



PHOENIX RISING

A free quarterly newsletter from Phoenix Institute

Summer 2012

An Interview with *Samuel* channeled by Lea Schultz

Questions for this interview were submitted by Jeanean Jacobs, who joined the editors for this interview.

If there is such a thing as a “code of creation,” what might it be?

There are certain things that are in common with first, the way this universe works; second, with the way life force as a whole works; third, with the way humankind works—all as parts of a reflection of the greater whole. By looking at the patterns that can be found in the universe, as well as looking for them in the smallest aspect of humanity, you’re going to start recognizing that there is a plan there. And because everything tends to be mathematical, I would even go with that idea that it is a code—not a code that is meant to keep things secret, but a code that, unless someone is actually looking for it, is not going to be found.

So, instead of referring to a “code of creation,” I would say instead “patterns of power.”

The number three plays such an important part in most cultures around the world. It comes up in everything from religion and mythology to neurophysiology and quantum physics. For example, triunes like creator, sustainer, destroyer; the three Borromean rings; the triple goddess; as it has always been, is now, and will forever be; think it, hear it, say it. So why do these trines show up in human consciousness in various cultures around the world? And how would trine energy be associated with those patterns of power?

Three is a number of power. It’s a number of form because your first connection into a created space happens with the number three. You have a singularity which shifts to a duality, and at three you have a triangle . . .

Which stabilizes.

Yes, it does, for all further geometric progression. Three has more to do with the space than the boundary. Do you

understand that?—because that’s an important point. This glass full of vinegar water that I’m holding here, that is important; it provides a means to be able to ingest what’s inside it. The space *inside* is where the power is.

You’ve got negative, positive and torsion—one, two, three. Torsion is the third. With those three aspects of energy, you have the foundation for all things created. You have the means for continuing creation. You have the access to what that creation can give insofar as its function. Three as a representation of Source is a reflection of Source thought.

Thought is not something we attribute to Source. It’s a human kind of thing. Is there a better description?

Well, of course, I’m trying to talk to humans about something that isn’t human, and so everything becomes metaphor. It’s *like* this and *like* that. Ultimately, it’s a *conscious intention*, which in relation to Source isn’t an actual thought, but as a human you think of intention as thought. “Release” also works, because that’s really the process, but I cannot speak of the concept of Source without using human language.

Three as a representation of the human self shows up how? Body, mind, spirit is the easiest representation. Physical, emotional, mental.

Id, ego, superego.

All of those are very workable.

I’m about to say something that is going to sound rather strange. Don’t think about it too much. Life force at its upper reaches is another version of the function of Source. Guardians, however, do not have the same triunity that humans do. A Guardian’s triune power is Ellic force, Group of Twelve, Entity—that’s capital-E Entity.

Primary Entity?

Primary Entity works. Good. As opposed to the entity that . . .

. . . puts out projections.

Yes. Essentially what that shows is that

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you have the triunity of Source, the triunity of Guardianship and the triunity of life force at the higher reaches of humanity, which creates a triune, doesn't it? And what do you think that triune is? It's the triunity of the sacred Plan for the planet.

Now the key to any triunity is balance, be that a triunity of Source, or a triunity of a Guardian, or a triunity of three people—Guardian or not—doing a working together. The key is balance.

Intent for a short-term function of manifestation can allow for a temporary access to greater power, but generally the key is always balance, working absolutely in balance, not seeking those energy spikes by keeping energy balanced.

Depending upon what kind of end-product is being discussed, what Intent means and what manifestation means depends upon the function of that triune. The function of every triune is different, so depending on which triune is being discussed the meaning of its Intent and manifestation will be different. Source "Intent" is very different from even a Guardian's Intent.

At what stage does the "hybrid," which the Guardianship is transforming into, fit into the code of creation? Specifically in terms of Creator (that which is), Patterner (that which becomes), and Object (that which remains)?

Remembering that this new creation—the key word is *new*—is not yet fully understood, I can make some really good guesses, but they're guesses. Having said that, ultimately, at the completion of the process, this new being is going to be a singularity. But until then it's a triunity.

"It" being?

The new being. This fusion process of human and spirit—the process and its conclusion.

As a triunity, the human self is being taken over, and so there isn't balance, and balance is vital in triunities. On the other hand, it's a creation process, and every creation process involves the duality of push and pull, and making and

destroying.

As a creation process of Source, what is the first release?

All That Is.

Ellic Force, which is All That Is. It is the second release, which is . . .

Intent, Thought, Word and Deed.

