



PHOENIX RISING

A free newsletter from Phoenix Institute

Fall 2010

An Interview with Samuel

channeled by Lea Schultz

You've spoken about Shining Energy affecting the Guardianship. How does that influx of the energy affect the planet itself? And what are the effects on the plant and animal kingdoms, particularly in the area of their individuation and achieving the completion of Sacred Status?

With regard to the completion of Sacred Status, the frequency of the planet and the frequency of life force on the planet are rarely at the same level. Lately, the life force on the planet, in particular mass consciousness, has made leaps, and the planet has been behind.

In March, there was a solar shift—and those who are interested in space science could probably find that shift in the records—that had an effect on—and there's no better way to say it—dimensional doorways, resulting in an outpouring of energy specifically for the being of the planet itself. As that energy came this way, things started happening across the globe, to the point that in May I asked the group to send some specific energy to the planet, because that energy had already been causing a lot of physical change within the planet. It was affecting its internal pressure, and that effect was growing stronger, creating changes that were moving toward the surface.

This energy has not stopped, but it's not coming through as strongly as it had been. By the end of this year, that doorway will either be closed or the energy will be finished, and the doorway will no longer be open because of that. If there is nothing pushing through, it won't stay open. And although the idea of a doorway isn't exactly accurate, it's a good way to think of it.

So that energy has had a profound effect on the planet. It has affected the core, which has had an effect all the way up to the mantle and the surface. Not only have there been many more tremors along the Ring of Fire, but there have

been tremors across the world in places that do not normally get them. You've only been seeing them in this country, but they've been happening across the planet. They're not necessarily huge tremors that make the news, but they've been happening pretty much worldwide.

This has had an effect on the temperatures in the oceans, which in turn has had an atmospheric effect, causing weather changes. *Everything is tied together*, so as the planet is, in effect, coming out of hibernation—and this is a good thing—everything on the planet is being affected. This effect on the plant and the animal kingdom is why, by the time of the trip to India next year, the plant and animal kingdoms hopefully will be able to make a leap in consciousness.

What is visible to you is a change in the reproductive cycles coming about in response to that consciousness-raising energy, be it in thought, be it in activity, be it in your dog or your rose bush. When a plant believes that it's going to die, it puts out a huge reproductive effort. You'll see more blooms and berries and fruit than ever before. And right now, that's what the plant kingdom is doing. It's not just because central Kentucky has had a lot of rain; it is worldwide. In particular, there is a leap in those areas where there is a lot of human life force around the plants.

With animals, their responses are more visible, so you will see the extremes there. They may appear more clingy because change is going on—"What's happening here?"—or more emboldened—"I like this!" This is a great time to be training a puppy or getting a kitten—a domesticated creature—because your energy is going to relate so strongly that you're going to be able to work with this creature in a very different way.

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With wild creatures, you may be seeing more encroachment on domestic areas, not just because their territory is being encroached on by humans, but because they're feeling less separation. You've become more like a different species to them than a dangerous ruler.

So the separation of the species is there, but the threat is not?

It has more to do with a sense of oneness than difference.

I want to make use of that energy. On the Mississippi trip, among other things I want the group to learn to merge with the animals, to take away more of that separation so that, on the trip to India, some of you will already be adept at that deeper form of merging and we can work together to change those ancient barriers. I'll have you in an area where those barriers are pretty much gone anyway.

Now, why would I be doing this? Isn't it a rather bold thing to do? And who said doing that is a part of the Plan? After all, it is something that would have happened at the completion of Sacred Status anyway. So why am I doing it? The answer is that I am greedy. I want anything that will facilitate this process, that will make it flow more smoothly and more quickly. Yes, the plant and the animal kingdoms would have automatically made the leap at the completion, but doing it before the completion of Sacred Status means that leap is working *with* you to bring this about. I see it as a link that will add to the energy change rather than something that will come behind it. It adds to what Guardians can do or will have done, rather than being a result of the final product.

What do you mean by "adding to what Guardians can do"?

When the plant and the animal kingdoms are at their next evolutionary level, which is individuation, the ability to become one with individuated being is going to allow primal force to be added to your frequency when needed.

That primal force being the canine energy, the feline energy.

Yes, exactly.

Occasionally, when something has happened to one of your dogs or cats, I have told you to connect with that group soul—the oversoul, so to speak—to speak to it, to ask it to work in helping to heal. If this leap happens, you will have that access as a coworker rather than as an occasional touch into that kingdom.

Do I think this is going to work? I don't know. I know that it's possible because of everything that's going on with the planet. The planet has been shifting, and as it shifts it stirs up all of the life force on it, all of the kingdoms, except for the mineral kingdom, which is already individuated.

