



PHOENIX RISING

A free quarterly newsletter from Phoenix Institute

Winter 2014

An Interview with *Samuel* channeled by Lea Schultz

At Samuel's invitation, Jerry Cook prepared and presented questions for this interview and joined in with the editors and Frank Schultz in the discussion that arose out of them.

I would like to start with some clarifications. People that have had near-death experiences in which they go to the other side and then come back talk about the feeling of being surrounded by love while on the other side. Here we feel it's an emotional thing, but what is it on the other side these people are trying to describe?

I want you to think about the best sex you've ever had.

It seems like I'm dreaming more about it recently than having it, but yes.

[Laughing] There are actually a whole lot of readers who will relate to that.

What made it good? Are you comfortable answering that?

Just the feeling of exhilaration along with simply not thinking about anything, just being totally in the moment.

Totally in the moment, yes. I think what I would say incorporates that.

A really great sexual experience requires several things. One of them is trust. You and the other person are letting go of yourselves, so it's okay to trust that you're safe. There is also a union that happens. Even without a mutual orgasm there is a oneness throughout the experience, or certainly in pieces of it. Depending on the kind of connection you have with your partner, there is a sense of, as you said, nothing but the now—me and you, right here, lost to the world.

Leaving the body and returning to your natural state [death], first, is like a great weight being taken off of you and, second, is a reunion, a clear and full connection with Source. And like an excellent oneness that comes from really great sex, there is that pure union, the return to All That Is, to make it all that it should be. It's not personality—that's released. It's not thought—that's released. It is the

pure, unbound "no bay'unz, no boundaries" Love of the Return.

I find it interesting how people who, through those out-of-body experiences—which you would think of as a near-death experience—how they think of that as death, because it is actually quite far from death. They're still holding on to the personality and its experiences because the body isn't fully turned off and the soul is still intact. What that creates is the personality's version of love:

they see what they are expecting to see. That might be family that has gone ahead, or maybe Jesus or Mohammed or . . .

It's just a translation thing, because the brain, even after what you would currently consider brain death, is still active. The body is not dead because the soul is still intact. So their version of how *loving* it is isn't based on the full release of this world. They still take the world with them. "Oh, there is my mother, so filled with love!" "There is Jesus. Oh, such a loving experience!" It has much to do with the expectation. But when you are fully gone, then you are merged in a way that you cannot experience in this world, and the closest I can give to that is the power and the fulfillment and the joy and the love of really right sex.

I bet that wasn't the answer you were looking for, was it?

Well, I'm still trying to figure out this whole process of what we're doing here, and to me love is part of it: when we come into this dimension, having that element of love that we've experienced on the other side and that we're always trying to recapture on this side.

Those who function at a high enough frequency that they are able to remember it are trying to capture that greater union, that Love, on this side. Truly, until things change most people don't remember. Don't wish for that.

Please define Absorption and Ascension and how they are related in this transformational next page

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experiment that we are working with you on.

Is Absorption where we're totally incorporating the soul in our everyday experience and we're totally absorbed by the soul so that we are that soul in physical reality at that point?

That sounds more like Ascension. Absorption is what happens after Ascension is complete. Ascension is something that happens after Sacred Status is complete.

Now, I'm going to start with Sacred Status and move it forward, all right?

Good.

If you will remember, Sacred Status is the plan for this planet, and when I say "this planet," I am referring to the human experience, because the experiment of form involves more than the human; there is life beyond mineral, plant, animal, human. Sacred Status is that point at which more than half of life force on this planet has recognized its spiritual component.

Now, what do I mean by "recognizing its spiritual component?" It's hard for Guardians to relate to that because you grew up thinking, There's got to be more than this; this isn't it. Even for those who tried sitting in church, it wasn't to be found there. They were looking for that which is greater. At some point you as a Guardian recognize that you are not simply—as much as I joke about it—a bag of chemicals that has a soul, that you are in fact a spirit being that is taking on the human experience. *That* is what more than half of life force must recognize.

Of course animal and plant life recognize that they are a part of a greater spiritual being, that they are one with others. Minerals are already at mastery and already recognize the oneness, but the plant, the animal, and the mineral kingdoms, theirs is to recognize their oneness with the greater. With humans, it's that they are a spiritual being, and that has to do with the process of spiritual evolution. When that comes about, Sacred Status is Activated.

Sacred Status isn't an end-point; it is a beginning, because that's where you are going to see massive change come about.

Like what?

Well, think about it for a moment. If more than half in your world recognized they were spiritual beings as opposed to human drones, what do you think it would be like?

Well I would think people who are involved in a religion would begin to believe that there is more.

There's a difference between thinking there's more, and realizing that *you* are more. A big difference. The kinds of things that come about when *you* realize you are more, hopefully, are such things as decisions based more on a spiritual attitude than a worldly one. That alone could make some pretty big changes in the world. There would be more of a willingness to unify, to have that *spiritual connection* in common rather than just relatives or the work we do.

I'm going to use this work as an example. When you first connected into this work, you recognized something that felt right for you, and you started exploring what that might be. You met people of like mind. You took the risk of trying some of the exercises and risking changes to the way that you thought, the way that you felt about things. For the most part, it was really good. Sometimes it was a little chaotic and you got hit over the head with a two-by-four, but you saw constant growth and progress. In a smaller way that's what should come out of Sacred Status. But here is the thing to remember about Sacred Status: it is a process, but it doesn't require that at the end of that process—which is Ascension—every bit of life force on the planet has to be fully realized.

What do you mean by fully realized?

Going there. Not only awake, but *active*, serving, growing spiritually. You are not simply aware that you are more, but taking that and working it



Phoenix Institute, Inc. was founded in 1984 to make the philosophy and teachings of Samuel available to anyone seeking guidance in the many areas those teachings embrace. It offers free monthly meetings with Samuel and frequent opportunities for group or public discussion of his message, as well as workshops, seminars and similar educational events for deeper study and to assist in the practical integration of these teachings into the physical, mental and spiritual lives of all who are drawn to them.

Phoenix Institute, Inc. is a non-profit, tax-exempt 501(c)(3) charitable organization that relies on donations and volunteer assistance. Phoenix's programs are open to anyone with a desire to know more about Samuel's message.

