" Do you see those movements as having been successful?

Absolutely.

It doesn't look that way to me. The bankers are still doing their thing. In Egypt the people are under military dictatorship. It doesn't seem that it's really brought about lasting change or the change that the people were wanting.

You are impatient, and you're only seeing a very limited view.

Well, I'm glad to hear that you think they were and continue to be a success. But it does get discouraging from the human perspective.

Well, the human perspective is "smack your knee and say ouch!" Just that fast, wanting microwave change.

After three hundred years of tyranny of one kind or another—and if you use Egypt you can say thousands of years—all of a sudden group consciousness changes and says "We don't want this," and, because of the communication technology you have in this world now, there was world support for it. The empowering of a generation was stunning, *stunning*, and it did bring about change. Actually, it brought about some very good change. When the Egyptian people got tired of standing and the world was tired of watching, that energy started to fizzle, but it was picked up



Phoenix Institute, Inc. was founded in 1984 to make the philosophy and teachings of Samuel available to anyone seeking guidance in the many areas those teachings embrace. It offers free monthly meetings with Samuel and frequent opportunities for group or public discussion of his message, as well as workshops, seminars and similar educational events for deeper study and to assist in the practical integration of these teachings into the physical, mental and spiritual lives of all who are drawn to them.

Phoenix Institute, Inc. is a non-profit, tax-exempt 501(c)(3) charitable organization that relies on donations and volunteer assistance. Phoenix's programs are open to anyone with a desire to know more about Samuel's message.

The Spring 2015 issue of
Phoenix Rising

will be distributed on March 20.

Manuscripts and correspondence are welcome. Send to the editors at

Phoenix Institute
P.O. Box 12963
Lexington, KY 40583

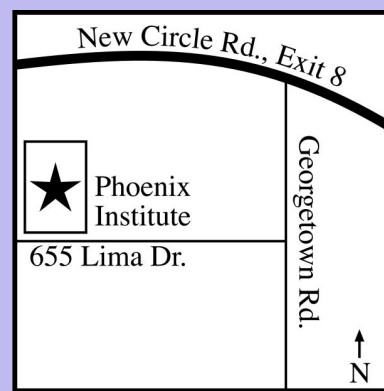
or e-mail to

PhoenixNewsletter@windstream.net

Deadlines:

Copy — January 18

Ad reservations — January 25



© Phoenix Institute, Inc. 2014. All rights reserved.
All Samuel's material is © EarthLight, Inc. 2012 and 2014. All rights reserved.

CALENDAR

Meetings at 5:00 p.m. at Phoenix Institute except as noted.

J
A
N

- 4 **Samuel's first-Sunday meeting and live webcast at www.DiscoverSamuel.com**
- 5 Full Moon Ritual*
- 11 The Guardianship Program (see ad page 5)
- 18 The Guardianship Program (participants only)
- 24 **Samuel's Atlanta Lifescapes Event,**
9:30 a.m.–1:00 p.m. (see ad p. 14)
- 25 The Guardianship Program (participants only)

F
E
B

- 1 **Samuel's first-Sunday meeting and live webcast at www.DiscoverSamuel.com**
- 2 The Guardianship Program (participants only)
- 3 Full Moon Ritual*
- 8 The Guardianship Program (participants only)
- 14 **Samuel's Pittsburgh Lifescapes Event,**
9:30 a.m.–1:00 p.m. (see ad p. 14)
- 15 The Guardianship Program (participants only)
- 21 **Samuel's Lexington Lifescapes Event,**
9:30 a.m.–1:00 p.m. (see ad p. 14). Vegan
breakfast 8:30–9:25 a.m. (see ad p. 9)
- 22 The Guardianship Program (participants only)

M
A
R

- 1 **Samuel's first-Sunday meeting and live webcast at www.DiscoverSamuel.com**
- 2 The Guardianship Program (participants only)
- 5 Full Moon Ritual*
- 8 The Guardianship Program (participants only)
- 15 Discussion of Samuel's interview in the Winter issue of *Phoenix Rising*
- 22 Review, Practice, Integrate
Samuel has given us some great techniques for personal growth over the past year. Join us for a review and practice session to help us better understand how to make them work in our lives.
- 26–29 **Phoenix Institute's "A Gathering of the Tribe,"**
Samuel's 2015 Retreat. Boone Tavern, Berea, Ky.
(see ad on back page)
- 29 Discussion of Samuel's Retreat

T
O
N
I
N
G

- Phoenix offers four Toning opportunities weekly:
- After Sunday meetings, except Sundays with Samuel
 - Mondays and Thursdays, 6:30 p.m.
 - Wednesdays, 9:30 a.m. at 147 Kentucky Ave. This Toning may be held at Phoenix Institute when necessary. Please see the monthly calendar to confirm the location.

Dates and programs are subject to change.

*Additional information and updates can be found on the monthly calendar, at PhoenixRising.DiscoverSamuel.com/calendar.pdf

somewhere else, and then somewhere else, and somewhere else, and Hong Kong is still a piece of that original change. It just takes a few to change ruts of thinking—of culture—and that's what's happening.

Now, imagine those people being activated by something like unconditional love being spread out all around them. It's an even more powerful force. I think it's a good thing.

When you spoke of making us Dragons, were you speaking metaphorically, or do you mean you would actually do something to us? How much of becoming Dragons depends on our own efforts?