Got it! It is function, which shows up through Intent, Thought, Word and Deed. So you have Ellic energy with function, and then you've got an object for that function.

When you have a function, what is required next? To choose. You have release, function, and choice, and that is the creation of your universe. And the creation of your day.

With this new being, the new self would be which one of those three?

Well, it's sort of all of them.

It is. And that's what makes it so amazing, so different. It's moving out of singularity to duality, to the triune, back to singularity—way before Ascension.

How can that happen? The release is not the new being, although the new being is obviously a release. The function is not the new being, although obviously the new being has function. The—I'm going to throw a new word in here—*purpose* should determine the choice, right? And as an aside, where humans get into trouble all the time is that they don't have purpose behind their choices. So the purpose becomes perhaps the foundation that choice sits on. So those would go together.

Remember that I've said it's not the boundaries that make it work, it's the space inside, it's what it's filled with. So what it's filled with becomes the ultimate object, that new being.

How does the hybrid affect the torsion wave cycle of re-creation?

Frankly, that will be seen because the hybrid—this new being—is the torsion wave. The triunity here is the human shell and the Guardian function coming together to create something new. So that

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Phoenix Rising

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Manuscripts and correspondence are welcome. Send to the editors at

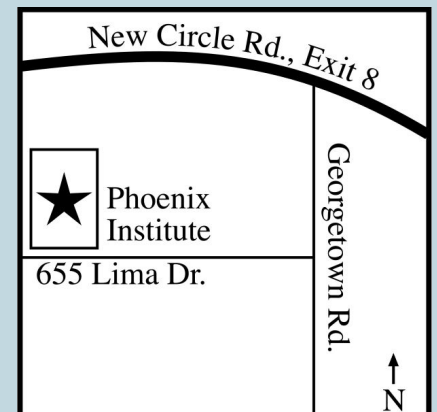
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Lexington, KY 40583
or e-mail to

PhoenixNewsletter@windstream.net

Deadlines:

Copy — August 12

Ad reservations — August 19



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CALENDAR

Meetings are at 7:30 p.m. at Phoenix Institute unless noted otherwise.

Dates and programs are subject to change.

JULY

- 1 Samuel's first-Sunday meeting and live webcast at www.DiscoverSamuel.com**
- 8 Discussion of Samuel's July 1 message
- 15 Discussion of Samuel's interview in the Summer 2012 issue of *Phoenix Rising*
- 22 Play Night
Come to a night of relaxing fun playing board games with your fellow Guardians
- 28 Samuel's Atlanta Lifescapes Event**
9:30 a.m.–1:00 p.m. (see ad p. 8)
- 29 CommUnity Vegan Potluck and Lughnassadh Teaching
A feast of unity and community; please bring a vegan dish and list of ingredients to share.

AUG

- 5 Samuel's first-Sunday meeting and live webcast at www.DiscoverSamuel.com**
- 11 Samuel's Pittsburgh Lifescapes Event**
9:30 a.m.–1:00 p.m. (see ad p. 8)
- 12 Discussion of Samuel's August 5 message
- 19 Everything Matters
Learn how to consciously create your best through your intent, thought, word and deed
- 25 Samuel's Lexington Lifescapes Event**
9:30 a.m.–1:00 p.m. (see ad p. 8)
A vegan breakfast is available 8:30 – 9:25 a.m. Cost is \$5, or \$2 for beverages only.
- 26 Discussion of August 25 Lifescapes Event

SEP

- 2 Samuel's first-Sunday meeting and live webcast (at www.DiscoverSamuel.com)**
- 9 Discussion of Samuel's Sept. 2 message
- 16 Samuel's first-Sunday meeting for October) and live webcast (at www.DiscoverSamuel.com)**
- 23 CommUnity Vegan Potluck and Fall Equinox Celebration
A feast of unity and community; please bring a vegan dish and list of ingredients to share.
- 30 Discussion of Samuel's Sept. 16 message

TONING

- Phoenix offers four toning practices weekly:
- Before Sunday meetings, 6:30 p.m. except Sundays with Samuel
 - Mondays and Thursdays, 6:30 p.m.
 - Wednesdays, 9:30 a.m. at 147 Kentucky Ave. Please call 859-231-8449 to confirm location.

new thing is that torsion. Think of the double wake of a boat, the human self—one wake—and the Guardian function—the other wake—combine to make the torsion, the energy created out of it.

So the next question should be, Why did this new being never happen before now?