The Spring 2014 issue of
Phoenix Rising

will be distributed on March 20.

Manuscripts and correspondence are welcome. Send to the editors at

Phoenix Institute
P.O. Box 12963
Lexington, KY 40583

or e-mail to

PhoenixNewsletter@windstream.net

Deadlines:

Copy — January 19

Ad reservations — January 26



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CALENDAR

**New
Time!**

Meetings are at 5:00 p.m. at Phoenix Institute unless noted otherwise.

Dates and programs are subject to change. (More information is in the ads on the pages cited.)

JAN

- 5 Samuel's first-Sunday meeting and live webcast at www.DiscoverSamuel.com**
- 12 The Guardianship Program (see ad p. 8)
Anyone is welcome to attend this first meeting of the program. The remainder of the program is open only to those who register at this meeting.
- 19 The Guardianship Program, for registrants only
- 26 The Guardianship Program, for registrants only

FEB

- 2 Samuel's first-Sunday meeting and live webcast at www.DiscoverSamuel.com**
- 3 The Guardianship Program (after 6:30 Toning), for registrants only
- 9 The Guardianship Program, for registrants only
- 15 Samuel's Pittsburgh Lifescapes Event**, 9:30 a.m.–1:00 p.m. (New location. See ad p. 12)
- 16 The Guardianship Program, for registrants only
- 22 Samuel's Lexington Lifescapes Event**, 9:30 a.m.–1:00 p.m. (see ad p. 12)
Vegan breakfast 8:30–9:25 a.m. (see ad p. 4)
- 23 The Guardianship Program, for registrants only

MAR

- 2 Samuel's first-Sunday meeting and live webcast at www.DiscoverSamuel.com**
- 3 The Guardianship Program (after 6:30 Toning), for registrants only
- 9 The Guardianship Program, for registrants only
- 16 Discussion of Samuel's interview in the Winter 2014 issue of *Phoenix Rising*
- 22 Greenhouse: Yoga Tune-up with Chris Walling, 1:00–3:00 p.m. (see ad p. 11)
- 23 Dog Talk
Communication with animals is filled with possibilities as the animal kingdom individuates. Learn more about how dogs and humans can bridge the gap.
- 27-30 Phoenix Institute's Retreat with Samuel**
Boone Tavern, Berea, KY (see ad p. 14)
- 30 Discussion of Phoenix's Retreat

TONING

- Phoenix offers four Toning practices weekly:
- After Sunday meetings, except Sundays with Samuel
 - Mondays and Thursdays, 6:30 p.m.
 - Wednesdays, 9:30 a.m. at 147 Kentucky Ave. This Toning may be held at Phoenix Institute when necessary. Please see the monthly calendar to confirm the location.

into the world.

When you have at least half of those who are awake—well, more; fifty-one percent, let's say; although that's pitiful, that will work—they create Sacred Status with that awakening into their spiritual awareness. From that, the next awakening is into action—service. So when at least half of those awakened ones reach that point of conscious spiritual activity—when they're fully realized, then you have completed Sacred Status and you are in Ascension.

With Ascension you have now a very different description because of what has come out of the ascended Guardianship. Out of the ascended Guardianship, those working at a higher, and higher, and to the highest frequency, have started transfiguring into something different altogether—beings that are no longer spirit residing inside a form—as active as it might be—but spirit fully enmeshed. And then the next stage of that, which is fully controlled by the spirit—that's the completed Transfiguration process.

Fully controlled by spirit?

Yes, meaning in this case fully controlled by the spirit you are, because it's not just any spirit, it's *you*.

Ascension is going to mean that more of that Transfigured Being is going to be functioning in the world.

What is that going to look like? Look at your life. It's going to look as different as each one of you. How are you dealing with that process, and what is it bringing into the lives of you and your friends? One thing it's bringing is a lot of resistance. Resistance because the human self is saying, "I don't have control here!" and it likes to have control. It's bringing out every weakness, no matter how long ago you thought you had that worked out. If it's not fully worked out it's showing up, because you are being purified. The form cannot fully merge with that spirit self without a willingness to do so.

So the resistance comes, first, from the form's lack of willingness, but as you continue in the process, the human self begins to accept and you become, by far, less human and more spiritual until you've got that merge.

It's a time of difficulty until you have that merge. There's no way to sugar-coat that. It's a time of difficulty because you are cleaning out the last of what has had to be cleaned out. But that clean-out comes in stages. It's not "All right, I've worked on it. It's over. No problem anymore with my stubbornness." It's not that. It's a mastery of what you are—or a resistance to that mastery. And in Ascension, what that mastery means is that you are not limited to form in order to serve and do, which is what I've been talking to you about over the last couple Lifescapes.

At the next Lifescapes I'm going to have you making those gateways which people who next page

went to Nevis already know about. It will mean that you can work in the invisible as well as the visible. But it's always about service. It's *not* about making this life easier, better, good for you. It's only ever about service.

As we serve out of form, does that help our bodies, our forms, see that it's okay, so it's much more accepting?

Yes it does. The more you do the exercises, the more you're going to transform.

So, you're talking about a process.

Yes, I am.

And one of the things you learn to do is to detach emotionally.

Hopefully, yes.

I've noticed that it is easier to do in human interactions, but not with animals. I find it hard to detach my emotions from animals.

It depends on what it is you are experiencing. Guardians are naturally very protective. When you become aware of suffering—human, animal, plant, mineral—and minerals do suffer—you want to do something, you want that to change. I hope you never lose that.

The key is to act, but to act realistically. For instance, you see an extremely overcrowded animal shelter in which dogs are having a hard time, cats are starting to fight each other, the rabbits are taking over, and you know that they need more human interaction. So you take one or two or three or

four home so that they can have that human interaction. Of course, if you lived in the city in a small apartment, you probably couldn't do that, so instead the only thing you can do is donate some time at the shelter to love the cats and walk the dogs. Would that help?

It would relieve some of the stress on them.

And that's what I mean by realistic. If you cannot make the whole situation all right—and I can pretty well guarantee you cannot, no matter what it is you're looking at—you can take some action, and what action you *can* realistically take, you should.