You've touched on this, but what are Guardians going to be taking on in terms of their responsibilities to these kingdoms when the next two workings are completed during the trips to the Mississippi and to India?

Two answers: For those who are here for those kingdoms, the answer is everything. For those who are not here for those kingdoms, only that which presents itself at the time.

Can you clarify that?

There are those within the leadership who have said to me, "I just don't really get the human thing; the needs of mass consciousness don't stir my heart. What's wrong with me?" and I have said, "Nothing." There is a part of every Guardian that strongly relates to the plant or the animal kingdom, but it may be something that is never touched into, because most Guardians work with humans. But remember, what you're here for is to bring about the transition, and although mass consciousness has a whole lot to do with it, it's not the only thing that is involved. So there are those who are Guardians of the plant kingdom. You know them because—and if Paula was here she would be nodding—things just grow, or you are so moved by the plight of the planet's forests that are disappearing. That kind of thing just hurts your heart.

continued on next page ▶



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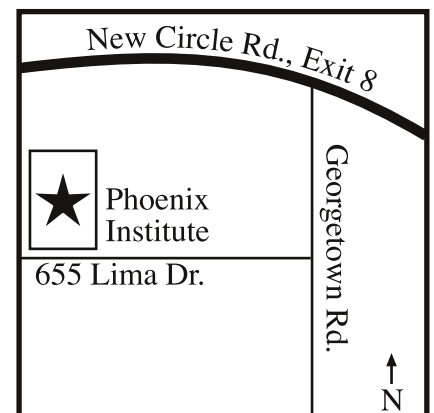
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or e-mail to:

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Winter Deadlines:

Copy—October 10

Ad reservation—October 17



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CALENDAR

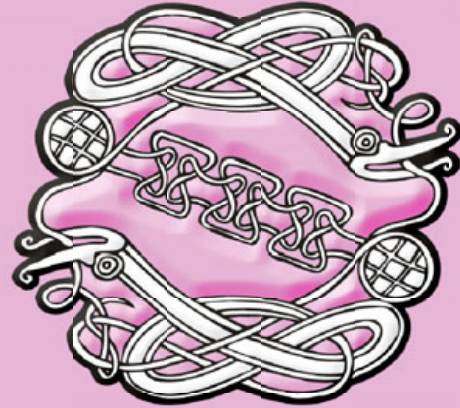
Meetings are at 7:30 P.M. at Phoenix Institute unless noted otherwise.

Dates and programs subject to change.

OCT.	<p>3 Samuel's first-Sunday meeting and live webcast at www.DiscoverSamuel.com</p> <p>10 Discussion of Samuel's October 3 message</p> <p>17 Recognizing Greed and Replacing It with Loving Action <i>Greed can be an insidious aspect of our lives. Learn how to identify personal greed and replace it with love.</i></p> <p>24 Discussion of Samuel's interview in the Fall 2010 issue of <i>Phoenix Rising</i></p> <p>30 Samuel's Pittsburgh Lifescapes Event 9:30 A.M.–1:00 P.M. (See ad p. 10)</p> <p>31 Samhain Celebration and Potluck</p>
NOV.	<p>6 Samuel's Lexington Lifescapes Event 9:30 A.M.–1:00 P.M. (see ad p. 10) Vegan Breakfast available, cost: \$5 8:30 A.M.–9:25 A.M.</p> <p>6 Coffee House and Gift Fair (for times, see ad p. 7)</p> <p>7 Samuel's first-Sunday meeting and live webcast at www.DiscoverSamuel.com</p> <p>14 Discussion of Samuel's November 7 message</p> <p>21 Discussion of Samuel's November 6 Lexington Lifescapes Event</p> <p>28 Play Night: Guardians and Games</p>
DEC.	<p>5 Samuel's first-Sunday meeting and live webcast at www.DiscoverSamuel.com</p> <p>12 Discussion of Samuel's December 5 message</p> <p>19 Festival of Light (see ad p. 12)</p> <p>24 Christmas Eve Potluck (for time and location, see ad p. 12)</p> <p>26 Miracles and Gifts of 2010</p> <p>31 New Year's Eve Celebration (see ad p. 12) 11:00 P.M.</p>
TONING	<p>Samuel says that toning is the most important thing we can do now to help bring about completion of Sacred Status. Phoenix offers four toning practices weekly:</p> <ul style="list-style-type: none"> • Before Sunday meetings, 6:30 P.M., except first Sundays • Mondays and Thursdays, 6:30 P.M. • Wednesdays, 9:30 A.M. at 147 Kentucky Ave. Please call 859-231-8449 to confirm location.