I think there probably wasn't the need, and the Guardianship could not call Shining Energy on their own. That ability to call Shining Energy is what triggered this part of the wave.

Right. You've got the human, you've got the Guardian, and you've got this new energy coming through being able to change things because there is, as never before, receptive energy for it—*like* energy, or like enough.

So here is what you have: [Samuel makes a triangle out of his index fingers and thumbs] you have the human construct, the Guardian function, and stimulation of the energy—Gamma energy is what it is—coming through. And here is the new being, and here is the torsion, what's inside. Now they work together. Do you see that? Two rocks in the pond create a different pattern. That's the torsion. All that torsion is, is a twist, but the fact that energy does makes the difference.

So you have energy moving in a straight line and energy that is intermittent. If that's all there was, there would be nothing happening. It's that the energy twists that allows it to move. Now, relate the new creation to that, because I said that the new creation is the torsion. This twist, this new pattern, is going to be the foundation of either a new species or certainly a new awakening. I definitely see a new awakening. I'm not sure about the new species; it just isn't necessary now, but that's how it was done before.

How does some of the Guardianship becoming "Source Creators" after this experiment fit into the code-of-creation cycle?

Source, creation, created, returns to Source to establish a creation that is then Creator. I'm trying to think if I can come up with a good metaphor. Do you remember a really nasty childhood drink called Kool-Aid? What happened if you spilled it on your shirt?

It was there forever. It never went away.

It became a part of the shirt, right? And if you were going to wear that shirt again, you either had to make the whole thing pink or purple or whatever it was to cover it up somehow, or you might just put up with it. That's the way it is. The universe is like a drink of Kool-Aid. Source took a drink of Kool-Aid and in doing so spilled a few drops. And those drops were a mixture of both Source—when you drink it, it's a piece of you—and the Kool-Aid. And that combination forever marks anything it touches. You cannot separate the two ever. Those Guardians that have recognized their Shining Selves and who are capable of functioning at the highest level are simply moving the process backwards—from shirt to Kool-Aid and

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Source. So eliminating the shirt leaves Source and Kool-Aid. Eliminating the Kool-Aid leaves what?

Source residue.

What is the nature of Source. What does Source do?

Create.

So there is no other possibility than for that reunion to result in that process starting again.

We sometimes say that Source's out-breath created.

Yes.

And when what was created returns, it's like Source's in-breath.

What throws people off when I have described it that way is that they're relating it so much to their human selves that they cannot imagine how those selves, with all of their flaws, could ever possibly be Source.

[Paula] But it's no different than the entity putting out projections and experiencing in form, and then pulling those projections back in and making a greater whole, because you have the addition of the experience in form.

Exactly. That's much better than the Kool-Aid illustration, much better. The problem is, people aren't thinking in terms of entity, but of "who I am right now," and you have to move away from that or it's not going to work. When do you stop being you?

When you're not in form.

True. When you become a new being, this new thing. When would you stop becoming you?

When you are more spirit than human.

Yes. I believe that that new self will understand the patterns naturally, because it is the perfect amalgam, the perfect combination—not equal mind you—but the perfect combination of humanity and spirit.

Is this going to bypass mass consciousness?

Yes.

So mass consciousness has nothing to do with this.

Not a thing.

This is the Guardianship accelerating the in-breath.

Exactly so. However, that *will* have an effect on mass consciousness. It has to. What kind of effect? I don't know, because in the past it has been both that which brought about evolutionary revolution and that which ultimately ended in destruction. But this is coming from a very different direction. What will mass consciousness do with that? At the Retreat, what did I say they usually do with Avatars? Kill them, or worship them and still kill them.

So it's moved out of the pattern of laying down energy that mass consciousness will follow.

Such as through the Grid. Yes. The energy coming through comes in bursts that, as far as the earth is concerned, are very far apart. The fact that humanity is where it is now, and Guardians—although not all Guardians—are where they are now allows that energy to be useful, to be received. But upon being received, the energy has started mutating its

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hosts. The mutation is this new being. It is a great awakening, and humanity as the microcosm will have a similar awakening. But what's that going to look like? Kill you or keep you—always the choice.

In one of the recent Atlanta Lifescapes, you discussed how Guardians have unique clusters of activated, latent code and slightly larger pineal and amygdala glands, which put off slightly different chemicals that produce hyper-intent and hyper-focus. How do we maximize our unique gene clusters to focus our multidimensionality into usable focused intent?