That isn't about service to the other kingdoms; it's about your learning your boundaries, because until you are fully Transfigured, you will always have some boundaries. So the question to ask yourself is always, "What *can* I do?" Then do it.

Bad news: it doesn't get any easier, because the more you merge, the more you are able to understand what's going on with that animal or that animal kingdom, or that plant or that plant kingdom. So you need to teach yourself to look at a larger picture and to recognize that it's the human that's winning when you're stuck in the small picture. If you choose to do that [stay stuck], I would consider it a limitation, a way of staying where you are. But this is the land of free will; you can choose that. But if you back off to see the larger picture—"I can't change how it is in the whole world, but I can change where it is in *my* world, and in my world this is what I'm capable of"—and take responsibility for that, then you're probably going to make greater changes than when you are functioning out of emotion.

Greater changes in myself?

In the place where you see need.

Would that be like the difference between being a nurse in a hospital emergency room and being the health administrator of a state and improving the system that will bring better service to everybody? If you stay at the nursing level, you never get to the level where you can improve a system.

But if you are at the nursing level and feel fulfilled because you see that you are helping in the moment and you are giving your energy where it is needed and you really don't have a vision of wanting something bigger, then great. Then you are doing what you ought to. On the other hand, if you've realized that there is a way to bring about a bigger change, then that is what you should be doing.

Now, Absorption is a planetary thing. You know that over the years I have said that when the energy of the planet itself and the energy of all the life force upon it is at its highest level that's going to be the end of the experiment, because at that point the Planetary Being and the wholly realized life force upon the planet become one. When that happens life becomes wholly a choice. You are without a physical body except by choice, without need ex-

**Pre-Lifescapes
Breakfast
February 22, 2014**

Spend the morning
nourishing your
body, mind, and spirit!

Eat a nourishing vegan breakfast,
enjoy time with your spiritual family,
and support Phoenix Institute!

Serving begins at 8:30 a.m. and
continues at the break.

Breakfast—\$5.
Unlimited coffee, tea, and juice—
only \$2.

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cept by choice, without separation except by choice.

Is there life that you know of on Venus?

You can't see it, but it's a sacred planet, so I assume that life is there.

Venus has become a way to move out of this solar system in order to function in and out of this galaxy to join with or create your own experiment like this one.

Our own experiment?

Yes, your own experiment like this one.

What could that possibly entail?

You become the Solar Lord of your own planetary bodies. You function as a creator. You are God. That's what that entails. Wow!

Okay, I'm still not clear on that. At the time of Absorption the earth and everything on the earth is absorbed.

It has reached the highest of what form can possibly become.

So at that point does earth and everything disappear?

No.

So life goes on.

No.

The planet goes on.

No. Yes. No. And that really is the answer. Remember that with Ascension you are no longer obligated to form. With Absorption, you are no longer obligated to *anything*. You are functioning within and as the Greater One. So you are not obligated to form or emotion or the limitations of brain and mind and thinking. You are a fully functioning being of pure Source Love.

So where am I going to be?

All right, I'm going to break that down into pieces: "Where" isn't part of the equation. Where am "I"—which is this human self and isn't a part of this equation—going to be is wherever your Intent takes you.

Okay. So at that point I'm going to be like the air. I'm going to be invisible, if I choose to be.

If you choose to be.

I am going to be physical.

If you choose to be.

Where can I choose to be? Where will there possibly be a place that I could go to be physical if the earth is no longer as it is?

Do you really think this is all there is?

I have no idea what else there is.

Even if you just looked upon the plane of form itself in this universe, if you just stuck yourself to this dimension and this universe, there are stars, planets, galaxies, solar systems that are ripe for your creative choices.

Now that sounds like fun.

Good. It should be.

Is this the path that Vesta-Helios took to become Solar Lord?

Yes.

And we are the Solar Lord over this planet?

I'm not exactly sure what you're saying there.

Well, I guess the Solar Lord would be—I hesitate to say a being—a force that is trying to balance, control, to use, as in the case of the sun, to bring about something else.

Well, the Solar Lord is embodied by the sun, and all of the planets seen and unseen by you at this point are a part of its service. The planet is a spirit being itself, and it has a very special connection with the Solar Lord. Every planet has a connection like that, and it's sort of like the bride and the bridegroom—a very intimate relationship of choice. So to ask whether the planet has a Solar Lord, it *is* the Solar Lord. It's not different from that Solar Lord, but the planet itself is also a spirit,

and what you might be thinking of when you say that.

Here's another question: As we look up into the sky we are limited by how far we can see with today's technology. Does space expand into infinity? Is there no end to it? What else is out there?

It's more correct to say "the observable universe," because all you can ever know is based on how far you can see. However, your technology is constantly allowing you to see more and more.

Here is the answer to your question: as long as you are looking, there will be more to look at.

So every sun that's out there has a Solar Lord?

Every one? No.

So what are they? Just balls of fire in the sky?

Big bags of gas, just waiting for an absorbed planet's beings to become creators and take it on.

To create new experiments.

Right.

Just as the Solar Lord did.

Right.

So that means there would be three or four hundred million absorbed beings that could become Solar Lords.

Right.

They each can become Solar Lords. Is that what you're saying? Wow. This is a big experiment, isn't it?

But it's a choice—remember that—because there are also other dimensions than this visible spectrum. And an-

Remember that with Ascension you are no longer obligated to form. With Absorption, you are no longer obligated to *anything*.

other choice is just adding to the Great Oneness. That doesn't require "I want to do my own thing."

Will my Higher Self, my higher soul, always have some sort of independent thinking and ability that's unique and different from every Higher Self that's out there? Or am I just absorbed back into Source to become just a part of the whole again, without being an individual with separate capability?

Do you remember who you were twenty years ago?

Sort of. I was different than I am now.

That's what it's like. That past self right here in this life is very different from who you are now, and before that, there are other selves during this life until the time you were just barely thinking. Anytime you need to, you can reach into that self and make it active in order to fulfill a purpose. For instance, pull up a memory, remind yourself what you looked like back then when you were twenty years younger. You just pull it up because you choose to, and when you pull it up, it's all there. So again, that's a yes and no answer. Yes, you do "just" fully absorb. No, who you are right now isn't lost.