Samhain

Merge Body, Mind, and Spirit



Earth Holiday Celebration and Potluck with your Phoenix Family! Sunday, October 31, 7:30 P.M.

Join us for Samhain, the Celtic New Year, when we celebrate completions and beginnings, and when the veil between our world and the world of spirit is at its thinnest. The celebration of Samhain recognizes the importance of dying to the old in order to create something new. Please bring a vegan dish to share at the potluck, which follows a brief teaching.

◀ Interview, from p. 2

It's very much like parents being here for their own children, but not so much for someone else's children.

Which isn't to say that they won't help them when needed. It doesn't mean you don't have a responsibility to mass consciousness, but it means you don't have an obligation. Mind you, very few in this work have that plant or animal Guardianship because most of you have worked as a human (rather than within the other kingdoms). But still there are some who have chosen to work outside of humanity.

So what is that responsibility for the plant and animal kingdoms? For some, everything; for most, little.

Is there more that you can say about how our domesticated animals and pets fit into that picture?

Guardians are already finding that their creatures are communicating more, connecting more. I was just speaking with Cindy and Noki [Cindy's service dog], and she commented that Noki seems to be more clingy than usual. I told her that Guardians are finding that their creatures are either more independent and standoffish or more clingy—and independent is different from emboldened. When the advancement comes in the kingdom as a whole, I hope that Guardians, having learned how to communicate with the group soul and to merge with it earlier, will find that they can switch that to individual animals and plants within the

kingdom. Your domesticated creatures—dogs for instance—will find that a true pack is established, or for cats, a true companionship. When you see yourself as a co-creator with your creatures, with a whole kingdom of creatures, you are not separate any more. That understanding of *oneness* takes on a whole new meaning. You're seeing pieces of that already, and it's those glimpses that are telling me this can happen, we can do this.

At the Retreat, you spoke of the necessity for Guardians to get over their discomfort with seeing caged animals, because the animals can benefit from being with our energy. Why is that, and what energy should we share when approaching these animals?

Do you remember why it is I don't mind you wearing leather? Mind you, I know that some of you just can't do it, but why is it I don't mind you doing it?

You've spoken of the animal's awareness of serving a purpose, and that involves being food as well.

You are a society that uses creatures for food. They are sacrificed because they are thought of as less than you. That consciousness is going to change—it's already starting to change. But that was an aside.

That which functions at frequencies lower than an individuated soul's frequency—needless to say a Guardian's frequency—benefits from any connection to that higher frequency, and the higher a frequency the better. So a slaughtered cow—unless it's killed by machinery, which I believe happens—had at least a little human contact. As a Guardian, you can touch into the essence that was this creature with your energy. Now as a human, you could do that as well, but as a Guardian your energy permeates dimensions—whether you can always make use of that or not. Because there is no time, there is no space, when you wear a leather belt or leather shoes, that creature gains from your energy. So there is an advantage for it. You honor its life.

So it is for caged exhibition creatures, be that at the Humane Society or at the zoo; they are accessing your energy. They are getting the advantage of your energy in a way that may have never happened otherwise. So if you recognize that what you are doing is a service, and you can put aside your human, anthropocentric, pity...

Our projections about cages being prisons.

Yes. If you can put that aside, and realize that you are giving something, and you can see the effect of that giving, that's going to make you useful. And it's going to help change things.

When the group goes to India, because you care about the cultures you visit, you're not going to wear your leather coat or leather shoes if you don't have to. Of course, if you do, they'll see that you're a stupid tourist and they'll let it go. But you're going to be in a society that does not see that as honoring the creature. In the same way I would tell the women to wear a head scarf when they go into a temple, so I will tell you to be aware of your footwear, and the

preference is that they be of cloth or at least a non-cow material, because the cow has a different meaning there. It doesn't change that you feel you are honoring the creature by wearing it, but you are honoring the culture by not wearing it there.

There seems to be an increasing connection between different species of animals—for example, I read recently about a wild deer that was visiting a cat in its yard every day and interacting with it in a friendly way. How has Shining Energy affected that relationship between species? Will the lion literally lie down with the lamb?

[Laughing] Only if it's not very hungry. I partially answered that earlier when I said that they are coming closer, and there is less division. It's easier for a deer to come close to a cat than for a deer to come close to a human, but that deer is still absolutely aware that what it's smelling all around that cat is a human, even if it's not seeing it. To a certain extent there has always been some of that going on, but your advanced communication technologies mean that you hear more about these sorts of things.