When I talk about Dragons I'm always talking metaphorically because you're not going to get claws and scales and bat wings, and look kind of reptilian.

But the idea of doing something to you is not a metaphor, although I can't do something to you that you're not ready for or willing to do. So your becoming ready for that change is your magic, and my leading you to the door is my magic. But you're the ones that go through it.

You have taught that we are evolving toward godhood in a literal sense, where we become Solar Lords in our own planetary systems. Is our becoming Dragons a stage in developing this fuller potential, or is it more in order to meet the needs of the world here?

It's more to meet the needs of the world. Saying that you're becoming gods is kind of insulting to the Solar Lords. I have said not that you're going to become gods, but that you are going to become Creators, which to most cultures would be gods as they think of it. Gods are Shining Ones. But your being a Creator is post-Ascension, and Transfiguration and Dragon is now.

What do you see as the biggest impediments we face in achieving the goals you've set for us and what advice can you give to help overcome those impediments?

Where to start? Greed. And that shows up in different ways. In the world as a whole, greed is an abuse of power. In Guardians greed is also an abuse of power, but it's not hoarding money. It's hoarding information, hoarding the precious ego, and all of the things involved in letting you feel special, when in reality you are all special already and it's how you live, not what you know, that makes the difference. It's a great big label—greed—but it involves power and ego and mental masturbation. It involves the way you interact with others, the need of some to be lone ranger and working alone, as opposed to a part of the team. It represents a lack of leadership in order to have "power over" instead. Greed for that which satisfies the human is causing the biggest problems in the world, and in this work today. The human is necessary, but it's not what should be ruling now. For years I said "human rules," but *not* with Transfiguration.

Isn't greed a function of a fear of loss?

Yes. Of course we're making great big general statements here, and fear of loss is also a great big general statement, but it absolutely is a poverty consciousness, be it poverty in the pocketbook or poverty in the soul.

If I could help you see how much you coddle yourselves—and I'm not sure I want to show that actually, because it might be too discouraging—if I could help you see that it's not great big things that are holding you back, but that it's the multitude of little ways you let the world beat on you: communications, community, vision, personal interactions with others. It means little to be a powerful spiritual essence if that essence is so locked up in its own fears that it cannot act. Don't let the human run things. That's what's needed.

Earlier you said, "Get out of your head and get out into the world."

A good bumper sticker there. Get out of your head, and get out there. Get into the world and show them your heart.

So apart from doing The Guardianship Program, what advice can you give to overcome those impediments?

Start by being honest, really honest. Take a clear look at yourself. What could you be doing better? What could you do differently to be more spiritually productive? What is the code you live by based on how you spend your time?

Do you remember I started the first meeting in 2012 with a hundred questions? Somebody answering those questions, particularly with the weave they were given in, can have some pretty big epiphanies. Their answers could show them places where changes could really be used. Doing it honestly, rather than quickly, could create an opportunity for you to become your core self. I think that would change a whole lot of things. [See the next article for these questions.]

Now, having said all of that, there are some easy things you can do to get over the impediments. For instance, change your diet, hydrate. This coming TGP I'm saying super-hydrate; maybe that will make people at least hydrate enough. Exercise. Stop complaining. Purposefully be positive. Make friends with your joy guide. Channel your joy guide once you've made friends. Talk to plants, trees, bushes, like they are friends. Make friends with the animals around you—the squirrels, the birds, and the dogs, the cats, the horses of course. Stop letting someone else do it.

You [David and Paula] don't like to elevate yourselves, but I'm going to use you as an example. Both of you have consistently served, but never in just one capacity, in a multitude of capacities. Paula, you are particularly a wonderful example of recognizing "Oh, there is a need, I can do something about it. Is it convenient? No. Is it going to take up time I don't have? Yes. Will I do it? Yes." I wish you could clone yourselves. That's

what would change people. You cannot get all into yourself when you're serving. You can't make it all about you if you're working with a team. It gets you out of your bad habits.

Frank has been working on changing very early videos into DVDs, and he's just so amazed by the teachings. And he went to the Form and he said, "The energy just pours out of the videos," but it doesn't pour out any differently now. It's that you have become so used to it that it doesn't amaze you. It doesn't seem to touch you because it's at the level where you are. You have changed so much, but at the same time have grown complacent about it. Get back that awe—not of me, it's never been about me—that awe that says, "I am a magnificent being of Light and Love, here to make a difference in this world, and I can do that." Have fun with it. "Harmonically converge" on the fairgrounds. Enjoy, play, do with love and joy. Those things would help.

If you were to give the Guardians a particular area of study or activity on which to focus between now and the Retreat, what would it be—apart from Toning?

I'll tell you what. I encourage you to take The Guardianship Program. This year's program is very different. It's all about recognizing and releasing what isn't right for you, compassionately healing, and becoming consistently powerful. And doing that program between now and the Retreat is perfect. What about all the people for whom it isn't available? Community Without Walls in Atlanta; it's about time it gets bigger anyway.

That's what I recommend.

Do you intend to start making us Dragons at the Retreat, or is TGP leading into that process?

Everything I am doing now is a part of that process, with Nevis being the point of power, the black hole through which creation force flows.

S



Lea Schultz

Samuel is pure, unlimited energy, an intelligence that has communicated through Lea Schultz since 1984 in a process he calls transformational channeling—working in the energy of those in his presence to assist them in their spiritual development.

