



# PHOENIX RISING

A free quarterly newsletter from Phoenix Institute

Summer 2014

## An Interview with *Samuel* channeled by Lea Schultz

*Jeanean Jacobs was invited to bring her questions to this interview with Samuel. Participating in the discussion are Stuart Waldner and Paula Thomson.*

***I am fascinated with the Source Field which you talked about at the Retreat this year, and have based the majority of the questions on that concept.***

***You said that any point of change is a point of power. Contained within the Source Field is high-frequency energy continuously creating friction, and as it finds its way to itself that frequency fluctuates. When we are able to recognize this fluctuation in the Source Field, we are able to use these “change points” to manifest. This idea is so exciting to me. How does Guardian or creator function magnetize or change those fluctuations?***

Well, only a Guardian can make use of creator function.

Just a little background: At the release of All That Is in creation mode, four functions of energy now called Intent, Thought, Word and Deed were expressed. So when I speak of Intent, I don't mean “Hmm, here is what I want to do.” I mean Intent in a much more high-frequency way. I'm talking about Source Intent in the closest way.

The Intent to create can only be manifested in those who are of the Primary Twelve related to Intent.

It's sort of like bloodlines: you will have blue eyes because your bloodline way up the line has blue eyes. Or, you will be capable of this function—Intent or Thought or Word or Deed—without difficulty once you reach a particular frequency. Creation force primarily is about Intent, and out of Intent comes Thought, Word and Deed. So the Guardians who are a function of Intent—guess which Ray that is.

***Will To Be, the First Ray.***

Right. So those Guardians that are capable of functioning with Intent unconsciously create those fluctuations when they are consciously taking action, consciously doing, consciously

living. If somebody is on the other function lines, they must consciously create those fluctuations. And when they are consciously living, it provides access.

So conscious living is the key either way. Being a part of that original Intent line makes it easier.

***How do we maximize our creatorship to fully take advantage of change points?***

Based on what I just said, what do you think the answer is?

***I think it has to do with conscious living.***

Precisely.

***That puts the magnetism in there.***

Exactly. When you are functioning consciously, the

higher a frequency you work at—and at this time that frequency is pretty regularly changing—the higher frequency you work at, the more aware you are of change points and the more capable you are of creating change points. And an individual working on the Intent function line is more easily capable of creating change points. Really, it's that simple.

***Our bodies have stunningly complex systems at a cellular level, which are both beautiful and amazing. There is a huge amount of information being communicated within complex interactions in biological systems. How do we use our Intent to change the energetic messages sent within those systems?***

All right, more background: One way that I have described the Source Field is as sort of a big blanket on the sand. You're out at the beach; you throw a blanket down, and there's an odd lump underneath. Oh, well, that's your telephone; you forgot to pull it out. And maybe your shoes are under there, too. But there are lumps, and each one of those lumps has something important under it. So the Source Field or the plasma function covers everything, and that “telephone” might be a galaxy or a planet or a cell. It's all information that does not have form or purpose until Intent forms it.

***Is “information” another word for energy?***

Yes. But that energy becomes informa-

## Inside

Lexington Calendar of Events	4
Samuel Responds	9
Pittsburgh	11
Atlanta	13

next page

tion when creation energy is applied to it.

Now, let me try a metaphor. It is like little bits of iron dust, little iron particles that have no purpose until you put a magnet to them, and then all of a sudden you realize “Oh, this is iron!” Well, that’s the information. And this is a very important thing to realize: it’s the foundation—although I’m not certain that it’s been recognized yet—of the whole leap your science is making now: that the information is—and I’m using these words on purpose—“without form and void”—sound familiar?—until the “breath of God,” or Intent, creates a need for it.

Now, every bit of information has a twin. That twin might be a cell in your body, and that cell responds to that unformed piece of energy. If you remember back in physics, the whole question early in your last century was, Does thought make it real? And the answer was, It seems to be so, that the observing of a thing makes the thing happen. Like Schrödinger’s cat, which really had nothing to do with cats and everything to do with energy as a macrocosm. Your whole body, filled with cells, is a microcosm of the universe itself. Your skin, this bag of skin that holds the bones and the blood and the organs and all of that together, is like that blanket, that Source Field. And into that body all information is conveyed through electromagnetic force and a crystalline core—which is what Transfiguration is all about, by the way. In the case of the whole body, in this example the twin self is the universe itself; moving that down to the single cell, it is a piece of information.

Depending upon what that cell needs, it creates an information exchange. There’s no better way to describe how that information goes from one to another except to use the word “wormhole.” It’s just too good a word and how your science has described it, because it is effectively a tunnel that is based on the communication that comes from one to the other. And energy always flows in a direct line, so each of your cells has access to whatever is needed if its Intent is to fulfill

its need.

What would cause a cell to have an Intent other than fulfilling its need? What would cause a cell to not be dedicated to fulfilling its purpose?

***If it was invaded by a virus.***

So what needs to be done in that case? Well, in this society right now what is done is to focus on the invader and try to get rid of it, rather than bringing that cell to its perfect health, which would result in changing the nature of the invader. What is needed to bring the cell to perfect health,? A new Intent. A creation point.

So how do you create the Intent for a whole and perfect cell? One of two way you connect into the Source Field with the like information, which could be pretty hard to do, or you start with what you do know, which is the cell—or cells, or body parts or whatever—and you create the Intent out of conscious living to establish what it should be. A really easy way to do that is to find, probably on the Internet, what a perfectly whole cell would look like.

There are two things you need to be particularly aware of. First is that the mitochondria hold the crystalline core. It is *the* function of communication. Do you know what the Planck constant is? It is the smallest bit known at this point. These bits of information are so small that your will can overcome it. This kind of will doesn’t require screwing up your face and holding your breath and thinking *really* hard. Not at all. It is a brief thought. Guardians don’t like that you know, because you like to feel like you’ve really done something hard and it takes a lot of effort.