Will the lion literally lie down with the lamb? Well, I joked, "Only if it's not hungry," and that is my answer. We're not talking about a species changing its nature when it makes the next step. The difference is that it's able to think about it more, see consequences a step ahead. So the lion might look around and say, "That lamb is all alone. I'm going to take advantage of that," or it might say, "That lamb is alone, but all of my needs are met. I'm not hungry, but I am a little curious. I want to see what it is. Maybe I can satisfy that curiosity." It's still a lion. It's still a lamb.

How is the Guardianship's connection to the devic realm changing, or how will it change as we draw closer to the animal and plant kingdoms through the workings over the next two years?

The devic realm isn't truly a part of the plant kingdom in the way that a holly tree is. Devas are extradimensional, creative bits of Source focus, and a Guardian's ability to connect has always been dependent upon two things: if your frequency is high enough, you connect on a spiritual level and no human "belief" is needed; if you are not at that frequency, your "belief" can be strengthened by ritualized actions, such as putting out bread and honey, which has the same effect as pure belief.

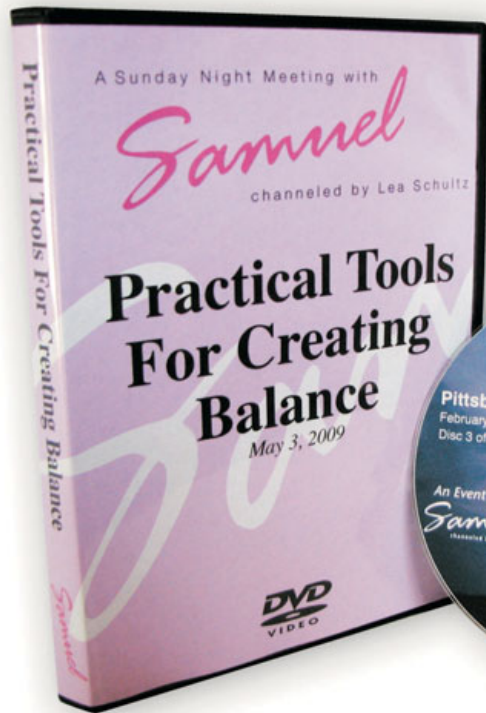
What are the implications of having this group of Guardians working in the United States, within their own culture and territory, instead of abroad?

Well, there are advantages and disadvantages. One of the great disadvantages is that you are in your familiar space. It's always been a good thing to have had you in unfamiliar cultures where you were more dependent on what was happening on the trip. You were not focusing on exploring on your own, because you could not read the signs or speak the language. It really keeps you focused. Not having that

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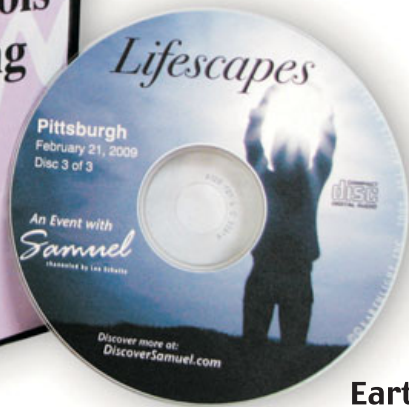
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Vegan Main Dish Cook-off

Our Fundraising Committee had another successful event when they held a cook-off at the Phoenix building for the best vegan main dish. They held vegetarian cook-offs several years ago, and had some yummy dessert, chili and salad cook-offs that everyone enjoyed. However, with Samuel's request that Guardians adopt a vegan diet, they saw a great opportunity to highlight the dietary change, as well as giving folks a chance to see how good vegan food can be, and take advantage of some of Phoenix's great cooks!

There were fourteen dishes in the running at this well-attended event, ranging from main-course salads to dishes that could be enjoyed on a cold winter's evening. Participants paid \$5 if they submitted a dish, and \$10 if they just came to eat and socialize. Fundraising provided snacks and beverages. After sampling all of the entries, the attendees voted for the one they liked the most.

Not surprisingly, the winner of the coveted Golden Ladle award and a \$25 gift certificate for Whole Foods was Catherine T., who already has a well-deserved reputation for creating fine food. Her winning recipe, Old Bay Tofu Cakes with Horseradish Cream, will be published in the winter issue of Phoenix Rising so we will all get to share in her success. It was a great opportunity for the Lexington Phoenix family to come together, eat heartily and celebrate our talents. And best of all, the proceeds went to Phoenix. Congratulations to our Fundraising Committee and Catherine!



Golden Ladle winner, Catherine T.



Old Bay Tofu Cakes with Horseradish Cream

Samuel

responds . . .

At Phoenix, we share gratitude for many things. When we get together, there are always so many great, healthy foods that it seems like we could find a way to pause all together and share gratitude for the opportunity to enjoy our feast together. Logistically, this might be a challenge, but it seems a shame to miss an opportunity at these times. What do you think?