You stated that very well. That's a tough question to ask and you did that well. Well, you will also remember that in Atlanta I refused to talk further about it. But what you're asking is not for details of that process, but what can be done to best use that.

Two things: the exercises that I have given, should be done with a positive, happy attitude, because your genetic structure responds—opens up—with positive force and closes down—stops broadcasting—with negative force. So a positive, happy, laughing, joy-filled frame of mind is going to be the most effective.

The second thing is to combine it with the 528-hertz work, because that frequency stimulates the whole process. I have not, at this point, said to use 528 hertz for each exercise, so please don't do that *now*; a **next page**

whole lot of people don't have even the first three exercises particularly stable yet.

So doing the exercises with a positive frame of mind, and using the sound with the exercises is going to have an effect.

Now, unconditional love is a part of your design. Where does that unconditional love come from? Your Source connection. Unconditional love activates your soul. Remember that soul is what I refer to as the link within the body. Guess where that link is? It's in that space—the black hole—between the pineal and pituitary. Where is the amygdala?

It's in the old part of your brain.

In relation to the pineal and pituitary.

It forms a triangle with the pituitary and the pineal.

And is below and sort of to the side. Functioning in unconditional love empowers the genetic output, strengthening the form, but moving by far beyond form. Strengthening the form is a physical effect, but your genetic information is not limited by dimensional energy. So ideally you can open your pathway into your multidimensionality by sending your consciousness through that output. How would you do that?

By utilizing the 528 frequency as a portal when you have focused intent in unconditional love.

Yes! It actually doesn't have to do with 528. Five-twenty eight is a form-related thing.

Could you use the fifth step?

Actually what you'd use is your Group of Twelve. And the way that you use the Group of Twelve comes at that point in which you are capable of communicating with them, whether you know what they are or who they are or not, but you have that access.

What's the easiest way to gain access to your Group of Twelve?

The Star Weaving probably does more to create an energy that acknowledges where you are in that group than anything else you do. Star Weaving is mainly a group of "I AM" statements, and they progressively raise your frequency with each statement. If you are doing a good job with the visualization, you are amplifying it. When you combine the Star Weaving with the intent to connect with those that are a part of your Group of Twelve, you are essentially broadcasting.

Even if some of that group are not in form?

Even if some of that group are not in form, and even if that group is only partially recognized. The connection is there whether the brain gets it or not. It's there whether you currently access it or not.

With the Star Weaving, you've broadcast. Now you need to determine a purpose or a place. [To Jeannean] *Your* Group of Twelve isn't much in this dimension anyway. But to access your Group of Twelve, any Group of Twelve, since they're not all here you're having to shift time and space, or you wouldn't have that access at all. So, focusing on your Group of Twelve during the Star Weaving process allows you to

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broadcast, and it clarifies the function so that you can begin shifting. Now, you're not going to shift anywhere or do anything until you can pat your head and rub your stomach at the same time, until you can perfectly do the Star Weaving while you are focused on your Group of Twelve. That's the ignition, and your intent is the gas to get that vehicle moving. But if you don't have any place to go, if you don't know anything about another dimension to work in, if you don't have a guide, you're not going to get anywhere.

Where would be a good place to start?

You need to get a guide, and the whole work of priests and shamans has been to be that guide. In the sixties, LSD opened a lot of those doors; right now there seems to be a big upsurge in spiritually-based tribal plant use. But better than that would be moving back to exercise one and letting your Whole Self guide you.

But wouldn't the members of your Group of Twelve that are out of form be able to guide you?

Most of you don't know who those are, so you need to let me take you by the hand and shift you out of here, because until you've experienced it you won't be able to do it by yourself. If you will remember, in the last great ritual I called upon those who are not here. Those who call upon these invisible ones need to have at least some idea of what those invisible ones might be in order to make the correct connection. There's a lot of energy out next page

there. If you're being guided by energy that doesn't come out of Shining Function, it's not going to be very useful for you, but if it's out of Shining Function, you've got a connection there, and in that case that can work as a guide.

So you've got to really focus on it being your Group of Twelve, very focused on what you already know of it, very focused on what you're doing and why you're doing it.

It's not something to play with. Am I saying there is danger? No. You're not going to get taken off somewhere, you're not going to lose your body, you're not going to never come back—all of those things people say to try to make it scary. It's just not going to do anything.

You're more likely to get frustrated.

Yes.

When you do shift dimensions, what is it like? You'll need to know if you got something. You already do a certain amount of dimensional shifting; remember that you're doing it in your dreams. Sometimes—and I'm not talking about when you're bored and just looking around—when you are in a true daydream state, so that you're really gone, there can also be a shift there.