Samuel's 2015 Guardianship Program

From the first program to the present, Samuel's Guardianship Program has been changing lives by helping Guardians become their best inside and out.

Recently, Samuel said this about the 2015 Guardianship Program:

"This year's program is very different. It's all about recognizing and releasing what isn't right for you, compassionately healing, and becoming consistently powerful."

Don't miss out on this special opportunity to take the fast track to spiritual growth and positive world change!

DATE: January 11—March 8 (9 weeks)

The program will meet on Sunday nights except for February 1 and March 1, which are first Sundays with Samuel. In those two instances, the program meetings will take place on Mondays, February 2 and March 2, five minutes after the completion of Toning (at approximately 7:15).

TIME: 5:00 p.m.—6:30 p.m.

LOCATION: Phoenix Institute building (655 Lima Drive)

FEE: \$21 with preregistration; \$26 at the door.

(Price includes an exercise DVD.) Cash or check accepted. Please make checks payable to: Phoenix Institute, Inc.

To preregister, please complete the information below:

Name: _____

E-mail address: _____

Best way to reach you by phone: _____

Mail preregistration to:

Phoenix Institute, Registrar, PO Box 12963, Lexington, KY 40583

New-year questions from Samuel

From
January, 2012

How was the past year for me?

What new things did I bring into my life?

What things that I no longer needed did I let go of?

What about myself served me the best?

What about myself served me the least?

What did the past year teach me about myself?

What were three really great things that came into my life in the past year?

What were three really great things that came into my life in the past year that I want to repeat in the coming one?

What does death mean to me?

What does change mean to me?

If I were thinking about the end of life as I know it, what would that mean to me?

What do I want in the coming year?

What am I willing to do to get it, to make it happen?

What am I willing to give up in order to receive what I want?

What am I passionate about?

What new thing am I passionate about?

What's the hardest thing I do these days?

What sucks the passion out of me?

Why can anything suck the passion out of me?

So is it a problem with the suck or with the passion?

If I were not in form and would be what this world calls "God," what would I say this world needs from me?

What goes on within me with regard to my answer to that last question?

If I were me, and I crossed this dimension and I went up to tell God what this world needs, what would I say?

And why is it I think that?

What makes that important?

How does it matter?

If I could change myself in one way, what would it be?

If a stranger were to spend a typical day with me, what would they say is my super-power?

What would they say is my weakness?

And how are those two things alike?

What parts are the same?

In what areas am I proud of myself?

What am I good at?

How do I incorporate those things in my day-to-day life?

If I knew that in six months this world would go through massive upheaval, changing societies in many ways, a greatly destructive situation, and that in that six months there is a chance that those I care about deeply may no longer be there, what would I do now for my next six months?

Does it make a difference if I did not know it but all signs led to it?

How important am I in this world?

Why am I here? Answer it in all the ways I see an option.

Functioning in Oneness

“When your life is focused through the Ego it’s like taking a journey on a highway full of potholes, and it’s during bad weather while you’re having car trouble!

“Functioning moment by moment as One with Source doesn’t take away the problems but it keeps them from mattering so much. Oneness means people can’t hurt you anymore, you stop smacking your head into self-made walls, and you exude a quietly confident power of great love. Becoming One with Source is the key, and Transfiguration will turn that key and open the door. Your larger focus becomes that of a true Creator.”

Samuel

Receive 25% OFF

- your first event with Samuel.
- for every new person you bring. (max. 50%)
- when attending this Lifescapes event a second or third time!

EVENTS ARE:

\$69, or \$59 in advance
9:30 A.M. – 1 P.M.

(See registration form for details.)

**Atlanta
Jan. 24**

Residence Inn Atlanta Kennesaw/Town Ctr.
3443 Busbee Dr. NW
I-75, Exit 271, Chastain Rd.
East one light, turn left on Busbee Dr. NW

859-233-3577

Directions and Register at:
www.DiscoverSamuel.com

**Pittsburgh
Feb. 14**

Pittsburgh Airport Marriott
777 Aten Rd.
I-376, Exit # 58-Montour Run Rd.

412-561-2861

Directions and Register at:
www.DiscoverSamuel.com

**Lexington
Feb. 21**

Phoenix Institute
655 Lima Dr.
Off Georgetown St. just inside
New Circle Rd.

859-231-8449

Breakfast at 8:30 A.M., \$5⁰⁰
The Resource Center opens at 9:00 A.M.

Please check the amount you’re paying:

- I am paying \$59.
 This is my first event with Samuel and I’m paying only \$44.25!
 I am bringing: 1 new person and paying \$44.25!
 2 or more new people and paying \$29.50!

Please check your method of payment for the event you wish to attend:

- Atlanta Check MC VISA Discover AMEX
 Lexington Check MC VISA Discover
 Pittsburgh Check MC VISA Discover AMEXCard #

Exp. ___/___ Billing zip code: _____

Signature _____

email _____

Name _____

Address _____

City/State/Zip _____ / ____ / ____

Phone (h) (____) _____ Phone (w) (____) _____

Atlanta and Pittsburgh Event—Preregister at DiscoverSamuel.com or by mailing this completed form with your credit card informaton, check, or money order payable to EarthLight to:
 EarthLight, P.O. Box 835, Lexington, KY 40588

Lexington Event—Lexington registrations must be received 24 hours before the event to qualify for preregistration discount.
To preregister, send this completed form with your credit card informaton, check, or money order payable to Phoenix Institute to:
 Phoenix Institute, Inc., Registrar, P.O. Box 12963, Lexington, KY 40583

What am I doing to fulfill the reason I am here?