If I'm going to be a Creator, if I'm going to have my own sun and planets circling around and I'm creating my own experiments, then where am I pulling all of that information from in order to do that?

You're having trouble seeing that because you're not at that absorbed state where you have access to All That Is. That's where it comes from—the creative breath of Source itself—but because you're sitting here embodied by a personality named Jerry you're not able to move to that place where Ascension has happened, and on beyond Ascension into Absorption. So I can't really answer that.

I don't see how anyone could have fear of dying. I don't see how anyone could have fear of what's next.

They're afraid of losing what they have.

Just like I was talking about before: losing a personality, losing who I am.

That's because it's what you know. "Better the devil you know than the devil you don't"—something like that.

When you're talking about doing this or that as a choice, the only way you can communicate that to us is by using form as an analogy.

Right

But we're not at that point of making choices.

No.

Not in the way we think of as choices.

You are a function of Intention, and as you choose to direct that Intent, it is the equivalent of a choice.

So that's not coming from something we think of as a mind so much.

Not so much.

As we're going to evolve into a being that's able to go into other dimensions, other areas of thinking, and work

out situations outside of this physical body, are we going to be able to do that and then come back in this physical body and have memory of all of this and understand what we've done?

Yes, you will be able to do that outside of your physical self; no, you are not likely to remember it except through your dreams. Your dreams will show you what you've done. The reason that you don't remember it is because there are two ways to travel out of body and most of the time, when people talk about how to travel out of body, they're talking about this first version that involves using the mind. But that's not where I want you to go, although I will make sure that you know how to do that. But where I'm wanting you to go is to leave this physical dimension and move into the spectrum that is still physical but unseen and unknown, for the most part, by your physical self. Because it's still physical, the imprint of the experience is left with you, but it's not translatable by the brain as a memory would be. So where it shows up is in your dreams; you have a real dream: "I went somewhere. I did this. I saw myself!" You're remembering that kind of travel.

Some dreams I have had recently have had certain things in common. There's always a group involved. I'm always somewhere else, traveling or something like that. Is that part of the experience of traveling? You come back with some kind of impression of commonality with each dream, or is each dream going to be different?

Everything is yes and no here today. It depends upon what the purpose of the shift was about. If the purpose of the shift was to serve—your compact is to serve this planet. And let me emphasize that: it is *your* compact. There may be people reading this who aren't Guardians, who don't have that compact, and if that's the case their compact would probably be different. But as your compact is to help the planet and all life force on it reach Sacred Status, *you* will be serving for that process. And you will be serving at times with others who are doing the same thing and in places and with things that are the same because it's another kind of life. It's the idea of a parallel existence, a multiverse, in a sense; that's really right because you are doing *all* of this stuff. But it's not a different universe; it's this one, but it's in a different frequency on the spectrum of form.

As we're absorbed, as we finish with this experiment, and we have the ability to be creators ourselves, as we look out into the universe, there's a lot of stars; there's a lot out there. Will we have the ability to go out and do things in the universe that will bring about changes in the universe?

You will have the ability, but you will also have a choice, and that choice is "Do I want to stay with this universe and the options it provides, or do I want to do something else?"

So is there a limited number of universes out there

that this choice is going to be involved in?

Remember that the universe is a function of form. Without form there is pure being without a stage to act on, so to speak. And there is more than one stage; there are many stages in which to act. It's all choice. But the thing that you have to remember is that choice is very different when you are one with Source than it is when you have a brain and you're sitting in a chair in a living room trying to make it all fit. It's not the same thing. Spirit is a creative function. There is always the *desire* to create, but there is not a *need* to do so.

This is a question I think a lot of us have had. We're limited by our physical minds and ability to think, so what we see out there we make judgments on.

Right.

With the raising of the Dragons over the years, we can't actually see a Dragon coming up. We can't see that great changes have occurred other than maybe chaos in some cases.

And in this case you should be saying, "I can't see a great Dragon coming up" and "I can't see," because some do see them.

Okay. So as changes have occurred because of the raising of the Dragons in different areas, what could you point to and say those are results? You see, there are some changes that we can relate to, but we try to judge things with our physical minds and if it's not obvious, it's like, "Well? So?" and we keep waiting for something big to happen. And I guess the something big we're all waiting for is the big shift so that we can get finished with this.

The thing about the big shift is that this isn't like an explosion. It's steps and steps and steps and steps until suddenly you're at the end of the journey. It's not a mass happening; it's bit by bit.

Evolutionary, not revolutionary.

Yes. Let's think about the Mississippi Dragon. Since the raising of the Mississippi Dragon, what has gone on in your country?

Political turmoil.

Turmoil. All right, you could say that. I would say that there has been a massive awakening to personal empowerment. The old has been kicking and screaming and doing everything it can to hold on and stop the birth of the new. Politically speaking, there are more Americans who are sick and tired of the old than there are who want to keep the status quo, and that is the first time that's been true in more than a hundred years.

There is far more awareness of those Guardian qualities—wanting to help those who are oppressed and feed those who are hungry and provide basic necessities. And that's not only right here in the U.S., but in the whole world. The fact that you see such strong gun lobbies and people wanting more border patrol is because they are feeling

threatened. The way it has always been is starting to crumble, and that is because the Dragon seed, which is a seed of empowered life force, has filtered out and is causing life force to say "I don't have to put up with this." Truth be told, that shows up as chaos most of the time.

Look at what's going on in Egypt right now. Pat yourself on the back and say, "You're welcome." Yes, they are in chaos, but that chaos is "We will no longer be oppressed. We will no longer put up with this kind of violence and ripping away of personal freedoms. We will stand together as a people and be a voice that must be heard." Wow.

The changes from the Yangtze Dragon—that has shown up more in ways that you just can't see because China is very private; they only let information get out that they want to get out. Much of the information that gets out by way of your electronics is quashed. But in fact, China is undergoing a small revolution right now. Very much as in America, there are the very, very rich and the very, very poor, and that has been the case in China for thousands of years, but China has now created a middle class. They are recreating a political system that has them more involved in the world. China is going through great changes in many, many ways.

Every place a Dragon has been raised, change is going on, but the key to the change is the empowerment of individuals learning to work together with one voice to bring about that change. It's really beautiful, beautiful. So pat yourself on the back and say "You're welcome."