When you shift, time doesn't change here no matter how much you do there. So what you want to look for as the easiest signal that you're shifting is something that's much like a dream state in which you have had a whole life, a whole experience, and when you come back only a minute or two have passed. Or the reverse of that: it seems a very short experience but a couple of hours have gone by. Either of those.

Those who weren't at the Atlanta Lifescapes might not understand what you mean by the terms "hyper-intent" and "hyper-focus." Can you define those?

Your ability to intend is a step short of creating with that intention. The potential you have is far greater even than the typical Guardian. Your ability to focus is much, much stronger. You can get lost in something very easily: you're focused and a long time has passed and you've not even realized it. So it means literally what it says. It's a super-intent, super-focus.

So, we might not want to use the 528 hertz to access our multidimensionality.

Right, because 528 hertz has to do specifically with the form, and you're wanting to move beyond that. There is a frequency that helps with that shift, but I'm not going to talk about that now. There is also a tone that creates a certain amount of shift. I'll only hint about it. It's a very deep, low tone.

Is it like the Tibetan monks use?

Yes, a low pitch, a slow frequency.

You have discussed how our forms are changing as a

result of the "hybrid" genetic structure transformation. Is our consciousness changing as well?

At this point you're still experience-based. Until you recognize a change, your consciousness won't respond to that change. The more the new being is expressed, the less need for the old consciousness there will be.

When you are in a ritual and you are functioning as Shining Force, what is your consciousness doing?

I guess in rituals the participants nearly always have a shared consciousness that's coupled with a focus, an Intent.

And Word and Deed as well. You are functioning with all four function lines because you're connecting with All That Is, Ellic Force, Shining Force.

But if you are more reliant on your spirit self than on your human self, how does that affect free will?

Well, glory be, I believe that free will is eliminated—

that's why I'm so excited about this—because your consciousness, if you will, is Source consciousness. If you are functioning in form as Shining Function, then you have returned in the cycle to the beginning, which is always a powerful, powerful thing, and you're functioning as Source in this world.

Of course, I've always been saying that you are here to be a function of Source in this world, but there's a little difference there: you *are* Source in this world at that point. So consciousness? You don't really have consciousness, because you are in wholeness. And wholeness doesn't need free will. It just needs will.

During the March 2012 Lexington Lifescapes you mentioned that our human forms are becoming more spirit-based than human-based. You have discussed how the changes in our genetic structure—what you have called hybrid—are creating chaos in the world.

All right, wait. That's not quite correct. The hybrid is not the change in your genetic structure; the hybrid is the result of the change in your genetic structure. I just want to make sure you understand the difference.

Besides doing the four exercises you gave to us last year, how can we take advantage of the energies coming into the planet right now?

The more you function at Shining frequency, the more that energy is going to be functional for you. How do you function as Shining Energy? Well, it's not very practical to be in ritual all the time, but ritual does that so you might look at ways you can get together with three or more and create rituals that, for instance, make use of earth holidays or that are in alignment with world events of one kind or another, opportunities for group focus

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Star Weaving is mainly a group of "I AM" statements, and they progressively raise your frequency with each statement.

that are specifically called from the highest of your function. It does not have to mean you light a candle and you call, but by doing that you're taking steps up to reach that frequency rather than standing there and trying to jump up all at once. So following a pattern helps. Beyond that, unconditional love, which is that frequency of Shining Energy, fully merged with your whole self and conscious of your oneness with Source—and that's two different things—opens you to that.

There's a lot to be said for when the brain is accepting, is familiar with, is agreeing that it's possible, because when the brain isn't resisting, you're going to get a very different experience—different meaning, clearer, stronger, more real to you.

And generally, as I said in January and at the Retreat, know yourself so that you can start eliminating the “icky” stuff. The less you have of that, the more you have of what you truly are, and that involves living love. Sounds easy, but it really isn't so easy.

I see a pattern emerging. We are practicing manifesting little things like pennies out in the world, and now you are talking about us getting together in little groups with a high intent. If you bring those two together and do them well, you can change the world.

That's the plan.

S



Lea Schultz

Samuel is pure, unlimited energy, an intelligence that has communicated through Lea Schultz since 1984 in a process he calls transformational channeling—working in the energy of those in his presence to assist them in their spiritual development.