How do I feel about that last question?

Do I believe in miracles?

How would I define a miracle?

Can I make miracles happen?

If this year is going to be the year I am remembered by, what is it that will be remembered?

Is that what I want?

Do I respect me?

Do I give myself credit?

Do I know how to tactfully and appropriately give myself credit in front of someone else?

How do I acknowledge those people around me, the everyday people that cross my path?

What do I need to be happy?

Do I really believe my answer?

Does my life reflect that answer?

Why not?

Or if I feel it does, in how many ways?

Do I think being happy is important? Why?

Am I fulfilled?

What does fulfillment mean to me?

Is it something that matters?

In what areas of my life do I feel fulfilled?

If there are areas in which I do not feel fulfilled, what would it take for that to change?

If I died tomorrow, who would care?

How would I know they care?

Why would they care? Because their income was cut off, or because their heart was broken? Or because their teacher was no longer there?

How do I define family?

Who is a part of my family?

If they are not related to me by blood, do they know that I consider them a part of my family?

How do I know they know?

How do I express love without saying, "I love you," and if I do, what are the behaviors?

These behaviors are the way that I personally define love. How many people do I give them to?

Is it a lucky few or is it the way I live and breathe every day?

What makes those people so special?

What would I have to sacrifice to love all of life force that way?

Am I willing?

Why not?

Do I believe there's enough time in the day?

What's causing the backup?

Does what's causing the backup feed me?

Is it worth it?

Am I willing?

How do I spend my free time?

Am I proud of me?

If I were just meeting me, would I enjoy me?

Am I happy?
 Does it matter?
 Am I fulfilled?
 Does it matter?
 What do I need to be the best I can be?
 What am I doing to get there?
 Do I really believe that I'm in this world
 to make a difference?
 How do I do that?
 Am I capable of change?
 What does it take to bring about a big
 change in my life?
 Am I motivated by pain?
 Am I motivated by fear?
 What makes me angry?
 Do I ever get angry to cover fear?
 Am I impatient?
 Am I strong willed, stubborn,
 hardheaded?
 Am I a good friend?
 How do I judge that?
 What is it that makes me say I am a good
 friend?
 Am I loyal? Loyalty is a quality of
 stubbornness.
 Do I have a best friend?
 Do I have more than one?
 Do I have friends or do I have
 acquaintances some of whom I see more
 than others?
 Friends take time and friends take
 patience, and I've got to work out those

issues of things that make me angry and
 still keep loving them. Can I do that?
 How can I change the world if I can't
 make friends?
 If I died yesterday, what would my
 obituary say?
 And do those things matter?
 If there's something that I would change
 about that obituary, what would I want
 it to say?
 I lead the way. What is it I am leading
 the way into?
 Do I know?
 Do I care?
 How am I using my time to bring about
 what there is so little time to bring
 about?
 How am I making a difference?
 Does it matter to me, or do I just get
 through the day?
 How do I avoid me?

Good stuff! I need to try to
 answer all of these.



Samuel

r e s p o n d s . . .

In the summer interview, you described gravity as not a pulling but a pushing force that is a torsion response to the combination of two other forces. Perhaps, if you explain why an apple falls from the tree to the ground in this framework I might get it.

It's twofold. The ground pulls and the energy force pushes it, so the two together create the action, the change. Gravity isn't a magnetic force on the earth, although that's how people tend to visualize it—as though you're stuck to the earth like a piece of metal to a magnet. And while there might be a little something to be said for that in the sense that you have an electromagnetic core and energy draws like to like, really it's a very simple combination of two forces that appear to work together and make it appear that it's like a big magnet that holds things down. But it's both the pull and the push.

Now is that going to make sense, particularly with the idea of Newtonian physics? No. You've got to let that go.

Physics defines gravity as a curvature of the space-time continuum because of the effect of mass on it.

Right, and that that's exactly halfway correct. But he was using the apple falling from the tree, and isn't that Newtonian? That was where I was going.

It's been a few years since the work in India that dealt with the plant and animal kingdoms. What factors determine when a species moves from a group soul to individuated souls? How is that process progressing?

A group soul is something outside of the plant or animal that directs its genetic information and its spiritual relationship to the world it's part of. Individuation moves those accesses to an internal process guided by heart and mind. The spiritual relationship is then with itself and other beings. It has free will.

The process of moving from group to individuation has only a small overlap. It's like you can't be a little bit pregnant. That small bit of overlap has to do with the conscious choice of the plant or the creature, and that conscious choice creates the individuation. When it reaches the point where it can choose to shift from the group soul to individuation, then the shift has already happened.

Until that point, however, there is less and less influence from the group and more personal decision-making. But making choices and personal decision-making don't represent individuation. The choice I was referring to a moment ago was the choice to come from the inside rather than the instinctual outside.

Would an illustration of that be the sort of thing you see on Facebook and the Internet a lot now where you see a tiger and a fawn, for example, being together without the tiger eating the fawn?

Absolutely.

The animal is choosing not to do what comes naturally to it as a predator.