I think that at some celebrations the person leading it chooses to do a recognition, and sometimes not. It used to be done more regularly. The reason that it stopped—exactly as this questioner has pointed out—was that the logistics were pretty difficult. A reminder to remember to express your gratitude can be helpful, but there is a bigger picture as well: in the very same way that your energy is changed when you walk into the Phoenix building, so is the energy of every food, of every creature that goes in as well. Its energy is raised up, and that's what the gratitude for the food does. Recognizing the food and what it has given raises its energy. Being conscious of that is empowering, but not required.

So it's happening automatically in a sense, and all we need to do is be aware.

Your awareness of it empowers you, but you can raise the energy of it without the awareness of it. It doesn't change that it's happened. But when I try to regulate—"you need to do this"—it becomes a means for judgment. I'm not saying you must be grateful, I'm asking you to recognize the gift.

How will the enhanced merging and attunement abilities with the animal and plant kingdoms that are being imparted to those on the Mississippi trip be made available to the Guardianship who are not able to go on that trip?

First, I'm not sure that "enhanced abilities" is accurate. You're going to learn to merge with those kingdoms. That's going to make possible what you have not thought was possible, yet was always available to Guardians.

There are two reasons that I want a very large group for the Mississippi Dragon work. One of them is that the Mississippi Dragon offers challenges the other trips have not. But the other reason is that a secondary work on that trip is to prepare those who will be able to take what they have learned and use it in the work that will be done in India. The Dragon in India is all about the plant and animal kingdoms, so the working at the Brahmaputra will need those who can actually work *in* and as those kingdoms to raise *them*, as the Dragon force is raised, to a higher level.

So the ability to contribute to that will be lessened

by not being able to go on the Mississippi trip. Will they still be able to make a meaningful contribution?

I can make use of energy wherever it is, so that's not the issue. If you've not been on the Mississippi trip, you will still have a very important role within the Dragon work, but going further—to raise up the Dragon that will change the plant and animal kingdoms—is going to require those who are already capable of functioning in and as those kingdoms. So if you've gone on the Mississippi trip, then I need you in India to help with this project. The more who have gone on the Mississippi trip, the greater the pool will be. When finances and work and other things keep some people from being able to go, there will be more who may be able to.

But this question was, How will others get it? I'm saying that it's not something that can be taught, because the advantage of having me to open that door won't be available.

Are there things that, because of higher energy now, any Guardian can do with their domesticated creatures or with their houseplants?

Do a simple merge as often as possible. Secondly, recognize them. "You're not just a dog; you are another living focus of life and love."

See the oneness.

Yes, but not just the oneness; the important part they play in life, recognize that.

In your opening segment on the DVD "Sacred Landscapes of Scotland," you said that "Dragon force energy is activating the Earth's Guardianship." Since that time we have activated six Dragons. To what degree has Dragon force energy been able to activate the earth's Guardianship? What ways have you seen that Guardianship manifest?

When I made that comment I was referring to those across the planet, not necessarily human, that are Guardians, whether they know it or not, that are awakened and need to be activated. Remember that the Dragon-force seedings are about changing cultures—civilization—providing a means for activated life force to recognize its internal imperative towards its spiritual nature. In a broad sense, it's all about helping the world become more spiritual.

Across this world, there are Guardian energies in all kingdoms—awakened but not activated, or not awakened at all—meant to work at this time of transition. The mineral kingdom is not *actively* involved in this specific time of transition; it is involved in holding a focus.

The work that you have done in activating the Dragon force in the rivers of the world has been doing two things. One of those things is functioning like a traffic signal for a lineup of Guardian beings that are awake and waiting—I'm picturing a horse pawing the ground—and creating an opening in consciousness that will allow them to activate. You're seeing this in extremes; there is a worldwide

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A love note to Phoenix . . .

The power of writing love notes to each other during The Guardianship Program inspired Kathy Adams to write one to Phoenix.

I have been coming to you for 18 years. I would definitely consider our relationship as one of the most profound and fulfilling ones I have ever had in my life. Through you, I have found my spiritual family and you have been the teacher and healer for my heart. You have been the inspiration and encouragement to live the best possible life over the years.

When I met you 18 years ago, on some level deep, deep down inside, I knew I had found something remarkable and I wanted to get to know you. Even though I didn't really understand all that you had to offer, I knew you were remarkable. I made the choice to get to know you and commit to this relationship and I am so glad I did.

The biggest reason I stayed was that you provided Samuel's teaching, and attracted other people who had a similar vision for fulfillment and making a difference in this world.