Thank you for that explanation.

You're very welcome. We need to do this more often, as you always have the most interesting questions.



Lea Schultz



Samuel is pure, unlimited energy, an intelligence that has communicated through Lea Schultz since 1984 in a process he calls transformational channeling—working in the energy of those in his presence to assist them in their spiritual development.

Samuel's 2014 Guardianship Program

From the first program to the present, Samuel's Guardianship Program has been changing lives by helping Guardians become their best inside and out. Samuel's 2014 update is still in the works, but we can guarantee that it will be exactly what you need to function at your best in this time of Transfiguration. Don't miss out on this special opportunity to take the fast track to spiritual growth and positive world change!

DATE: January 12—March 9 (9 weeks)

The program will meet on Sunday nights except for February 2 and March 2, which are first Sundays with Samuel. In those two instances, the program meetings will take place on Mondays, February 3 and March 3, ten minutes after the completion of Toning (at approximately 7:20).

TIME: 5:00 p.m.—6:30 p.m.

LOCATION: Phoenix Institute building (655 Lima Drive)

FEE: \$15 with preregistration; \$20 at the door.
Cash or check accepted. Please make checks payable to Phoenix Institute, Inc.

To preregister, please complete the information below:

Name: _____

E-mail address: _____

Best way to reach you by phone: _____

Mail preregistration to:

Phoenix Institute, Registrar, PO Box 12963, Lexington, KY 40583

Samuel

r e s p o n d s . . .

How is the evolution of the sun, in which Vesta-Helios is shifting away from being the Solar Lord, affecting our planet right now, and more specifically, how and to what extent is the Guardians' process of Transfiguration affected by this solar evolution?

This question isn't being asked right. I think what is meant is, "With the energy releases from Vesta-Helios bringing about energetic fluctuations to the planet which have had an effect on life force, how have those emanations affected the Transfiguration process?" I think that's what is being asked there.

And the answer to that is, very little, because those emanations have been much more about the planet itself being changed, and life force as a whole changing. But the greatest effect on the Transfigurative process going on in Guardians isn't from Vesta-Helios. It's from beyond that.

In the last Atlanta Lifescapes, it was mentioned that, as we clear our pineal gland, the natural chemical DMT will be-

come available within our physical bodies, balancing the hormones throughout our systems.

That's not quite right. You already have DMT. You will have far more. And the DMT doesn't balance the hormones. The pineal balances them through its connection to the pituitary.

Also, you mentioned several times throughout the summer Lifescapes series that we need to continue clearing our pineals because they can become "clouded" or "crystallized" again. What effects might we see when our hormones become balanced, and how might that affect anyone who is consistently clearing their pineal gland?

From the corrections I've made to the question, you can see it's not easy to answer it as is asked. When your hormones are balanced because of the pineal-pituitary connection, then you are safe in your skin, so to speak; you are comfortable in your body; it's functioning as it should be depending on your blueprint.

You Are Invited to Phoenix Institute's December Events



Samuel's Festival of Light Celebration

December 22, 2013
7:30 p.m.

This special night, led by Samuel, is a celebration of Light—both that light which is in the world and that Light which is the power within ourselves.

For each event, please bring a savory or sweet vegan dish to share at the potluck afterward. Please bring it in your own serving dish along with a list of its ingredients.

A Unique New Year's Eve

December 31, 2013
11:00 p.m. (Doors open at 10:30 p.m.)
Fee: \$10

Experience ringing in the new year with power during Samuel's ritual and then celebrate with friends, old and new, afterward at this very special New Year's Eve gala.

For more information, please call 859-231-8449.
655 Lima Drive, Lexington, KY

There are other factors that come into play: the quality of your hormones is due to many factors.

Age.

Yes, and organic health, and so forth. Clearing the pineal opens you to higher-frequency light. What I mean by that is this: Let's pretend that a photon is a drop of water, all right? I can shift away half of it, and there's still some left, right? That's how your pineal absorbs light. When the pineal is occluded, there's not much that can get through, but it does get a bit of that light through. When your pineal is clear, you get effectually a blast of light, and that continues until you are occluded enough again that you don't respond to that anymore.

The problem is that your society is pretty much built around things that destroy the pineal function. Even the air you breathe has an effect on slowing down that function. You can be clear, but the process of slowly getting occluded again starts right away. That's why the more you can do to stay away from the things that you know occlude it, the slower that destructive process will be and the longer the time before you have to be fully cleared again. That means a longer time during which you will be experiencing the fullness of the pineal gland—vivid, active dreaming; your spirit self clearly connected; a greater ability to move out of this dimensional reality, among other things, because you have a greater ability to move out of your mind.

Remember that LSD provides powerful experiences of the unseen becoming seen. It takes away your firm conviction that what you see is what there is, and as a result of that you see more. A clear pineal releases that kind of chemical—DMT—naturally that humans have turned to plants or chemicals for. You will be naturally high, hyper-aware, and your physical world limitations, while not fully gone, are understood in an extremely different way.

You've given several different ways of clearing the pineal. Is there one way that's more effective than another, or does it depend on a range of different techniques? We want the quick fix.

Well, unfortunately most people are not capable of the quick fix. It's like being able to go into a room and know it is smudged. Most people still need the water or the salt or the incense. There comes a point where you can claim it is cleared and it is.

Clearing the pineal isn't that difficult. Keeping it clear is. You can clear it by sound. You can clear it with light. You can clear it by clearing the physical body of things that obstruct it. All of the above have a place. Is there any one method better than another? Yes. Reach that place where you can clear it by Intent. Of course, you'll be Ascended by then.

Why have you stopped talking about Cygnus, and is there a relevance to Guardians' current evolution that would bring you to talk about it again?

There's not a lot to say except that this energy is still coming through. With everything that's been going on, people have tended to have other things to focus on, but ask me a few good questions about that energy and maybe more will come out than "It's still coming!"

At the Retreat, you talked about torsion waves (two waves coming together and creating a third, completely new thing). This being a process of creation, how do torsion waves relate to the rituals we do with you?

You tell me. I'll give you a hint: the highest frequency of the human self combined with spirit functioning with the same intent coming together . . .