Absolutely. A plant—and I'm using plants because you can see it in your animals more easily—a plant like poison ivy in certain locations isn't poisonous. Its oil is produced less and less until eventually, in that particular geographic area, it's gone.

Plants that generally are not compatible, like the tiger and fawn, are doing pretty well together. I think that an even better illustration is that those of you with black thumbs, your plants want to be around you so much that they grow anyway.

In spite of thousands of acres of burned forest, life is coming back so much faster than even ten years ago, five years ago. It's hardier and better, but the fact that it's coming back faster is the amazing part.

I recently had an experience where I was charged less for an expensive medication than at previous times. The quandary for me was wondering if this was a gift of prosperity from the Universe or was I supposed to question the discrepancy and probably get charged the full amount again? What's the best way to be impeccable in situations like that?

**Pre-Lifescapes
Breakfast
February 21, 2015**

Nourish Your Body, Mind, and Spirit

Eat a nourishing vegan breakfast,
enjoy time with your spiritual family,
and support Phoenix Institute!
Serving begins at 8:30 a.m. and
continues at the break.
Breakfast—\$5.
Unlimited coffee, tea, and juice—
only \$2.
For more information or to volunteer to help,
contact Angela or Gayle at (859) 231-8449.
Phoenix Institute · 655 Lima Drive

You go to them and say “Was this a mistake or was it meant to be less?” Now, most people wouldn’t do that, because they would figure it probably was a mistake and they want to take advantage of it. And I promise you the Universe doesn’t give gifts in that way.

Generally speaking, when you check your receipts and find you’ve not been charged enough, you tell them. And when you’ve been overcharged and you tell them, you’re going to find that instead of them saying, “Oh thank you so much. Let me get more money from you,” more and more you will hear, “Oh, just take it,” because that is a gift back for good behavior.

And it’s those kinds of decisions that might seem like little things, that’s what I talked about in the interview as being so vital to bringing about greater world change.

After death, does the personality essence just dissipate?

No. It doesn’t!

Is it absorbed, rather than dissipating?

Well, of course, energy never does dissipate, but the personality is always a reference point to be able to return to. Every personality remains in the entity’s “backpack,” so that if ever there is a need, say, for David to touch back into Paula—if Paula was still here and David was not—the entity could take that personality out and use it so Paula would recognize him.

Now, insofar as the body and the personality that is ingrained into that body, that does go, but the energy that is the personality, that’s different.

The nature of our experience with death is that it is colored by cultural beliefs and expectations. Beneath these interpretations of the experience, what is really going on?

That was fully discussed in the workshop “Meeting Death Wisely.”

Normally, when a person dies two processes go into effect. The first one is the physical body shutting down. It actually takes some time for that to happen; it’s not that the heart stops and the body immediately is dead. It takes anywhere from one to three days for the body to be fully shut down. At the same time, the spirit that has used that body is released when the body is shut down. That’s why I encourage you to leave a body for three days, rather than immediately cremate it or embalm it.

When that spirit is released, it returns through the passage from whence it came—the tunnel that some encounter is very much a re-experience of the vaginal canal. The spirit shifts out of the body as if from the mother’s vagina, between the legs, up through the body, out of the crown. Yes, men do not have that. It doesn’t matter. It is still the idea of it coming from the root, up the body, out the crown. And what it experiences is a merging into Light.

The Egyptian Book of the Dead describes that. The old Chinese and Indian systems all describe it this way.

Now, that merged Light still has personality. It’s not *led* by the personality, but it *has* personality. The spirit uses the cues of that personality, which is where the cultural experience comes about.

During the passage through the crown, the spirit experiences a review of its life. Really, it experiences where it could have loved more, because that’s the whole lesson here. As a result of that, the personality is still there, but it’s a cleansed personality.

If that self had so much conflict in its life that there were many, many ways in which it did not love to its fullest, then that energy is going to rest for a while and come to understand its choices. I call that “a hospital.” Religions call it different things. It’s not a punishment. It’s a rest.

At the end of that rest, there is merger, but there is a choice before that merger.

For a Guardian, the process is quite a bit different, and I’ll discuss that in a moment, but for everyone there is a point of choice. And the choice, pretty much, is whether to hold on to the earth experience or continue on differently. Holding on to the earth experience can mean that more time is needed on the wheel of experience, or it can mean you choose to return to work there and help there. More often, it means you choose to hold on to the personality and experience what comes next through that personality.

An example of that is, you go to heaven and you see all of the people you love pass before you, but it requires your personality for that to happen. Some want that.

A Guardian has said that she is looking forward to seeing her dogs when she gets there. Well, that will require personality. She’s welcome to it. You can have that. But there is another choice, and that is where I’ll go next—how a Guardian can experience it.

Ultimately, in both cases, the end is about full merger, a return to the One, which either happens very soon after death or not, depending upon when that personality was released, as I’ve said. Was it put in the backpack or carried right next to the heart? Guardians usually function at a frequency that releases the personality—puts it in the backpack—pretty quickly, because the first choice high-frequency individuals have when they leave the body is, Do you want to keep attachments to it or not?