Day by day, week by week, month by month, year by year, I learned so many skills because of you. These include overcoming fear; establishing deeper, richer friendships;

public speaking, organization and leadership skills. I learned from the wisdom you offered, which was channeled in many different ways and by example. I then decided to give back to you in whatever way I could. In my giving back to you, this gave me experience, which led to personal wisdom that I was able to take out into the world. I couldn't be doing the type of things I am doing now had it not been for you. The beauty of it all is that I am still learning and growing in our relationship.

In my opinion, you are the embodiment of transformation and the gift you give is guidance for those who seek change. This world needs more organizations like you, designed to help people transform their lives and world through the power of love, served up in practical teachings we can use in our daily lives. Doing it together makes it so much easier. Thank you, dear Phoenix, for all that you have provided me over the years. I am so deeply grateful that I found you.

Love,
Kathy Adams

If you would like to send your own note to Phoenix, the addresses are on page 2.

Holiday Gift Fair & Coffee House

I see an evening for you filled with food, song, laughter, dance, and shopping!



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(with an intermission for shopping)

Saturday, November 6

Alcoholic beverages are not sold by Phoenix Institute, but please feel free to bring your own.

◀ *Responds, from p. 6*

movement toward unity that shows up both as an increased attendance in religions and as a stronger and more forthright decision *not* to go in that direction. A quick for-instance: you have a more outspoken, stronger atheist community in America right now than has ever been, ever, and that's without this Dragon being awakened. That's due to that spiritual change—that doorway being opened—in other parts of the planet. Imagine, when this one is open, what effect that's going to have. So you are seeing the extremes of that spiritual opportunity. It doesn't matter if it's in the box of a set religion or if it's throwing that box out while still recognizing that we need to work together human to human.

I also see changes that are going on amongst the Guardian species on the planet. For example, with bees you see that same dichotomy. The hybridization of wild bees is moving slowly across the continent, pretty much across the world, and coming into the Northern Hemisphere. These wild bees are much more aggressive bees. Are they called African killer bees?

Yes. In their pure, unhybridized form they were dangerous, and some people have died from being stung.

Sure, but I wouldn't say at the level of things humans have to fear that this one is high on the list, unless you were directly in an area in which they were swarming.

Nonetheless, the point is that a different kind of creature is emerging. More aggressive, less able to reproduce, less hive-minded. But all Guardianship.

On the other side, although you have across the world fewer traditional honeybees, those that remain have stronger honeybee attributes. They are producing more queens than they had been. That goes back to the trees thinking they are in danger and producing more fruit. You have a more nutrient-rich honey, because more is needed to feed them. And you have a bee more willing to be around higher frequency without fear.

And these are all characteristics that bees share with ... ?

Well, that Guardian bees are sharing with bees as a

whole. You don't see that so much with trees, for instance, but you would perhaps notice that there is a greater encroachment of evergreens than birch in the world.

Evergreens being a Guardian species.

Yes.

Besides the way Guardianship energy affects the plant and animal kingdoms, you have also spoken about the effect that the Dragon energy work has on the consciousness of the people in that area.

Because Guardians were there, and activated those seeds—that Dragon force—change started happening, and continues to happen, and spreads farther and farther out continuously.

The continuation and spreading is a result of the Dragon force that was released. And the river, the body of water, holds that?

Yes. For instance, if a Chinese person who has been affected by that energy immigrates to Canada, that individual is going to have a certain amount of effect there, too, or wherever they go. And in this world in which communication and movement are so much easier than they ever were, there is a very minor change going on in places away from the area of that Dragon activation.

It would be great if there was a Dragon in the Mideast that could be activated so that all those factions could become one.

But the seeding in that area is not Dragon force.

But there is a seeding in that area.

There is.

S

If you have a question for the Samuel Responds column, please e-mail it to:

PhoenixNewsletter@windstream.net.

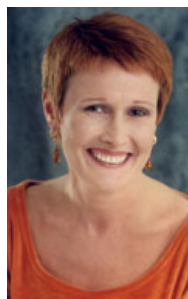
Samuel determines which ones get answered, but try to avoid "yes-no" questions as they usually get a "yes" or "no" answer. Samuel won't answer questions about who he is, or anything that puts the focus on him rather than the work.



◀ *Interview, from p. 4*

focus could be a problem. In general, I don't think I've been putting off working in the U.S. so long because the group didn't know how to unify. The group has shown, in doing the Dragon work and other work, that it can create that focus when it needs to. So I think working here, although the focus will be more difficult, is worth the risk.

S



Lea Schultz

Samuel is pure, unlimited energy, an intelligence that has communicated through Lea Schultz since 1984 in a process he calls transformational channeling—working in the energy of those in his presence to assist them in their spiritual development.