So one of the best things to do is simply to put a picture of a healthy cell, a healthy brain, healthy neuronal activity here and there around your house so that you can glance at it and that information is put out there. It’s that simple.

***So you are effectively being a magnet and pulling the correct “iron shavings” into yourself.***

Exactly so. It is an electric universe,



Phoenix Institute, Inc. was founded in 1984 to make the philosophy and teachings of Samuel available to anyone seeking guidance in the many areas those teachings embrace. It offers free monthly meetings with Samuel and frequent opportunities for group or public discussion of his message, as well as workshops, seminars and similar educational events for deeper study and to assist in the practical integration of these teachings into the physical, mental and spiritual lives of all who are drawn to them.

Phoenix Institute, Inc. is a non-profit, tax-exempt 501(c)(3) charitable organization that relies on donations and volunteer assistance. Phoenix’s programs are open to anyone with a desire to know more about Samuel’s message.

The Fall 2014 issue of  
***Phoenix Rising***

will be distributed on September 22.

Manuscripts and correspondence are welcome. Send to the editors at

Phoenix Institute  
P.O. Box 12963  
Lexington, KY 40583

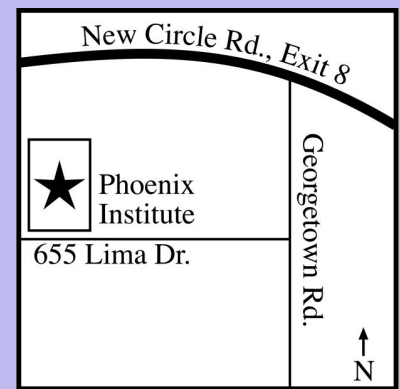
or e-mail to

PhoenixNewsletter@windstream.net

Deadlines:

Copy — August 10

Ad reservations — August 17



© Phoenix Institute, Inc. 2014. All rights reserved.  
All Samuel’s material is © EarthLight, Inc. 2014. All rights reserved.

## What is a wormhole?

Wormholes, although not proven to exist, are a possible theoretical solution of Einstein's relativity equation. One way to understand a wormhole is to picture a piece of paper and with two dots on opposite edges. Traveling normally in our familiar space is like crossing the two-dimensional surface of the paper from one dot to the other. If you fold the paper you can bring the dots close together. If you could make the trip through a wormhole across the third dimension, the trip from one dot to another would be much shorter. Wormholes could connect spots within our own space-time universe, or could connect different universes. They are a popular subject of discussion because they could allow time travel to occur—and maybe at the Planck scale they do .

## Who Is Max Planck?

Max Planck (1858–1947) was a German theoretical physicist who won the Nobel Prize in 1918 for his quantum theory, which revolutionized thinking about atomic and subatomic particles and how they interact. Just as Albert Einstein's theory of relativity changed the understanding of space and time on the grand scale, Planck's work, the other major shift in 20th-century physics, elucidated the infinitesimal world.

The *Planck scale* applies to quantities so small that no instrument can possibly measure them directly. To get an idea of the *Planck length*, divide the width of the entire universe by  $10^{17}$ ; you will have a speck so small you can barely see it. Now divide that speck by the same number, and you have the Planck length, the scale on which wormholes *might* exist.

Interestingly, the so-called *Planck constant* (another tiny number) relates the energy of a vibrating atom to its frequency. (Energy and its relationship to frequency—hmm, where have we heard that before?)

and electricity is electromagnetic when it is in action. *You* are electromagnetic. Your brain functions through that. Your cells function through that. You are electromagnetic because you are crystalline. And, by the way, the more crystalline you become, the less capable you become of working with technology.

***Do you mean the less you respond to technology?***

No, I mean the more you break it.

***On a cellular level how do we amplify our ability to be stronger magnetic matches for a desired material or biological change without it triggering resistances and expectations?***

What you are doing is mixing up a physical process with an emotional one, and they are two different things.

Emotions are a symptom. As long as you're human, you're going to deal with them. So, in the very same way that I teach you you've got to learn to meditate in a crowd, you've got to be able to use your creation Intent in the midst of resistance, in the midst of beliefs that say "I cannot," in the midst of not believing.

***So would you be able to draw from a time that you were in that space, and literally pull that back to you and amplify the effect through that?***

That's why in the manifestation process I tell you to look at your past successes; same thing. Look at those times you *have* experienced pure trust, those times you have truly known. Fill yourself up with that and go forward in spite of the chatter of the human self.

***You said the Source Field is Intent, Intent which became Thought, which showed up as Word and became Deed. I usually think of my thoughts as originating in my mind. However, this concept makes me wonder if our crystalline structure, such as the pineal gland, is like a radio system we use to communicate with the Source Field (Intent), which is not limited by our mind. Does this mean that Thought would be the connecting factor for all form or matter, Word would be the response, and Deed would be the torsion, creation or result? Am I thinking about this correctly?***

No.

***Explain how the Source Field interfaces with our thoughts.***

Based on what I've said already, you know that the Source Field is based on information that is unformed until Intent forms it. You know that it is *entangled*: it is a twin of every piece of information held. And that information, which is also energy, has a frequency. And that frequency is what draws its twin to it.

Now, frequency is the magnetic aspect of electromagnetic. Electrical force, which is really a combination of two forces (but again, that's ahead of your science right now), when electrical force is in fluctuation—think lightning bolt—creates a magnetic field. So what you are doing when you are using Creation en-

# CALENDAR

Meetings are at 5:00 p.m. at Phoenix Institute unless noted otherwise.

Dates and programs are subject to change.  
(More information is in the ads on the pages cited.)