For a Guardian, after the passage it’s less a review and more a seed of knowing added to the spirit you are—the gain that ideally balances the loss. High-frequency individuals that are awake have already reviewed their lives before they died. You are constantly looking at “How can I do this better? How can I love more? How can I do what I compacted to do?” You’ve done that review; you *regularly do* that review. So all you need is the seed of “This is a good use of a life.” But some Guardians never wake up to it. Of course, they would not be functioning at that high a frequency. And some Guardians are so entrenched in the cultural version that they feel the need to

go through the process and rest and review, and take the time and look it over. I guess if you're an obsessive in-your-head thinker now, you will be then too.

And if you're a perfectionist you'll say "Okay, I can go back and do it right."

"Let me really think that life through, yes. Let me go back and be perfect this time," and be totally useless that way.

Once the high-frequency being has moved through and received the seed, the choice is right there—Oneness now or action.

That's why those that I have compacts with are so special. Their choice to come here [the earth] is very rare. A high-frequency being wants to return to the One—of course—because compassion and understanding for what can be speaks louder than returning to a state of being.

If you have a compact to work visibly or invisibly for this world, for want of a better word, you split. A personality moves out, but the entity goes to the Crystal Palace.

What is the Crystal Palace? The Crystal Palace is an energy construct made up of the Intent of the Entity using it as a place to energize and direct the personality in its work. Your Highest Self, the Entity you are, is with me in a state of Oneness with all of the Entities functioning in compact on the planet. That's really big. When you visualize going to the Crystal Palace, you are returning to yourself, but a very expanded self. And the reason it's okay that everybody visualize it somewhat differently

is that it's an energy construct, not a physical place. But that energy construct holds essentially the soul of all that has been, and is made up of the spirit of all that is—literally made up of the spirit, but residing there is the soul, the soul of the personalities that have been in the past—the backpack available for use as needed by the Entity.

So the Crystal Palace is an energy form. Is it different from the form that is created in other cultures that have different representations of the afterlife, things like heaven and happy hunting ground?

It's nowhere near the same. Happy hunting ground, heaven, nirvana—all of those refer to a transitional place to reach that point where you will choose to *experience* the Oneness. The Crystal Palace is a *version* of the Oneness. You're in heaven with your grandmother until you realize, "Just a minute, there is more than this," and you become a part of it all. Heaven is a place of transition.

Do you have any concerns about the Transfiguration process as we continue to go through it?

In every relationship there comes a point where the relationship starts to break apart because the individuals in it stop doing what made it work. When you have behaviors or patterns that work, keep doing them.

Your relationship with your transfiguring self needs you to be following the tools that have been given to you and which



Pledges and donations received by December 31, 2014 will go toward this year's charitable tax deduction.

Phoenix Institute, P.O. Box 12963, Lexington, KY 40583

worked over the last couple of years: bonding with the sun and doing the DNA exercise—I could go into a list here.

Some people say that there's so much that they don't have enough time in the day to sit down and do them all, but the key is that you do them until it becomes so quick and natural that it's like "DNA work ... done; sun-gazing connection ... done; cord work ... done." That holds you together when the world is doing everything it can to pull you apart. Don't stop doing what works.

And if you stopped doing the exercises because after a while they didn't seem to be having an effect, that actually means that it was something that was working for you. The key is not to stop just because you are in a plateau period while your energy is preparing to move to another level. If you've decided that those exercises weren't working for you anymore and you quit, you won't move beyond that plateau. Do it in the rainy season and do it in the dry season—just *do it*.

Do you mean it can be literally done that fast?

I do! You become so used to sending energy—"I'm sending energy to David" and "I'm sending energy to Stuart; these people get these things"—that pretty soon you just think about it and the cords are there and you have the basic fullness of all

that's being sent. It's right there—it's just "poof"—because it has *become* you.

What does *glochanumora* mean, and what is the proper response to it?


The reply is "*numora glochanumora*."

Glochanumora is, more or less—because there's not a really good translation for it—"You are led by angels." Well, sort of. It's a greeting and a goodbye.

Sort of like aloha.

More like *namaste*.

Namaste is "I recognize the god in you."

But it's a spiritual recognition, and that's what *glochanumora* is. It wasn't always angels; it was more to do with spirit, but then that got really weird because it became "spirits" [ghostly], and that's not it at all. The closest I can come is, "The god you are leads in this world. The goddess you are leads in this world," and the "*numora*" return is saying "And in you." It doesn't *mean* that, but by saying it it's like saying, "Back at you." 

Where did these words originate?

Most people think it's Scottish, but it's very Atlantean.

Global Treasure Mapping



Saturday, January 17, 2015
2:00–5:00 p.m.

Join in creating a 2015
treasure map for our planet.

- Map will be displayed at Phoenix.
- Some supplies provided.
- Please bring additional craft material and sources.
- Vegan snacks, tea, and water will be provided; BYOB if desired.

Phoenix Institute • 655 Lima Drive

PHOENIX INSTITUTE PITTSBURGH

Meetings are at 6:30 p.m. at the Nuin Center,
5655 Bryant Street, Pittsburgh unless otherwise noted.