PHOENIX INSTITUTE PITTSBURGH

Phoenix Institute/Pittsburgh, Inc. presents

SILENT AUCTION

Bid high and bid often at PIPi's Silent Auction! Starting Monday, October 11, begin bidding on an array of unique treasures, services and gifts. The last day of bidding will be Monday, October 25.

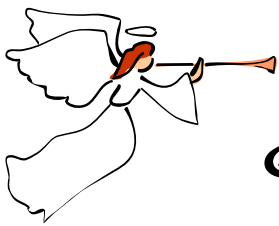
If you have a special item or service you would like to donate to PIPi's Silent Auction, please contact the fund raising committee at 724-938-2561 before Monday, October 11.

When: Mondays, Oct. 11–25
Where: The Nuin Center
5655 Bryant Street,
Pittsburgh



Please call 412-422-5500 for more information.

Phoenix Institute/Pittsburgh, Inc. presents



Greens & Berries

Please join your Phoenix family for a magical evening of fun, laughter and vegan delicacies during PIPi's Greens & Berries holiday event.

We are featuring a celebration of the winter solstice earth holiday. Please bring your favorite vegan dish to share.

When: Monday, December 20, 2010
Time: 6:30 to 9 P.M.
Where: The Nuin Center
5655 Bryant Street, Pittsburgh

Please call 412-422-5500 for more information.

Meetings are at the Nuin Center,
5655 Bryant Street, Pittsburgh,
unless noted otherwise.

OCT.	4 Toning, 7:00 P.M., followed by the first-Monday Focus Group; Prosperity Table
	11 Toning, 7:00 P.M., followed by a discussion of Lexington's Oct. 3 first-Sunday meeting with Samuel; opening night for the Silent Auction
	18 Toning, 7:00 P.M., followed by Healthy Living; Silent Auction continues
	25 Toning, 7:00 P.M., followed by a teaching <i>Let Your Joy Guides Out</i> ; final night for the Silent Auction
	30 Samuel's Pittsburgh Lifescapes Event, 9:30 A.M.–1:00 P.M. (see ad p.10) followed by lunch at the Ya Fei Chinese restaurant, 1980 Park Manor Blvd., Robinson Town Center, 412-788-9388
NOV.	1 Toning, 7:00 P.M., followed by a Samhain celebration; Prosperity Table
	8 Toning, 7:00 P.M., followed by a discussion of Samuel's Oct. 30 Lifescapes event
	15 Toning, 7:00 P.M., followed by a discussion of Lexington's Nov. 7 first-Sunday meeting with Samuel
	22 6:00 P.M. Vegan Thanksgiving Potluck and sharing of gratitude, followed by toning at 8:00 P.M.
	29 Toning, 7:00 P.M., followed by a discussion of Samuel's interview in the Fall 2010 issue of <i>Phoenix Rising</i>
DEC.	6 6:00 P.M. Vegan Bake Sale; toning at 7:00 P.M., followed by the first-Monday Focus Group; Prosperity Table
	13 Toning, 7:00 P.M., followed by a discussion of Lexington's Dec. 12 first-Sunday meeting with Samuel
	20 6:30 P.M., Greens & Berries potluck dinner (see ad to left) followed by toning at 8:00 P.M.
	27 Toning, 7:00 P.M., followed by a discussion of the miracles and gifts of 2010
TONING	Phoenix Institute/Pittsburgh offers three toning practices each week:
	<ul style="list-style-type: none"> Monday prior to the meeting at the Nuin Center Thursday at 7:00 P.M., at the Nuin Center Most Saturdays at 9:15 A.M., location varies (please call 412-422-5500 to verify place and time)

Laugh, Love, Learn and Grow!

Lifescapes events with Samuel help you: transcend fear; move from the ordinary to the extraordinary; expand possibilities; live with passion; find balance; experience wholeness; and create spiritual alignment with your greater purpose.

Lifescapes



Lifescapes are:

\$69, or \$59 in advance

9:30 A.M. – 1 P.M.

(See registration form for details.)

Note Location

Pittsburgh

Oct. 30

Residence Inn Pittsburgh Airport
1500 Park Lane Dr.
SR-60, Exit Robinson Town Ctr. Blvd., left
on Summit Park Dr., right on Park Lane Dr.

412-561-2861

Directions and Register at:

www.DiscoverSamuel.com

Lexington

Nov. 6

Phoenix Institute
655 Lima Dr.
Georgetown St. inside
New Circle Rd.

859-231-8449

Breakfast at 8:30 A.M., \$5⁰⁰

The Resource Center opens at 9:00 A.M.

3 Special Offers!

- Receive a 25% discount at your first event with Samuel.
- Receive a 25% discount for every new person you bring.
- Attend this Lifescapes event a second time and pay half price!