Legacy of Love

You've experienced for yourself the way Samuel touches hearts and changes lives. You've seen how his practical teachings make change easier and a positive, productive and fulfilling life a reality. Wouldn't you like to see Phoenix Institute's work in Lexington, Kentucky, Samuel's home base, continue to transform the lives of future generations? Did you know there is an easy thing you can do to help that happen?

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Samuel's To-do List for the Summer Lifescapes

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Atlanta & Pittsburgh Event

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Lexington Event

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Samuel r e s p o n d s . . .

The following questions about the sun, Vesta-Helios, and its evolutionary process were presented to Samuel as part of the preceding interview, rather than being posed by readers in the usual manner.

During the February, 2012 Pittsburgh Lifescapes Event, you mentioned that the Solar Lord, Vesta-Helios, is acting as a portal in one its realities for a very high-frequency energy that is coming to the planet. This pure extra-solar energy and the light energy from the sun are actually two different things, aren't they?

Right.

What's the difference between those two types of energy, or is there any difference?

Where that extra-solar energy originates from is what produces the Solar Lord. So they are very related, but it's not in a parent-and-child way. They have to be a part of the same type of energy or Vesta-Helios would not be able to function as the portal.

So you're basically talking about a stepping-down of energy, since the Solar Lord couldn't be in form unless that energy was lowered in frequency.

Yes, good. It is energy from the same place, but with different purposes.

In the solar version that Vesta-Helios is always putting out—I think you called it photonic energy—that's activating the crystalline structure within us. That's the energy that communicates within our cellular system.

Yes.

But now this energy that comes in a 36,000-year cycle through Vesta-Helios is creating something different. It's stimulating us.

Actually, it's radiating you, it's mutating you, but only you, because your—meaning some Guardians'—energy functions at a high-enough frequency that it can be affected by that energy. That's why it's not happening amongst humans. They are affected by solar energy from Vesta-Helios, but there's no consciousness within humans to solidify the effect.

How is the 36,000-year cycle of extra-solar energy affecting Vesta-Helios itself?

Are you asking if Vesta-Helios, which is in its own evolutionary cycle, is affected in the same way that Guardians are?

Well I think you said that it was changing its form, didn't you?

Yes. And what happens to a planet after Ascension?

Absorption.

Yes, Absorption. Ascension is required for Absorption to take place. For a star, Ascension involves condensing, and Absorption involves releasing, which ultimately results in a black hole. That's a natural process. But that should not be happening to your sun for a very long time, which means that Vesta-Helios is not going to follow the usual pattern.

It's becoming a hybrid?

Almost. So how is it going to bypass into Absorption? What's it absorbing with? I answered that a little earlier. Basically, where it came from. It's absorbing with its origination point, more or less.

Vesta-Helios will be released, and another Solar Lord will come in without affecting the form of the sun. In other words, the star that is your sun will remain. It can't have Ascension because Ascension for a star involves collapsing—not a good thing. So it will be absorbed back into itself, which means it will become a part of that 36,000 year cycle—and that tells you something about what that extra-solar energy that's coming here is.

S

If you have a question for the Samuel Responds column, please e-mail it to: PhoenixNewsletter@windstream.net.

Samuel determines which ones get answered, but try to avoid "yes-no" questions as they usually get a "yes" or "no" answer. Samuel won't answer questions about who he is, or anything that puts the focus on him rather than the work.

CommUnity Vegan Potluck
and
Lughnassadh Teaching
Sunday, July 29, 7:30 p.m.

Coming together to share food
is an ancient practice of hospitality.

Please join us for this feast
of unity and community,
and bring a vegan dish to share
and a list of ingredients.

There will be a brief
teaching on Lughnassadh
prior to the meal.

Phoenix Institute • 655 Lima Drive

PHOENIX PITTSBURGH

Phoenix Institute/Pittsburgh, Inc. presents

Earth Holiday Celebrations

Lughnassadh

Please join your Phoenix friends to celebrate the earth holiday, Lughnassadh. During this very special time of the year, our focus is on manifestation of and gratitude for the year's first harvest. Please bring a vegan snack to share.

Monday, August 6, 2012
Following the 7 P.M. Toning
(approximately 8 P.M.)
The Nuin Center
5655 Bryant St., Pittsburgh

Autumnal Equinox

During the Autumnal Equinox, we celebrate all that we have manifested throughout the year and prepare for the coming changes in the Earth's energy. Please join us and bring a vegan snack to share.

Monday, September 24
Following the 7 P.M. Toning
(approximately 8 P.M.)
The Nuin Center
5655 Bryant St., Pittsburgh

For additional information, please call
412-422-5500.