- 4 4:00 p.m. Full Moon Ritual led by Brooke Grant and viewing of Samuel's first-Sunday meeting at 5:00 p.m. at the home of Linda Hite, 1611 Trinity Street, Pittsburgh
- 5 Discussion of Samuel's first-Sunday meeting, followed by Toning; Prosperity Table
- 12 Toning, followed by opening night of The 2015 Guardianship Program*
- 19 Toning, followed by The Guardianship Program
- 24 3:00 p.m. Drumming Circle at the home of Cindy Paulding, 7136 Michigan Avenue, Swissvale
- 26 Toning, followed by The Guardianship Program

- 1 5:00 p.m. Viewing of Samuel's first-Sunday meeting at the home of Crystal and Retta, 1270 N. Negley Ave., Highland Park
- 2 Toning, followed by The Guardianship Program; Prosperity Table
- 3 Celebration of Imbolc and Full Moon Ritual led by Rebecca Gilbert (check the Hotline for time and location)
- 8 10:30 a.m.–2:30 p.m. Group gathering to listen to Atlanta's January 24 Lifescapes Event at the home of Crystal and Retta, 1270 N. Negley Avenue, Highland Park
- 9 Toning, followed by The Guardianship Program
- 14 Samuel's Pittsburgh Lifescapes event, 9:30 a.m. to 1:00 p.m., Pittsburgh Airport Marriott, 777 Aten Road, 412-788-8800; followed by lunch at Papaya, 210 McHolme Dr., Pittsburgh 15275, 412-494-3366
- 16 Toning, followed by The Guardianship Program
- 21 3:00 p.m. Drumming Circle at the home of Cindy Paulding, 7136 Michigan Avenue, Swissvale
- 23 Toning, followed by The Guardianship Program

- 1 5:00 p.m. Viewing of Samuel's first-Sunday meeting at the home of Karen Miyares, 265 46th Street, Lawrenceville
- 2 Toning, followed by The Guardianship Program; Prosperity Table
- 5 7:00 p.m. Full Moon Ritual, led by Retta Flagg at the home of Crystal and Retta, 1270 N. Negley Avenue, Highland Park
- 8 10:30–2:30 p.m. Group gathering to listen to Lexington's February 21st Lifescapes Event, at the home of Karen Miyares, 265 46th Street, Lawrenceville
- 9 Toning, followed by the closing night of The Guardianship Program
- 16 Discussion of Samuel's March first-Sunday meeting, followed by Toning
- 20 6:30 p.m. Celebration of the Vernal Equinox and vegan pot luck dinner at the home of Susan Rupani, 5647 Bryant Street, Highland Park
- 21 3:00 p.m. Drumming Circle at the home of Cindy Paulding, 7136 Michigan Avenue, Swissvale
- 23 Leader's Choice program, followed by Toning
- 26–29 Samuel's annual retreat, A Gathering of the Tribe, Boone Tavern, 100 Main Street, Berea, Ky.
- 30 Discussion of the Retreat, followed by Toning

Toning usually lasts about 50 minutes, but depends on the size of the group. We Tone:

- Most Mondays at 6:30 p.m., unless otherwise noted, prior to the meeting at the Nuin Center.
- Every Thursday at 7:00 p.m. at the home of Crystal and Retta, 1270 N. Negley Ave., Highland Park.
- Most Saturdays Toning will be at 9:15 a.m. at the Nuin Center.

The time and location of Saturday Toning change generally once a month. Check the PIPI hotline (412-422-5500) for the current time and place.

* Samuel's Guardianship Program *

Monday nights following Toning, January 12 through March 9. Register by Jan. 5 for \$25; \$30 on Jan. 12.
Anyone may register. After Jan. 12 meetings are open to participants only.



Festival of Light

December 21, 2014

5:00 p.m.

655 Lima Drive • Lexington, KY
Free of charge

Join Samuel and your friends for a special celebration of the Return of the Light. Afterward, there will be a vegan potluck, so please bring a vegan savory or sweet dish, ready for serving, with a list of its ingredients. This gathering is sure to get you in the holiday spirit—the spirit of community, gratitude, and love!

If you have any questions please call
Jean Elder at 859-229-4352.

New Year's Eve

December 31, 2014

10:30 p.m.

655 Lima Drive • Lexington, KY
\$10 at the door

Spend New Year's Eve with Samuel!
This is a tradition for many in the Phoenix family. So please join us again this year for another special New Year's Eve ceremony and ring in 2015 in ways that are sure to touch your heart. There is a \$10 fee per person, which includes a reception prepared for you by loving hands at home base. Bring in your New Year with joy and celebration with the family of your heart.

From Muggle to Magician

by Pat O'Malley



I have always loved stories about Merlin the Magician, as well as the Harry Potter books and movies. The draw for me was the magic. Seemingly ordinary people could wave a wand or simply think of something they wanted to manifest and poof!—it appeared. I read the Mary Stuart trilogy about the life and times of Merlin and King Arthur when I was in college. After reading a chapter where young Merlin lit his own fire simply by willing it, I remember slamming the book down and saying out loud “I want to do that again!” as though I used to do magic but had forgotten how. After I met Samuel, I began to realize that magic really does exist and I am proof of it in the world. It took a while to sink in, though.

I was raised with the belief that I had no power. In Harry Potter’s world that would have made me a “muggle,” which is a human with no magical powers. I was raised to also believe that I needed to go outside of myself to find the answers or to get what I needed. When Samuel spoke about Guardians, who they were, and why they were here in the world, my heart responded in gleeful remembrance. My brain, however, kicked in, reminding me that I was a muggle trying to be a magician instead of a magician born and ready to act. Talk about beliefs that hold us back from our true selves!