## JUL

- 6 **Samuel's first-Sunday meeting and live webcast at [www.DiscoverSamuel.com](http://www.DiscoverSamuel.com)**
- 13 Game night — Balderdash
- 20 Discussion of the Interview with Samuel in this issue of *Phoenix Rising*
- 27 Discussion of the Group Trip to Cambodia

## AUG

- 3 **Samuel's first-Sunday meeting and live webcast at [www.DiscoverSamuel.com](http://www.DiscoverSamuel.com)**
- 10 Full Moon Ritual: Healing the Abuse of Power — *Join with Samuel in a ritual that takes advantage of the full moon energy to heal abuse of power in the world and in ourselves.*
- 16 Greenhouse with David Gosselin  
*Computer Fun! Word Processing for Guardians (ad on p. 14)*
- 17 Let's Scottish Dance — *Scottish country dancing is a beautiful dance form that provides many health benefits. Join with Marilyn Rodgers on this fun-filled evening as she introduces the basics of this centuries-old dance.*
- 24 Review, Practice, Integrate — *Samuel has given us some great techniques for personal growth over the past year. Join us for a review and practice session to help us better understand how to make them work in our lives.*
- 31 Game night — Mad Gab

## SEP

- 7 **Samuel's first-Sunday meeting and live webcast at [www.DiscoverSamuel.com](http://www.DiscoverSamuel.com)**
- 8 Full Moon Ritual
- 13 **Samuel's Pittsburgh Lifescapes Event**  
*9:30 a.m.–1:00 p.m. (see ad p. 12)*
- 14 Organizing Your Clutter — *Tired of clutter in your life that leaves you feeling stressed and disorganized? If so, then come and learn how to rid yourself of the clutter-bug for good.*
- 20 **Samuel's Lexington Lifescapes Event**, 9:30 a.m.–1:00 p.m. (see ad p. 13) *Vegan breakfast 8:30–9:25 a.m.*
- 21 Gluten-free Vegan Baking Tips — *Learn a little about the chemistry of vegan gluten-free baking and seven steps to set you on the road to tasty treats!*
- 27 Workshop with Laura Paytas  
*Jin Shin Jyutsu Self-Help® (ad p. 8)*
- 28 Game Night — Oh Heck

## T O N I N G

- Phoenix offers four Toning practices weekly:
- After Sunday meetings, except Sundays with Samuel
  - Mondays and Thursdays, 6:30 p.m.
  - Wednesdays, 9:30 a.m. at 147 Kentucky Ave. This Toning may be held at Phoenix Institute when necessary. Please see the monthly calendar to confirm the location.

ergy is seeking a like form of electricity, or force, and turning it into Thought, which gives it form. The exact moment it has form, it has Word. It's meeting its like as Deed. But it's effectually instantaneous. The instant—*moment* is too long a word—that the Intent is put out, the Deed is enacted. It's that fast.

***The moment those things come together, it's not creating torsion?***

The Intent is put out, and there is a point between Intent and Thought, and another point between Thought and Word; the torsion is the in-between space, you see? Torsion is about what is not—what doesn't really exist—being put into action. Now that's going to be tricky to write down because I'm saying torsion is about "that which is *not*." And putting "that which is not" into action as opposed to that which is "not being put into action."

***But that which is not still has potential.***

That's exactly what it is, potential.

***So what happens with undisciplined thought, when there's no Intent behind it?***

There's no such thing. There is undisciplined thought, but there is always Intent behind it. The problem is that it's not the Intent you want.

***You said at the Retreat that we manifest by fulfilling our Intent. You also said that when we are manifesting we are sending out structure. It is an energy pattern that is filled with our will, knowledge, trust and Intent (like a chemistry equation). How do we become the receptacle of this fulfillment of that Intent? Does that make sense?***

Yes, but I've pretty much answered that. Do you see how?

**Yes.**

So answer that question for me.

***If it is already there.***

Right.

***... and with focus and right Intent...***

Right.

***... we magnetize the fulfillment of that cycle.***

Beautiful. She's got it!

***Science is using the concept of "mirror neurons" to explain how physiological stress can be transferred from one***

*person to another just by observing it.*

So if you are really, really stressed and Paula is watching, she is going to get really stressed?

***Yes, and physiologically she can even take on some of the symptoms of stress. Her heartbeat might go up. It would affect her physiologically and emotionally. So people don't only learn through watching another person; they also take on every bit of the experience.***

I definitely agree with that. I'm just surprised that your science does too.

***Yes. And there are two parts to this question. How does the mirror neurons concept relate to the Source Field? But the other part is, for years now you've been saying that the brain does not know the difference between our visualizing and actually doing a thing, and this seems to indicate that it cannot tell the difference between seeing and doing it either. So how can a high frequency, transfiguring Guardian intentionally strengthen their communication and their mirroring to be and give what's needed for the highest good?***

Without breaking down from dealing with sick, depressed people.

***Yes. Right. The first part was about how the mirror neurons relate to the Source Field.***

It's relating to information, as we discussed earlier. The neuron puts out a signal that develops the like bit of information. We've already discussed how that works within the Source Field. But remember that as soon as it has been developed, it becomes magnetic, and that means that that magnet over the top of that iron dust not only picks up this one piece of dust, but it picks up surrounding ones as well. Which is to say that other energy will also be attracted to that primary point, that magnet.

Say you are a mother with a four-year-old who is having a tantrum. That child is putting out a certain neuronal draw that you also relate to. And so there is a part of you that is drawn to that same thing. And that is what causes that empathic connection. If you were from Mars and you plopped down and saw that four-year-old having that tantrum, your response might be to have no empathy at all because your experience contains nothing that relates to it. To you that just appears to be how communication works on Earth. And so when you, as that Martian, try to contact somebody you stomp your feet and scream, which isn't going to accomplish anything at all.

If you have fully healed your connections to your personal experiences of emotional disability, then you're not going to be affected. Unfortunately, most people relate. The tiniest piece of them even says "Well, I understand why you're angry about this," and so your body reads that as "I'm angry about this too." How do you heal an emotional connection? Well, I've spent twenty or thirty years talking about that very thing. And once again it's going to come back to conscious living.