. . . for creative purposes with an intent.

Right. The highest frequency combined with all of those callings come together, and that creates the torsion. The coming together establishes a point of power. And that place of power is where the work happens.

You talked about how this year it would become more obvious that all of us on the planet need to take better care of the planet—its environmental aspects, the animals, and so on. To what extent do you see this kind of awareness opening up in humanity in general? How are we helping and how can we help in a more effective way?

I think one very obvious thing is that you've got more scientists coming out saying, "You know, we kind of thought there wasn't climate change, but we cannot say that any more. There really is change going on, and darn, it really does appear to be related to carbon emissions." (Yes, it is true that every age has had a version of carbon emissions, be it the death of the dinosaurs, or volcanic or whatever.) I think the fact that your earth is in such upheaval that even the naysayers are having to say, "Well, there is something going on, isn't there?" says an awful lot.

You have had so many earth changes that you are becoming numb to them. It's not *huge* news now that a mud slide just killed three thousand people or that an earthquake in an area that is on a fault but never had an earthquake just had a 6.6. You're getting used to it. The frequency of the planet is in greater flux than it ever has been.

Because of the energy coming from the sun or because of the motion within the earth?

All of the above. The planet is a living being and it changes, but now that humanity has built structures all over a constantly changing landscape, it creates destruction that seems to be having a greater effect than it had before. On the other hand, there are more—fill in the blank here—earthquakes, hurricanes, tropical storms, more snow, more rain, more desertification. Everything is enhanced and everything is accelerating.

So how can we help more effectively?

Well, I don't know why more people aren't doing gold cord work with the planet itself. You know how effective it is, so why not? Additionally, when you are really grounded and you're walking on the planet, you're giving it energy instead of taking energy from it.

Planting and caring for those plants helps the atmosphere; it also helps the ground. I don't know that there's anything new I could say about things you can do, because you *know* things you can do. Stop doing things that hurt it and do more of the things that help it.

If one is regularly practicing the DNA exercises, when can one move to more complex manifestations than pennies and paperclips?

When you are consistent with pennies and paperclips, you are ready to move to the next step.



SUNDAY NIGHT TIMES ARE CHANGING!

As Bob Dylan sang, "The times, they are a-changin'," and we're pretty excited that the scheduled times of Phoenix's Sunday night programs are undergoing a very big change! We're moving the starting time for ALL Sunday programs to 5:00 p.m. EST beginning January 1, 2014. (Toning will begin five minutes after the program ends on non-first-Sunday night meetings). If you participate in the first-Sunday meeting with Samuel by way of the live webcast on DiscoverSamuel.com, it will now begin at 5:15 p.m.

We've been looking for a way to make our programs more accessible and have determined that by starting our meetings at 5:00 p.m. we will be able to serve people more easily. So please make a note: Phoenix Institute's Sunday night meetings will begin at 5:00 p.m. EST (live webcast at 5:15 p.m.) starting January 1, and Toning will begin five minutes after the meeting is over on non-first-Sunday meetings.

We hope this change makes your Sundays a little easier! Once you've had a chance to live with the change for a few months, we'd appreciate your comments because we'll be monitoring responses to see how it's working out.

Tune up your Body! Wisdom from the Yogis

a Greenhouse Event with Chris Walling
hosted by Phoenix Institute

Saturday, March 22, 2014
1:00–3:00 p.m.
(Includes 10-minute break with beverages)
Registration at the door

This afternoon of Applied Yoga Therapy is intended to offer participants a brief introduction to Yoga Tune Up® techniques in this exciting experiential Greenhouse. Chris Walling, a certified yoga instructor and Yoga Therapist, will help participants explore the application of Yoga Tune Up® techniques to:

- ◆ Keep the body hydrated, flexible, and strong for years to come;
- ◆ Explore exciting clinically proven yoga sets that help improve memory and cognition;
- ◆ Enable the pineal gland and the endocrine system to be healthy, happy, and whole!

Please bring a yoga mat, a blanket, and yoga blocks & straps (if you have them).

Phoenix Institute • 655 Lima Drive



Transforming Relationships

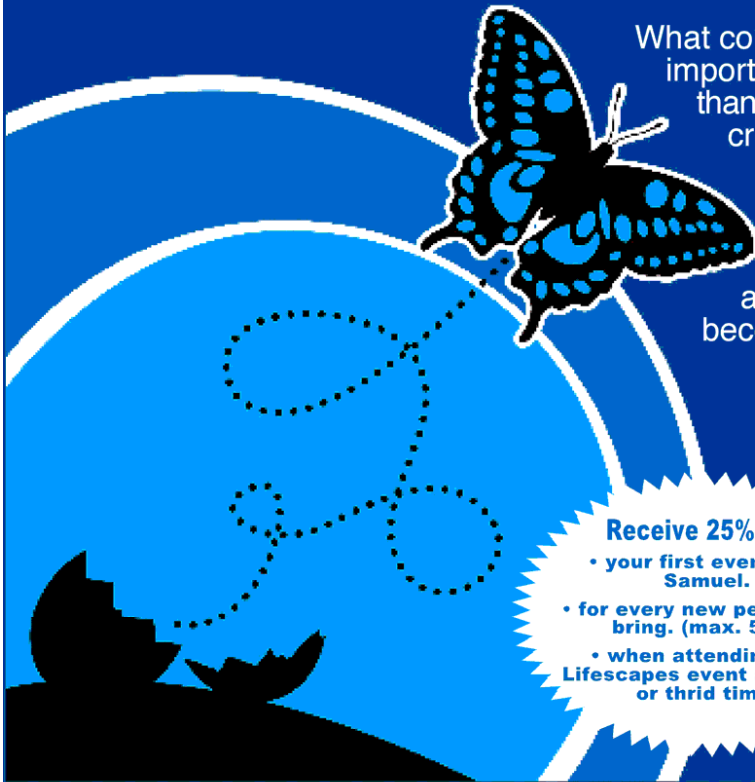
"Give yourself the gift of learning how to transform difficult relationships—and all relationships—into healthier, happier ones. Come to learn more about yourself and benefit from the self confidence that brings."