I am glad to report that twenty years after meeting Samuel, I have finally accepted the fact that I am not only a Guardian, I am a magician capable of manifesting anything in my life that I focus on. In the early days of my waking up, I manifested a lot of hot messes that I tried to blame on things outside of myself. I suppose if people believe they have no power over anything, it would make sense for them to think they would have no responsibility for anything either. Samuel gently showed me the error of this core belief. It took a while, but I finally realized that I was the one creating everything in my life. This understanding was a point of empowerment because I realized if I took responsibility for what I was focusing on, I could turn my life around.

During the summer series of Lifescapes, Samuel reintroduced a magician’s toolkit he refers to as the Rays. I had learned about the Rays when I was still in my muggle head many years ago. Unfortunately, that self translated the Rays as energy that affected my experience in the world but that I had no control over. “Someone had Harmony through Conflict as her personality Ray? Bless her heart! Have fun working that one through!” my just-awakened brain said.

Of course change is our friend, and apparently our Trans-

figured selves have been equipped with a Transfigured Ray toolkit. Samuel has said that we are a holographic representation of Source in form. That’s a powerful statement. We are Source energy. The Rays are Source energy. They are everywhere. They are in me and outside of me. The creator I am can use this transformative energy in any situation by merely thinking about what needs to change or be created and then merging with the positive aspects of the Ray that is best suited for the situation.

Matching the frequency is what is needed. Since thought is energy that has an electromagnetic component, when I send my intent via thought frequency out into the Source field, it will find like energy within the Source field. Because I am a visual person, when I visualize myself merging with the energy of forgiveness, I often see it as a color; let’s say green. I watch that green energy flow from me out into the situation and into the Source Field. Then guess what happens? The frequency finds its match! My green forgiveness frequency/intent lights up all the green forgiveness energy matches in the Source field because like attracts like. I then begin to draw that energy back into the situation. That’s how my imagination sees it.

Because I am a musician, I often sound a heart tone of forgiveness that follows the color. That’s my process, of course, and anyone can use the tools as they wish, doing what works for them. Your imagination may picture something entirely different but just as magical and powerful. It’s an awesome opportunity for creative Source Energy in action. The key is using the tools.

The Rays are there for us to use consciously. Some may call this magic, but we know it is Source in action. Wielding energy for the highest good of all involved sounds pretty magical to me. Why muggle around when you can be a magician?

Schedule of Events

You are invited to Phoenix Institute Atlanta’s weekly programs. Dates and programs are subject to change.

Tonings—Mondays, 7:00 p.m.

Weekly Programs—immediately following Toning

Programs vary from month to month, but regular features are the discussion of Samuel’s first-Sunday message and the fourth-Monday discussion—an opportunity to share the enduring power of the gifts from The Guardianship Program.

For more information about Phoenix Institute/Atlanta, please e-mail phoenixinstituteatlanta@outlook.net.

Atlanta’s next Lifescapes Event with Samuel is Saturday, January 24.

Phoenix Institute's 2015 Gathering of the Tribe with Samuel

March 26–29
Boone Tavern Hotel
Berea, Kentucky

\$235

(\$265 after February 26)
Price does not include
food or lodging.

Retreat ri-treet'

1. a place affording peace, security.
2. to take oneself away, esp. for shelter or seclusion.
3. a gathering in spring of Guardians returning to seek the wisdom of Samuel's teachings through Love, Unity, Compassion, and Oneness.

ACCOMMODATIONS:

The cost of lodging is NOT included. Make your discounted reservation online at www.boonetavernhotel.com using Group I.D. number **85988**, or call Boone Tavern Hotel at 1-800-366-9358. Let them know that you are attending Phoenix Institute's Retreat to receive our discounted rate. The reserved block of rooms will be opened to the public on 2/26/2015. Space is limited, so make your reservation today!

FOOD:

Meals are NOT included in the registration cost. There will be limited vegan options offered by Boone Tavern and other local restaurants. (For more information about local offerings, check with the front desk at check-in.)

PLEASE BRING something to give away that represents you.

TO REGISTER: Mail your registration and check or credit card information to **Phoenix Institute, Registrar, PO Box 12963, Lexington, KY, 40583**. Partial and early payments will be accepted; however, in order to qualify for a pre-registration discount, you must have paid in full by February 26. **The Early Bird Retreat price is \$235. The price is \$265 after February 26, 2015.**

Name: _____
Address: _____
City/State/Zip: _____
Phone: (h) _____ (c) _____
e-mail: _____

Please check your method of payment: Check Credit Card
Card Type: VISA MC Discover
Card #: _____ exp: ____ / ____
Signature: _____

All future communications regarding the Retreat will be by e-mail unless you clearly request otherwise.

Discounts & Cancellations: To receive a \$30 discount for early registration, your entire payment must be received by February 26. If you must cancel your registration, please inform the registrar by leaving a message at (859) 231-8449. Your cancellation will be considered received as of the date of your phone call. A minimum fee of \$15 will be retained by Phoenix Institute for all Retreat cancellations (see the following regarding additional fees). You will not receive any refund for a cancellation if you don't notify PI of your cancellation by 11:59 p.m. (ET) the day before the Retreat, or if you are a no show at the Retreat. If you cancel within four days of the Retreat (beginning at 12:01 a.m. (ET) the Sunday before the Retreat through 11:59 p.m. the Wednesday before the Retreat), you will lose 25% of your registration fee. Cancellation any other time after registration will impose a \$15 penalty.