***With the idea of dark matter being the fuel for the creation engine, how do we access and utilize it to create or restore balance? We've pretty much been talking about this.***

Exactly. Dark matter is one of those other words for energy or Source Field. Dark matter has been seen sort of like junk DNA; you only had twelve major genetic structures and the rest is just there in case you damage one and need to replace it—it's junk. But of course it's not. Very soon it's going to be recognized that dark matter is a potential for all things, and it's not an unknown quantity. So I will ask you, how do you access, establish, create and use—that was Intent, Thought, Word and Deed—that dark matter?

***Probably Intent.***

Yes.

***And the recognition of its potential maybe.***

I will tell you. Labels.

***So if it's those raw ingredients then you help it have function.***

That's right. [Samuel picks up a coaster.] You say "coaster" as opposed to "round disk to eat your food off of" because a disk to eat your food off of is called a plate. And if disk is the Source Field/energy/dark matter, if this is the playing field, "disk to eat food off of" establishes the Intent as opposed to "disk to put glass down on," because one is called *plate* and one is called *coaster*.

***I read an article where the cosmologist described dark matter as a cosmic web . . .***

Yes. Absolutely.

***. . . which guided the formation of the galaxies, and they were even inclined in some ways to say that dark matter not only was not there, but could be a part of a whole different dimension that we're interfacing without even knowing. If that is true on the large, universal scale, it's also true in our reality, in our forms, in our dimension.***

That's right.

***So we are interfacing with dark matter all the time.***

By way of tunnels, wormholes that allow you to connect with like Intent that has created potential into the protons and quarks and that make form. Correct. The only thing I would disagree with in there—and only for illustration purposes anyway—is that it's not a plane, or dimension, in that way, until it is needed as a plane in that way.

***They said that.***

These have to be rogue scientists, because this is not what they are teaching in school yet.

***It was a couple of different scientists, and they know they are on the fringe with their theories about it.***

That's great, really. And that should tell you all about the kinds of changes that are coming up. Right now Guardians are opening doors and activating seeds without being present with that seed. That is all about the process used to access the

Source Field.

What do they say that gravity is, then? Everyone thinks of gravity as a big magnet inside Earth that holds you on to the planet, but really it is a force pushing you that keeps you in place. What creates that force? It is the combining of two forces; there's no easier way to say it: it's a torsion response. That's what gravity is. This is fun!

***How is Star Weaving an example of how energy works in the Source Field? And how do the spirals moving up and down the weave create change points within the Source Field?***

Do you mean the weave of Star Weaving or do you mean the plasma field fluctuations?

***I meant the weave of the Source Field. I was trying to come up with a practical example of how Guardians were interfacing with the Source Field.***

And Star Weaving is an example. The Source Field fluctuations create torsion energy, and I've discussed that enough that everyone can picture it and understand that—that torsion creates the force that is unseen and unknown and unlabeled until there is Intent attached to it, meaning the result of torsion releases a separate frequency that in this dimension is expressed in a geometric progression. Imagine a star tetrahedron with each plane or face on that tetrahedron is holding information. That information is going to be formed as the torsion meets its twin self. The tetrahedron is the basis for information generation in your crystalline self and in the Source Field for this dimension. So your Intent—"I'm going to function at my best"—stimulates the Source Field. That creates a torsion that activates a plane on the double tetrahedron of created information that involves doing your best. So the Intent here and the geometric creation there puts out that like frequency and finds itself. The point where it finds itself is like putting two fingers together; right *there* at that point [where they are meeting], is a portal.

"I AM one with Source." First of all, all of the words aren't human words. All of the weaving is spirit work. I AM is a numerical statement that says the same thing as OM. It is a sound frequency. I AM triggers the field, so I AM is Intent. "One with Source, One with Divine Creation, One with Divine Wisdom"—the first triune. You start at the heart—"I AM one with Source"—and you weave up, with each weave being the equivalent of the Intent used to find the dimension, the crystalline shape, the geometry and the frequency. Source, Divine Creation, Divine Wisdom. This is a very involved teaching and I will condense it here, but you see how you can literally take each section. And then the last, "I Am a manifestation of Christ Consciousness in the world," is one statement unique to itself, and it represents, of course, completion.

Each section gives you the access to the Source Field—the creation and the form of it. So, to answer your question, it's a manifestation process for going home, and its purpose is to keep you at your highest frequency. I AM One with Source, I

AM One with Divine Creation, I AM One with Divine Wisdom are the three most important knowings that no human can have. Only spirit—your spirit—can say that. We move from spirit into divine form and from divine form you move into completion. It's the story of Transfiguration.

***You have said light fills and sound builds structure. What are the possible ways to use thought and light to direct our crystalline structure to affect our genetic structure?***

Our discussion of the Source Field incorporates that. How do you use it for healing? You have a healing Intent and that's everything. Now, mechanically speaking there are sounds that affect your physical experience in the same way light affects your spiritual experience. If you count the next octave, how many notes are there in an octave? Thirteen?

**Yes.**

You would say twelve perhaps, but thirteen because that starts the next one from C to C. That twelve, which is actually thirteen, is important. It is the sound of resolution into a dimension. It is the sound of the twelve, your circle of twelve. It is the sound of your energy system—twelve chakras. The thirteen is the beginning of the next level, so what is the thirteen?

***The in-between space, the dark matter.***

It's the result of torsion. It's next level, not fully formed yet. Sound, bottom line, creates portals of torsion energy and when you learn to use the right sound you're creating the wormhole that takes you to the creation of it.

**Got it.**

Good.



*Lea Schultz*

*Samuel is pure, unlimited energy, an intelligence that has communicated through Lea Schultz since 1984 in a process he calls transformational channeling—working in the energy of those in his pres-*

## Greetings to you who are so dear to Samuel's heart,

Each year Phoenix Institute provides an opportunity for everyone touched by Samuel's work to practice the principles of prosperity and manifestation by participating in its Pledge Program.