Samuel

Our relationships are not only a reflection of ourselves, but also our vehicle for serving this world; in fact, Samuel says our relationships "are the means by which this planet will reach Sacred Status."

During this Lifescapes Samuel wants to help us:

- understand the power that comes from great relationships;
- see the difficulties Guardians often experience when connecting with other people; and,
- recognize the types of relationships a Transfigured Being can experience.



What could be more important right now than learning how to create relationships that reflect the best of who you are and who you are becoming?

Receive 25% OFF

- your first event with Samuel.
- for every new person you bring. (max. 50%)
- when attending this Lifescapes event a second or third time!

Atlanta Jan. 25

Residence Inn Atlanta Kennesaw/Town Ctr.
3443 Busbee Dr. NW
I-75, Exit 271, Chastain Rd.
East one light, turn left on Busbee Dr. NW
859-233-3577
Directions and Register at:
www.DiscoverSamuel.com

Pittsburgh Feb. 15

NEW LOCATION!

Pittsburgh Airport Marriott
777 Aten Rd.
I-376, Exit # 58—Montour Run Rd.
412-561-2861
Directions and Register at:
www.DiscoverSamuel.com

Lexington Feb. 22

Phoenix Institute
655 Lima Dr.
Off Georgetown St. just inside
New Circle Rd.
859-231-8449
Breakfast at 8:30 A.M. \$5.00
The Resource Center opens at 9:00 A.M.

EVENTS ARE:

\$69, or **\$59** in advance **9:30 A.M. — 1 P.M.**
(See registration form for details.)

Preregister for Atlanta or Pittsburgh events at DiscoverSamuel.com or by mail.

Preregister for Lexington event by mail only.

Please check the amount you're paying:

- I am paying \$59.
 This is my first event with Samuel and I'm paying only \$44.25!
 I am bringing: 1 new person and paying \$44.25!
 2 or more new people and paying \$29.50!

Please check your method of payment for the event you wish to attend:

- Atlanta Check MC VISA Discover AMEX
 Lexington Check MC VISA Discover
 Pittsburgh Check MC VISA Discover AMEX

Card # _____ Exp. ___/___

Signature _____

Name _____

Address _____

City/State/Zip _____ / ____ / ____

Phone (h) (____) _____ Phone (w) (____) _____

Pittsburgh Event

To preregister by mail, send this completed form with your credit card informaton, check, or money order payable to EarthLight to:
EarthLight, P.O. Box 835, Lexington, KY 40588

Lexington Event

Lexington registrations must be received 24 hours before the event to qualify for preregistration discount.

To preregister, send this completed form with your credit card informaton, check, or money order payable to Phoenix Institute to:
Phoenix Institute, Inc., Registrar, P.O. Box 12963, Lexington, KY 40583



PHOENIX INSTITUTE PITTSBURGH

Phoenix Institute/Pittsburgh, Inc. (PIPI) presents

The Guardianship Program

From the first program to the present, Samuel's Guardianship Program has been changing lives by helping Guardians become their best inside and out.

Samuel's 2014 update is still in the works, but we can guarantee that it will be exactly what you need to function at your best in this time of Transfiguration. Don't miss out on this special opportunity to take the fast track to spiritual growth and positive world change!

9 Weeks for \$25*

**Mondays, Jan. 13 – March 10
Starts 10 minutes after Toning,
which begins at 6:30 P.M.**

Nuin Center, 5655 Bryant St., Pgh.

***Preregister by January 6, \$25
From January 7-13, \$30**

This program requires a commitment and will be closed after January 13 to those who are not registered participants.

For more information please call
412-422-5500.

Meetings are at 6:30 p.m. at the Nuin Center,
5655 Bryant Street, Pittsburgh,
unless otherwise noted.

- JAN**
- 6 7:00 p.m. Toning, followed by a discussion of Samuel's January first-Sunday meeting; Prosperity Table
 - 13 6:30 p.m. Toning, followed by the opening night of The Guardianship Program
 - 20 6:30 p.m. Toning, followed by The Guardianship Program
 - 27 6:30 p.m. Toning, followed by The Guardianship Program

- FEB**
- 1 9:15 a.m. Toning, followed by a celebration of Imbolc at 10:00 a.m., location TBD
 - 3 6:30 p.m. Toning, followed by The Guardianship Program; Prosperity Table
 - 10 6:30 p.m. Toning, followed by The Guardianship Program
 - 15 **Samuel's Pittsburgh Lifescapes Event**, 9:30 – 1:00, Pittsburgh Airport Marriott, 777 Aten Rd. (**NEW LOCATION**), 412-561-2861; followed by lunch at Papaya, 210 McHolme Dr., Pittsburgh, 412-494-3366
 - 17 6:30 p.m. Toning, followed by The Guardianship Program
 - 24 6:30 p.m. Toning, followed by The Guardianship Program

- MAR**
- 3 6:30 p.m. Toning, followed by The Guardianship Program; Prosperity Table
 - 10 6:30 p.m. Toning, followed by closing night of The Guardianship Program
 - 17 7:00 p.m. Toning, followed by a celebration of the Vernal Equinox
 - 24 7:00 p.m. Toning, followed by a discussion of Samuel's March first-Sunday meeting
 - 31 7:00 p.m. Toning, followed by a Healthy Living Program featuring "Creativity"

TONING

Toning usually lasts about 50 minutes, but depends on the size of the group. We Tone:

- Most Mondays at 6:30 p.m. unless otherwise noted, prior to the meeting at the Nuin Center
- Every Thursday at 7:00 p.m. at the Nuin Center
- Most Saturdays Toning will be held at 9:15 a.m. at the Nuin Center.

The time and location of Saturday Toning changes generally once a month. Check the PIPI hotline (412-422-5500) for the current time and place.



Phoenix Institute's 2014 Gathering of the Tribe with Samuel

March 27-30
Boone Tavern Hotel
\$235

(\$265 after February 27)
Price does not include lodging.

Imagine...