Meetings are at 7:00 p.m. at the Nuin Center, 5655 Bryant Street, Pittsburgh, unless otherwise noted.

JULY

- 2 Toning, followed by Suggestion 6; Prosperity Table
- 9 Toning, followed by a discussion of Samuel's July first-Sunday meeting
- 16 Toning, followed by a Healthy Living program focused on yoga; Artist's Table
- 23 Toning, followed by a discussion of Samuel's interview in the Summer issue of *Phoenix Rising*
- 30 Toning, followed by Mystery Word Social and vegan potluck snacks

AUG

- 6 Toning, followed by a celebration of Lughnassadh; Prosperity Table
- 11 **Samuel's Pittsburgh Lifescapes Event**, 9:30 a.m. to 1:00 p.m., Residence Inn Pittsburgh Airport, 1500 Park Lane Dr., 412-561-2861; followed by lunch at Loving Hut, 5474 Campbell's Run Road, 412-787-2727 (see ad p. 8)
- 13 Toning, followed by a discussion of Samuel's August 11 Lifescapes Event
- 20 Toning, followed by a discussion of Samuel's August first-Sunday meeting; Artist's Table
- 27 Toning, followed by a Healthy Living program focused on "Protein for Vegans"

SEP

- 3 Closed for Labor Day
- 10 Toning, followed by a discussion of Samuel's September first-Sunday meeting; Prosperity Table
- 17 Toning, followed by reflections on the Five Principles; Artist's Table
- 24 Toning, followed by an Autumnal Equinox celebration

TONING

Toning usually lasts about 50 minutes, but depends on the size of the group. We tone:

- Every Monday at 7:00 p.m., prior to the meeting at the Nuin Center
- Every Thursday at 7:00 p.m. at the Nuin Center
- Most Saturdays Toning will be held at 9:30 a.m. in the parklet behind the Cheesecake Factory

The time and location of Saturday Toning changes generally once a month. Check the PIPi hotline (412-422-5500) for the current time and place.



Mysterious Malta

POSITIONED IN THE MIDDLE OF THE MEDITERRANEAN SEA, MALTA GUARDS THE DRAGON FORCE OF "THE MIDDLE OCEAN." IT KEEPS THE SECRETS OF THE ANCIENT ONES, WHOSE STONE RUINS CROWD THESE TINY ISLANDS WITH STRUCTURES THOUSANDS OF YEARS OLDER THAN STONEHENGE.

MALTA IS A PLACE THAT CREATES MORE QUESTIONS THAN IT ANSWERS. ARE THE TEMPLE RUINS DEDICATED TO THE MOTHER GODDESS' HEALING AND FORETELLING POWERS, OR, COULD THEY BE STORAGE BATTERIES FOR THE POWERFUL ENERGIES FOUND WITHIN THIS EARTH? IS MALTA A REMNANT OF ANCIENT ATLANTIS? CAN EVIDENCE OF AN ALIEN RACE BE FOUND THERE?

JOIN SAMUEL ON A TRIP TO THE ANCIENT AND SACRED MYSTERY THAT IS MALTA.

ONLY
10
SPACES
LEFT!

AWAKENING AND
ACTIVATING
THE DRAGON FORCE
OF THE
MEDITERRANEAN SEA
WITH
Samuel

October 2-13, 2012

DOWNLOAD A BROCHURE WITH ALL THE TRIP DETAILS (INCLUDING A REGISTRATION FORM) AT:

DiscoverSamuel.com

SOUTHERN LIGHTS

CLASH OF THE TITANS

By Pat O'Malley and the Writers Gallery

Samuel once told me that I believed my greatest strength was my ability to overcome almost any difficult circumstance that came into my life. I smiled and nodded my head in agreement. Then came the bombshell. Because of this belief, I kept creating difficult circumstances in my life to overcome in order to prove how strong I was. Talk about manifesting a cycle of chaos and confusion!

I remember my mouth hanging open in dismay as I realized the truth of that statement. The good news in all of this was that knowledge is power, and I became motivated to examine this belief—where it came from, when it started—and then, finally, to change it. As Samuel has taught us, beliefs are like habits in the end: we can change them if we want. They are not etched onto stone tablets but are fluid, and we are the ones who have control over them.