Samuel expressed those principles clearly and concisely when he said,

*When you want to bring more money into your life, remember that you get back what you give; and when you give with Love and without attachment or "strings," that which you gave comes back in abundance. So give where you've been fed—give back so that you can get back—and do that giving with a heart filled with love and no thoughts of what you'll gain from it.*

It is the generosity of Phoenix's quiet heroes who give to PI through the Pledge Program who continue to make it all possible. You may see some of these heroes on the group trip, or at the annual Retreat. Maybe you'll see them at Lifescapes events, or at Tonings, and you'd never know that these heroes, these warriors, as Samuel called them at the March Retreat, are the backbone of Samuel's work in Lexington—the reason this work can continue on.

This year, give yourself the gift of being a hero—a warrior—by consciously giving so you can get back by becoming a part of the Pledge Program. Just return the enclosed card or respond by e-mail to [PledgingBringsProsperity@PhoenixInstitute.org](mailto:PledgingBringsProsperity@PhoenixInstitute.org); then continue looking for miracles everyday!

Much love and best wishes for your prosperity,

*David Oldham*

Head of Fund-raising for Phoenix Institute, Inc

### Phoenix Institute Pledge Program Enrollment Card

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

I commit to a monthly pledge of \$ \_\_\_\_\_

My e-mail address is: \_\_\_\_\_

We'd like to thank our Pledge Program donors in a future issue of Phoenix Rising (no mention of the amount of the pledge will be made). If you do NOT want your name mentioned as part of the Pledge Program, check here: \_\_\_\_\_.

**Please detach form and return to: Phoenix Institute, P.O. Box 12963, Lexington, KY 40583  
Or you can submit this information by e-mail to: [PledgingBringsProsperity@PhoenixInstitute.org](mailto:PledgingBringsProsperity@PhoenixInstitute.org)**

**Phoenix Institute is a nonprofit, tax-exempt 501(c)(3) charitable organization.**

Learn how to unlock your energy system and bring balance to your body, mind, and spirit.

- September 27, 2014
- 1:00–5:30 p.m.
- Phoenix Institute  
655 Lima Drive

# Jin Shin Jyutsu® Self-Help



Phoenix Institute is proud to present a workshop on Jin Shin Jyutsu® Self-Help by certified practitioner, Laura Paytas. This hands-on practice facilitates balance in the body's energetic systems by working with twenty-six "Safety Energy Locks" and holding them in various combinations using gentle touch. This ancient art can bring harmony to mind, body, and spirit.

## Registration Fee: \$50

This workshop is a combination of lecture and experiential application. Each participant will receive a Jin Shin Jyutsu Self-Help Book II (\$14 value), which is included within the cost of the workshop. Books I and III, which are not necessary for the course, will also be available for \$14 each. There will also be laminated 8½ x 11 "Safety Energy Lock" charts for \$5 each.

**Preregistration is required. Please complete the information below:**

Name: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

**Mail preregistration to: Phoenix Institute, Registrar, PO Box 12963, Lexington, KY 40583**

**Cancellation policy:** Participants who cancel for any reason will receive a full refund minus the cost of the book; no-shows will receive no refund. In either situation, the person's Jin Shin Jyutsu Self-Help Book II will be available at Phoenix Institute at any regular meeting after the date of the workshop.



# Samuel

r e s p o n d s . . .

***A number of companies are working on alternatives to chicken, turkey, pork and beef in an effort to reduce the environmental impact and avoid the ethical problems of factory farming. Some products are plant-based, but there is also an effort to culture animal cells in vitro. What would the frequency effects be of eating animal cells that have never been part of a functioning and aware animal?***

They are creating cells out of nothing?

***They are creating animal protein by replicating animal protein cells without the animal. They're doing it in the lab.***

But where do they begin?

***It's from an animal originally, but they are growing it without the animal.***

If where you are coming from with veganism is "I don't want to hurt an animal," that's a whole different thing. But the creature's frequency will be all over the cells, and it will have an effect on your frequency and will pull it down. From a spiritual point of view you will still be affected.

***Do we have to physically die in order to become Transfigured beings? I know your version of death includes the changes we go through minute by minute, but will our physical bodies be transformed or will we need new ones?***

You absolutely do not die except in the sense that you are constantly dying. Every seven years you've basically got a new body, and every seven weeks you basically have a new stomach—or the cells lining it. If you brush your face and skin enough, you can accelerate the process. Your body is constantly dying and renewing.

What you want is that renewal system to be at higher and higher frequencies. Much of what was discussed in the interview about the use of Intent creating a connection into the Source Field as a means by which that Transfiguration comes about on the level of the physical—a cell-by-cell change.

If what you are thinking is that the Transfigured body is going to look different than your current body, that's incorrect except that you will hold more light, so people who see energy will like to look at you. You will reflect more light, and you will be using by far more of what your body is capable of mentally, physically and spiritually. You're going to be Transfigured in the midst of a world that isn't fully awake. If you looked radically different you could not relate to them. You would either become a lab rat or a god or something equally useless.

Recall the story of the risen Christ walking down the road—walking down the road—and saying to one of the disciples, "What's going on?" And the disciple says, "Oh, the people are really grieving because somebody died." Christ looked

just like anybody going down the road. The not-recognizing part had to do with that *inner* change, not the outer one.

During a session this morning, Stuart started it and at about halfway Frank came in and said, "Halfway," and then Stuart came back at the end. And the person sitting here thought it was Stuart the whole time, because they were not focused on him, even though they saw two different people. The mind doesn't see what it doesn't expect to see. So because the disciple was looking at this person and not expecting that it could possibly be Jesus, he didn't recognize him until Jesus said, "Open your eyes! Who do you think is standing here with you?"

***Will becoming a Transfigured being just happen at some point when we are not looking, or is it a bit-by-bit process, and we wake up one day and say, "Wow, I am really Transfigured"?***

It's a bit-by-bit process. I do not know if you will wake up one day and say "Wow, I am really Transfigured," but I think you will notice more ability, more change. It's going to be hard not to notice.