- ♥ the **anticipation** of coming together as ONE to learn more from Samuel
- ♥ the **joy** of seeing friends once again in a lovely, inviting, and cozy setting
- ♥ the **fun** and **laughter** of getting together and sharing stories and ideas
- ♥ the **love** generated when all of us come together and open our hearts

ACCOMMODATIONS:

The cost of lodging is NOT included. Make your discounted reservation online at www.boonetavernhotel.com using Group I.D. number 68803, or call Boone Tavern Hotel at 1-800-366-9358. Let them know that you are attending Phoenix Institute's Retreat to receive our discounted rate. The reserved block of rooms will be opened to the public on 2/26/2014. Space is limited, so make your reservation today!

FOOD:

Meals are NOT included in the registration cost. There will be limited vegan options offered by the hotel and other local restaurants. (For more information about local offerings, check with the front desk at check-in.)

PLEASE BRING something to give away that represents you.

TO REGISTER: Mail your registration and check or credit card information to **Phoenix Institute, Registrar, PO Box 12963, Lexington, KY, 40583**. Partial and early payments will be accepted; however, in order to qualify for a pre-registration discount, you must have paid in full by February 27. **The Early Bird Retreat price is \$235. The price is \$265 after February 27, 2013.**

Name: _____
Address: _____
City/State/Zip: _____
Phone: (h) _____ (c) _____
e-mail: _____

Please check your method of payment: Check _____ Credit Card _____
Card Type: VISA _____ MC _____ Discover _____
Card #: _____ exp: ____ / ____
Signature: _____

All future communications regarding the Retreat will be by email unless you clearly request otherwise.

Discounts & Cancellations: To receive a \$30 discount for early registration, your entire payment must be received by February 27. If you must cancel your registration, please inform the registrar by leaving a message at (859) 231-8449. Your cancellation will be considered received as of the date of your phone call. A minimum fee of \$15 will be retained by Phoenix Institute for all Retreat cancellations (see the following regarding additional fees). You will not receive any refund for a cancellation if you don't notify PI of your cancellation by 11:59 p.m. (ET) the day before the Retreat, or if you are a no show at the Retreat. If you cancel within four days of the Retreat (beginning at 12:01 a.m. (ET) the Sunday before the Retreat through 11:59 p.m. the Wednesday before the Retreat), you will lose 25% of your registration fee. Cancellation any other time after registration will impose a \$15 penalty.

Samuel has been talking to us about ego for years. One of the reasons ego exists, he says, is to keep us safe in our form. Sometimes ego, in its effort to keep me safe, has actually assisted me in the creation of chaos, fear, and occasional stupid human behaviors in my life. Sort of occasional. Okay, not that occasional. I could give examples but there are so many that you will have to buy the book. Sorry. At times, I have allowed ego to rule me instead of me ruling it. I have managed to train ego that not every situation is life-threatening, and it has settled down a lot, but apparently not enough.

Lately Samuel has ramped up the volume regarding ego and how it affects our ability to function in wholeness and unity, and how *that* affects our work towards completing Sacred Status. Guardians returned from the Nevis trip full of stories about ego and why it needs to be dealt with. It occurred to me that ego, designed to keep us safe in our form, does not like this transfiguration thing that is occurring within us. All this working-in-unity-and-wholeness stuff makes it want to save us from ourselves in some misguided way. It sounded like it was time to deal with this once and for all, so I took an honest look at my life and didn't like what I saw.

Confession time: I had a rude awakening this past week at work. I recently moved back to Atlanta after living in Syracuse, New York, for thirteen years. Twelve of those thirteen years were spent working at Syracuse University, where I had a position of authority in the math department. When I left Syracuse I told myself that I wanted to simplify my life and not be the boss of anything, and so it happened. I now work at another university managing federal and private sector grants in an office where I am not the boss of anything except my time. I am a pretty observant person, and within three days two things were very clear: the department I worked in was absolutely dysfunctional, and there was a reason there were a lot of audits occurring. What was my response? I am sorry to say I fell into a comparative-judgment state of mind—Syracuse did it better than here—and I listened to all the gossip, found out what was causing the dysfunction, and then started being ungrateful

Pat
O'Malley

that I worked there. Sigh. There it is, folks, in all its naked truth. I spent two weeks moaning and resisting and feeling miserable and engaged in a lot of 'whine' tasting. Then something happened: Guardians began returning from the trip full of stories about ego and why it needed to be dealt with.

I know Samuel uses the crumpled paper visual to represent time and space, but it was easier for me to visualize myself getting out of the time/space mass hypnosis trap by getting into my own personal traffic helicopter to rise above the unhappy standstill I had come to in my first month in Atlanta. From this perspective I was saddened to see that I had been throwing a private pity party about my circumstances. Well, not so private since I had been whining to friends. From my higher perspective it was obvious that my ego was driving the bus instead of my Higher Self. So I sent ego on vacation, then got my merged-with-wholeness self back in the driver's seat. That's when a funny thing happened. The next day I marched into work, put on some soothing music as I sat down, greeted everyone with a smile, sent them love, and concentrated with gratefulness on the job I had instead of plotting to get a new job. My third week was absolutely different than the first two. Talk about self-sabotage! Talk about abdicating my "guiding and guarding life force" energy for two weeks. Yikes!

The good news is that we all have an ego, and at least we won't be alone in our quest to put it in its place. If ego's job is to keep us safe in form then it will try its hardest to remind us constantly that this transfiguration thing was not in the original travel plan. But Samuel said at a recent Lifescapes event that he needed us to be on to ourselves and our patterns so that we didn't sabotage our own processes of growth and change. He said the more whole we are, the more stable we and thus our wholeness become, which is the next phase of re-patterning. So, I have given ego a talking-to. I told ego that my internal GPS has been upgraded with the latest Sourceware, and we are moving to plan B. Wholeness and the ability to work in unity are on the agenda for completion of Sacred Status. It's no longer about me; it's about Guardians together making change in the world. PR

Schedule of Events

You are invited to Phoenix Institute/Atlanta's weekly programs. Dates and programs are subject to change.

Tonings—Mondays, 7:00 p.m.

Weekly Programs—immediately following Toning

Programs vary from month to month, but a regular feature is the discussion of Samuel's first-Sunday message and the Fourth Monday discussion—an opportunity to share the enduring power of the gifts from The Guardianship Program.

If you would like more information about Phoenix South, please e-mail PhoenixSouth@comcast.net.

**Atlanta's next Lifescapes Event
with Samuel is Sat., January 25.**