Core beliefs are those beliefs that are so deeply ingrained they are almost cellular. We may be barely conscious of them, or not at all, and it takes awareness and effort to dig down deep and expose them to the light of day. Core beliefs are not good or bad until they begin to clash with other beliefs. For instance, my jubilant embrace of a loving but punitive father figure of God when I was young began to clash with my emerging picture of Source/All That Is when I was in my early thirties. And there was my ingrained poverty consciousness versus the emerging prosperity consciousness beginning in my late thirties. It wasn't until I began to experience a cyclic conflict with a new belief that the Universe wanted me happy and able to do my service here that I began to experience what I call the "Clash of the Titans." That core belief about not being or having enough was clashing with the Universe-wants-me-happy belief. But as I began discussing my clashing beliefs with other Phoenix Southerners, it became apparent that I was not alone in my dilemma.

Dina Shadwell shares:

Thanks to Samuel's continually urging us to release the old—that which no longer serves us—I find myself doing an almost daily self-inventory. This deeply personal work has brought me to an awareness of a tightly-held belief system around money: it's hard to come by; it can't be made doing what you love; there's never enough of it; if I deserved more I would have more. But being aware of the problem is half the battle, right? So I began the work of releasing these beliefs and replacing them with a belief that is in alignment with what I truly am: being One with Source, I trust that I am constantly in the flow of the abundance

Schedule of Events

You are invited to Phoenix South/Atlanta's weekly programs. Dates and programs are subject to change.

Tonings—Mondays, 7:15 p.m.

Weekly Programs—immediately following toning

Although programs will vary from month to month, a regular feature is the discussion of Samuel's first-Sunday message.

**Atlanta's next Lifescapes Event
with Samuel is Saturday, July 28.**

(See the ad on page 8)

If you would like more information about Phoenix

of all good things and that my needs are being met. This was a fairly simple undertaking while I was working a job that provided me with a steady paycheck. But the real test of my new belief system began last year as I jumped off the cliff into the freelance world of doing things I love to do. When I don't know where that next paycheck is coming from, how do I keep from leaping to that place of fear and distrust? Clash! I'm still working on that one, every single day. But I've definitely discovered one thing: trust and abundance do *not* flow when I cling to fear. For me, it takes day-to-day and, sometimes, moment-to-moment reminders to stay conscious of the bigger picture and of the signs that the Universe sends to guide me toward my next right action.

And Philomena Slater shares her most immediate discovery of clashing beliefs:

I had a long-standing belief that prescription medication for high blood pressure was simply a trade-off of problems: reduced blood pressure for gradual kidney destruction. I strongly believed that by taking prescription medications I would sustain far greater injury to the healthy systems of my body. My belief was reinforced by the experiences that I had when I did try the medications. They made me dizzy, caused whole-body muscle cramping, coughing, and elimination problems, and still did not come close to lowering my blood pressure.

What I was not aware of was the creeping onset of distress-related difficulties that were also affecting other body systems due to the hypertension. When I was told that my heart was dying and my overall well-being was in severe jeopardy, I became open to receive.

My question became, How is the alignment between my inner work (Guardianship compact) and my **next page**



outer work (moment-to-moment choices) to be balanced? Samuel has told us repeatedly that one of our greatest fears is that of the unknown. I found myself in this instance fighting the unknown. I was fearful because of my strong and long-held belief about the medications. It was only in full submission in the face of that fear that my belief about the medications could shift. My blind belief was rooted in fear and a false sense of being protected. Releasing that fear was difficult, yet it has brought about a new level of consciousness. The conscious act of submission has freed me on many other levels as well.

All three of us have discovered that the first symptom of dueling beliefs is a pattern of repeating behaviors and chaos in our lives. The heart believes one thing while the head is trying to believe another. The bad news is that it can take years to see the pattern and the conflict. The good news is that once the conflict is recognized, it becomes easier to deal with it. Samuel has said that we will look back and see this year as a pivotal one, so it seems more important than ever that we clear out our old beliefs so we may shine our brightest light into the world.



The 2012 Pledge Program

Thanks to those who donated last year, Phoenix Institute repainted the building, resealed the parking lot, constructed a new fence around the new HVAC units, and completed some needed and previously delayed maintenance work on our grounds and building.

Phoenix will be launching a new website this year and is eager to greatly expand the options for Samuel to reach a world that is increasingly digitally connected. Your pledge will help Phoenix have a consistent flow of funds throughout the coming year to support this and other important projects.

Samuel's teachings are based on love; they touch and transform lives. Giving to Phoenix supports an organization that feeds your heart, mind, and the magnificent Spirit you are.

Please join, or rejoin, the Pledge Program today, and
THANK YOU for supporting Samuel's vision.