***Will we notice more weaknesses?***

Well, that is a part of the process because you've got to get rid of that ego-based function, and it's because you're starting to change that you see them.

***As you said in the interview, anything that is not a frequency match is apparent.***

Right.

***I know that Guardians being able to hold Shining energy was a game changer for the Plan. What shifts will Guardians being Transfigured beings create?***

I don't know, because Transfiguration—this difference—wasn't expected. I can't tell you what it's going to do.

***Please explain how the Catholic Church is more liberal than we think.***

Pope Francis.

***How does orgasm affect the pineal gland, especially having to do with our Transfiguration?***

The pineal gland affects orgasm, not the other way around. And with regard to Transfiguration, is the question about orgasm or the pineal gland?

In Transfiguration the pineal is strongly affected. In the process of Transfiguration you will have less sex with your self or others, so I don't really see how that fits.

***So your orgasm will still be the same. It won't increase your experience or ability.***

No. I think that the mistake behind that question is the assumption that sexuality is going to still hold the important place it does now, and it's not, because the Transfigured being is by far more at One already. You become more merged. I am

One with you. Orgasm brings that oneness, but Transfiguration brings it without sex.

***When those you are obligated to communicate with, for example at work, continue to attack, belittle, often in a public venue, after turning all four cheeks multiple times, what is a Guardian's best position, assuming said Guardian wants and needs to keep that job?***

It's important to remember that you feel attacked because there is a part of you that relates to what is being said. When the four-year-old says "You are stupid!" you just laugh it off. When the forty-year-old says that you are stupid, you could laugh it off too, unless it has somehow activated a fear and threatened you.

So the very first thing is to do what is needed to make those threats null. Change your beliefs about yourself. Do not give cause for being made fun of or belittled, or emasculated or cut down, or whatever. It really has to have your sick and unfortunate agreement to hurt you. Get beyond that. Is that easy to do? Obviously not. Can it be done? Yes, it can. Maybe one way is to realize that this is a very large four-year-old, this is a Being in pain, in anger, and in frustration who has such a poor self-image that it must bring others down.

***I had a similar situation, and using the gold cord and sending love, forgiveness and compassion through that cord to that person made an incredible difference, not just to them but to me. It healed me. It healed the pain.***



Early on that is always a good first step. It doesn't always have to go beyond that if you take that first step.

The next thing is on a very practical level: record these things. Make a written record and then take that record to the supervisor and say, "I am in a situation in which my working conditions are becoming intolerable, and this is what I'm dealing with. I want to leave this with you in hopes that this situation can change. If it cannot change, I would like to have your ideas as to what I can do to deal with it."

That's doing two things that empower rather than disempower, and that first one is you are making a record. "Over the last month these are the things that have hurt me." You must be ready for somebody impartial to look at that and say, "You know these really are little things, and you're kind of making a big deal about something that isn't. I'm really sorry you're upset about it, but this isn't directed at you." On the other hand you might have some serious grievances. You've got to be ready for either.

The second thing is that you're not saying, "I demand that you do something," because that is alienating. You are saying, "This is what it looks like to me. Please take a look. What does it look like to you? If you agree, please do something. If you don't agree, please help me know how to cope." So either way there is empowerment on a supervisory level, and you're asking for help if the supervisor disagrees, and that always creates an open door.

If things still don't change, take a look at your expectations. I know that you probably have done that by now, but take a look at who you are right now that you have those expectations, and ask yourself if it's worth it. If it isn't, put in for a transfer.

***When we ask for and get answers, are the answers coming from just one source, our spirit or Higher Self? What other sources might be possible?***

Unless you're transformational channeling—and you're not—everything is always filtered through your Higher Self—always. There are other sources for help, but it's going to come through the entity you are to get to you.

***And through your human filters.***

Well, that's the bad news.

***Which is why sometimes it can seem like your Higher Self all the time. Even when you, as Samuel, or a part of our twelve are working with us, it still comes through our filtration system, so it sometimes feels like us.***

Exactly. And I'll tell you something else that is a problem because of that: ninety-nine percent of the time you hear what agrees with what you want to hear. I can tell something to the three of you, and each of you will say "Well, this is the emphasis. This is how it was meant." Or, "I didn't get that at all." It's really unfortunate. That is why it is so, so important that you run it through your heart, that you know you so well that you know what is and what isn't you. *continued back page*

# PHOENIX INSTITUTE PITTSBURGH

Phoenix Institute/Pittsburgh, Inc. (PIPI) presents

## PIPI's First Autumn Festival

Join your spiritual family on Monday, September 22, as PIPI hosts its first Autumn Festival! We will be celebrating all of the beautiful gifts from this time of year. We hope to see you at this special event!

When: Monday, September 22

6:00 P.M. – Autumn Vegan Dinner Potluck

7:00 P.M. – Autumn Equinox Celebration

7:20 P.M. – Silent Auction Finale

7:30 P.M. – Toning

Where: Nuin Center, 5655 Bryant Street, Pittsburgh



\*Please bring a vegan dish to share and have all dishes at the Nuin Center by 5:45 P.M. the night of the event.

For the most updated schedule of events, please call 412-422-5500.

Meetings are at 6:00 p.m. at the Nuin Center, 5655 Bryant Street, Pittsburgh, unless otherwise noted.

### JUL

- 7 Practical Spirituality: "Gentle Yoga Stretch"; Toning; Prosperity Table
- 14 Discussion of Samuel Responds in the Summer issue of *Phoenix Rising*; Toning
- 21 Healthy Living: "Physical Wellbeing"; Toning
- 28 Game night with potluck vegan snacks; Toning

### AUG

- 4 Celebration of Lughnassadh; Toning; Prosperity Table
- 11 Practical Spirituality: "Taking Control of Your Mind—Focusing Your Thoughts"; Toning
- 18 Leader's Choice: teaching and discussion on The Rays, led by Retta Flagg; Toning
- 25 Game night with potluck vegan snacks; Toning
- 31 10:30 a.m.–2:30 p.m. Group gathering to listen to Atlanta's August 23 Lifescapes Event, at the home of Crystal Doll and Retta Flagg

### SEP

- 1 Closed for Labor Day
- 8 Full Harvest Moon Ritual; Toning; Prosperity Table
- 13 Samuel's Pittsburgh Lifescapes Event, 9:30 a.m. to 1:00 p.m., Pittsburgh Airport Marriott, 777 Aten Road, 412-788-8800; followed by lunch at the Loving Hut, 5474 Campbells Run Road, Pittsburgh, 412-787-2727
- 15 Discussion of Samuel's September 13 Lifescapes Event, and the opening night of the Silent Auction; Toning
- 22 Autumn Harvest Vegan Potluck Dinner, followed by an Autumnal Equinox celebration at 7:00 p.m. and the conclusion of the Silent Auction, with Toning at 7:30 p.m.
- 28 10:30 a.m.–2:30 p.m. Group gathering to listen to Lexington's September 20 Lifescapes Event, at the home of Katie Joyce and Bruce Garry
- 29 Practical Spirituality: "Simplifying Your Life: Decluttering Made Easy and Fun"; Toning; Prosperity Table

### TONING

Toning usually lasts about 50 minutes, but depends on the size of the group. We Tone:

- Most Mondays at 7:00 p.m. unless otherwise noted, after the meeting at the Nuin Center
- Every Thursday at 7:00 p.m. at the Nuin Center
- Most Saturdays Toning will be held at 9:30 a.m. outside, behind the Hofbrauhaus Restaurant on the South Side.

The time and location of Saturday Toning changes generally once a month. Check the PIPI hotline (412-422-5500) for the current time and place.

# The 7-Rayed Key To the Source Field

During this time of great change, knowing:

- your power and how to access it;
- what your issues are and why they are there;
- how to create the life you need to fulfill your work in this world;

will make the difference between shining brightly and burning out.

*“The Seven Rays are the key to knowing yourself, and the key to your unique access into the Source Field of creation. This will take you not a step, but a leap beyond earlier teachings of the Rays and into the hidden truths behind them.”*

*Samuel*



**Receive 25% OFF**

- your first event with Samuel.
- for every new person you bring. (max. 50%)
- when attending this Lifescapes event a second or third time!

**Are you ready to take the next step?**

This practical and empowering teaching will get you started on a journey into the deeper aspects of your experience here. Make plans now to be a part of this life-changing series of three teachings designed to bring you closer to your Source self through the Key to Source—the Rays.

## EVENTS ARE:

**\$69, or \$59 in advance**  
**9:30 A.M. – 1 P.M.**

(See registration form for details.)

## Atlanta Aug. 23

Residence Inn Atlanta Kennesaw/Town Ctr.  
3443 Busbee Dr. NW  
I-75, Exit 271, Chastain Rd.  
East one light, turn left on Busbee Dr. NW

**859-233-3577**

Directions and Register at:  
[www.DiscoverSamuel.com](http://www.DiscoverSamuel.com)

## Pittsburgh Sept. 13

**NEW LOCATION!**

Pittsburgh Airport Marriott  
777 Aten Rd.  
I-376, Exit # 58–Montour Run Rd.

**412-561-2861**

Directions and Register at:  
[www.DiscoverSamuel.com](http://www.DiscoverSamuel.com)

## Lexington Sept. 20

Phoenix Institute  
655 Lima Dr.  
Off Georgetown St. just inside  
New Circle Rd.

**859-231-8449**

Breakfast at 8:30 A.M., \$5.00  
The Resource Center opens at 9:00 A.M.

Preregister for Atlanta or Pittsburgh events at [DiscoverSamuel.com](http://DiscoverSamuel.com) or by mail.

Preregister for Lexington event by mail only.

Please check the amount you're paying:

- I am paying \$59.  
 This is my first event with Samuel and I'm paying only \$44.25!  
 I am bringing:  1 new person and paying \$44.25!  
 2 or more new people and paying \$29.50!

Please check your method of payment for the event you wish to attend:

- Atlanta  Check  MC  VISA  Discover  AMEX  
 Lexington  Check  MC  VISA  Discover  
 Pittsburgh  Check  MC  VISA  Discover  AMEX

Card # \_\_\_\_\_ Exp. \_\_\_\_/\_\_\_\_/\_\_\_\_

Signature \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Phone (h) (\_\_\_\_) \_\_\_\_\_ Phone (w) (\_\_\_\_) \_\_\_\_\_

### Atlanta and Pittsburgh Event

To preregister by mail, send this completed form with your credit card information, check, or money order payable to EarthLight to:  
EarthLight, P.O. Box 835, Lexington, KY 40588

### Lexington Event

*Lexington registrations must be received 24 hours before the event to qualify for preregistration discount.*

To preregister, send this completed form with your credit card information, check, or money order payable to Phoenix Institute to:  
Phoenix Institute, Inc., Registrar, P.O. Box 12963, Lexington, KY 40583



Schedule of Events

*When the Student is Ready,  
Ego Teaches*

by Philomena Slater and the Writers' Gallery

For the last two years, Dale Mendoza has participated in Samuel's Guardianship Program with Phoenix Institute Atlanta via Skype. She has spoken frequently about her dream to work in Africa teaching young women to sew. In 2013 she was able to activate her dream. Not long ago, I had the chance to chat with Dale to learn more about her travels and to find out what discoveries she may have made about Samuel's teachings and herself as a Guardian. As she put it, "Mine is a story about connection and about ego being put aside enough to bring about a dream."

"I've felt a deep attachment to Africa since I was a little girl. I always felt that I was once a drummer in the Congo. I would communicate across distances with the language of the drums." So when she came upon an opportunity to work with

You are invited to Phoenix Institute/Atlanta's weekly programs. Dates and programs are subject to change.

**Tonings**—Mondays, 7:00 p.m.

**Weekly Programs**—immediately following Toning

Programs vary from month to month, but regular features are the discussion of Samuel's first-Sunday message and the Fourth Monday discussion—an opportunity to share the enduring power of the gifts from The Guardianship Program.

If you would like more information about Phoenix Institute/Atlanta, please e-mail [phoenixinstituteatlanta@outlook.net](mailto:phoenixinstituteatlanta@outlook.net).

Playing For Change (PFC), an organization committed to connecting the world through music, she jumped at the chance. PFC was interested in developing products to sell on their website, and Dale had skills in clothing design. This opportunity to share her skills with women learning to sew in a small school in Ghana, the Youth Home, initially felt like "an answer to an inner call." It ultimately became an "opportunity to work through my ego and entitlement issues."

Dale says of her first trip to Ghana, "I was not able to come up with a workable product. As a result I was deeply discouraged and ashamed that I had made a commitment to

the people at Youth Home that I couldn't keep. Through The Guardianship Program I was able to see the initial disappointment that I experienced was actually an ego reaction that reinforced my sense of lack of worth, my sense of entitlement that all my projects would succeed, and that the world was coming down hard on me. I was also struggling with a sense of purpose. My initial motivation was so much about me that I was unable to do anything."

Continuing to work in The Guardianship Program, she became aware that an "underlying desire for recognition was my major focus of this first trip. When I realized this, I was quickly able to change my focus from *my* needs to *their* needs. I realized their need was for sewing machines. I really desired to manifest the money for the sewing machines. Quite unexpect-

[next page](#)



edly, one of my friends . . . just gave me the money for the sewing machines. I was instantly aware of the miracles in the money coming so easily. I was flooded with gratitude. Everything shifted. I kept on asking OneHeart [Phoenix's energy request email group] for help, and I kept getting it! I was amazed and gratified each time the next piece fell into place. All of a sudden things did come easily. I scheduled a second trip, and the results were much different."

Samuel has said that in relationships what is required of us is commitment, patience, and trust. In Dale's experience, "Patience and trust have come hard to me. Now that entitlement and ego were not the driving force, it was so relaxing for the outcome to not be about me and my worth. I believed this second opportunity would work. I believed that I would come up with something that PFC could use. I experienced miracles that brought about resources that were exactly the help I needed. An example of one of those miracles: just by chance while attending a conference, I came in contact with representatives from Creative Women in the World. As it turns out, they proved to be a resource for the marketing of the goods I would be teaching students at the Youth Home to make. I trusted it would work out and it did."

Samuel has told us repeatedly that, if we fall, one of the greatest gifts we can give the world is to pick ourselves up and keep going. Dale says it has taken her years of falling down to

really get that, and these two trips to Africa really brought that into focus for her. "I have struggled with having a sense of purpose, and now I have an inner purpose: to use what I know about clothing design to teach others these skills. I want to teach others how to use these skills in the production of clothing that could be sold on the international market. In that way, I would be helping them generate revenue to advance the overall quality of life for themselves and their community."

What's next for Dale? "Currently I am continuing my work in the town of Tamale, Ghana, at the Youth Home with approximately thirty students in the school. I would love to one day start a line of little girls' clothing. My aim is to provide training in correct sewing and to shift from tailoring one item at a time to production mode. They are not used to consistent and precise sewing. I am also going to Indiana to visit the Creative Women in the World organization and get feedback on the samples made by the students in Africa. My plan is to market their goods and connect them with wholesalers here that can move their products in the western market."

It seems as though Dale is continuing her ability to communicate across a distance, with or without drums, and with a deep sense of inner propose. May she have continued success with her inner and outer work as a Guardian in this world, because when one of us succeeds, we all benefit.

Thank you, Dale!

PR

## COMPUTER FUN! Word Processing for Guardians a Greenhouse Event hosted by Phoenix Institute

Wouldn't it be great if you could easily and quickly learn how to make better use of your computer time?

Would you like to learn the computer tips and frills only the pros know about?

Would you like to learn how to more easily and quickly:

- format your documents
- create and insert tables and graphs
- use shortcuts to save more time?

**For only \$15** you can learn these techniques and more in what will be a **fast and FUN** Greenhouse taught by computer guru David Gosselin.

Participants should bring a laptop, or be partnered with someone who brought one. Emphasis will be on MS Word, but the teachings will be applicable to most word processors.

**Saturday, August 16 \* 1:30 p.m.–4:30 p.m.**  
**Phoenix Institute \* 655 Lima Drive**  
**Registration Fee: \$15**

Registration will be at the door. Checks and cash will be accepted.

---

---

*Samuel Responds — cont'd* And when it isn't you, run it through your heart. Your heart is trustworthy.

Your heart, by the way, is essentially another brain within your body. Your heart, by way of its neural pathways, functions as a brain does, which means it has Intent, which means it affects the Source Field. That's why you should follow your heart.

---

***What exactly is a Perfecti or a Perfected One, and how do they best function here?***

When the Shining Ones came and left, those who had been in areas in which there was already a population, and who had been trained by the Shining Ones were called the Perfecti. The Perfecti were considered a god-human hybrid. Having been in the presence of the Shining Ones so thor-

oughly, their very cells reflected back that Shining presence.

The Shining Ones are returning, right? Being uncovered is more like it. So in that case, those who have functioned as Perfecti, who would have been spiritual leaders, teachers, gurus, avatars, will either be leading people to the Shining Ones, or will be absorbed by the Shining Ones, or will just function as they do until they're around Shining energy.

My point is, as more Shining Ones, through the Transfiguration process, are here, the frequency of Shining energy will become more constant. And at that point, the Perfecti won't be needed. Until that point, the Perfecti must continue the work of reflecting that being and being a god-man, a Guard-ian.