To **pre-register**, please send your payment along with this completed form to the address listed below. **Payments for Lexington must be received 24 hours prior to the event to qualify for a pre-registration discount. Credit cards are NOT accepted for the Lexington workshop.**

Please check the city you wish to attend and your method of payment:

Lexington — Check/Money Order

Pittsburgh — Check MC VISA Discover

Please check the amount you're paying:

I am paying \$59.

This is my first Samuel event and I'm paying only \$44.25!

I am bringing: 1 new person and paying \$44.25!

2 new people and paying \$29.50!

3 new people and paying \$14.75!

4 new people and attending FREE!

Name _____

Address _____

City/State/Zip _____ / ____ / _____

Phone (h) (____) _____ Phone (w) (____) _____

Pittsburgh — register online at DiscoverSamuel.com or mail pre-registrations to: EarthLight, Inc., PO Box 835, Lexington, KY 40588

Card # _____ Exp. ____/____

Signature _____

Lexington — mail pre-registrations (checks/money orders) to:

Phoenix Institute, Inc., Registrar, PO Box 12963, Lexington, KY 40583

SOUTHERN LIGHTS

The Nature of Writing in Unity Consciousness

by Philomena Slater and the Writers Gallery

I know that I am in an interlocking, ever-changing relationship with all of nature. Nature and I are in a dance, but even though the rhythm and beat are not within my control, there is constancy that creates in me a deep trust that is unshakable and inspiring. Do I ever question the intent of the sun when I experience the discomfort of sunburn? Why am I not inclined to harbor blame and resentment for it toward the sun? Nor do the elements have to earn my appreciation. My acceptance of the integrity of much of nature and the world around me is intuitive. For me, unity with nature is "second nature."

This unity consciousness is the function of a Guardian. Yet, so often, the inability to embrace unity consciousness is what keeps me from knowing and being what I really am. Why do I sometimes still find it so difficult to flow with others in a state of blended, unity consciousness? How is it that my individual identity can be so fragile that I am threatened by the prospect of blending my gifts with the creative, open flow of others? Do I ever try to stop the sun from shining?

Within the Phoenix South group, the Writers Gallery has become a fertile Guardianship training ground, an arena for us to develop and model unity consciousness. Over the last few years, the number of participants in Phoenix South has been reduced by more than fifty percent. Those remaining have felt the impact of this on many levels, yet these changing circumstances allowed us to take a fresh look at the way we function and keep up with our responsibilities. The production of material for *Phoenix Rising* remained a high priority, and we recognized the opportunity to put to the test the Paceline model of synchronistic group functioning.

Writing as a Paceline team transforms the process into one that is shaped by the flow of ideas coming from the writers. The twin currents of skill and talent germinate those ideas and propel them into manifestation. Our accountability to each other for impeccability and detachment from ego in the face of differing ideas and production styles is challenged by encroaching deadlines and the constraints of our personal schedules. Everyone in Phoenix South supports the process with trust and cooperation. Roving reporter interviews and opinion surveying are examples of ways in which everyone contributes, but these challenges still remain as an ongoing test of our belief and trust in unity as the natural way for spirit to create through form.

Schedule of Events

You are invited to Phoenix South/Atlanta's weekly programs. Dates and programs are subject to change.

Tonings—Mondays, 7:15 P.M.

Weekly Programs—immediately following toning

Although programs will vary from month-to-month, a regular feature is the discussion of Samuel's first-Sunday message.

If you would like information about Phoenix South, please e-mail PhoenixSouth@comcast.net

Carol Brown adds:

Being a part of Phoenix South and its Writers Gallery has renewed and enhanced the richness of living a spiritual life. We are always focusing on the music of the experience life provides, and always thinking of ways to put it into a story that others can enjoy and which will have some kind of transformational effect on them. It is the most harmonious joint effort I have ever been involved with, for it just doesn't matter whose idea comes across—the project still continues. The tapestry created by all the parts becoming a whole is glaring proof that we have learned to merge together, to get along, to respect and honor each other's gifts, and to work in cooperation instead of competition. Even when we put a lot of energy into a piece that might never be used, I know my time is not wasted because the effort will go into the Grid as a good thing.

We have evolved into a group of writers who are totally committed to honoring the rhythm of the free flow of our individual thinking and ideas. This process of receiving the ebb and flow and then moving in synchronicity with it continues to unfold. We discover and own our complementary strengths and weaknesses as we merge with our common vision. We trust that each of us can be counted on to produce in proper measure to get the job done, even if we have to shift from plan A to plan B or C. And along the way, our thoughts about loss of individuality diminish and are replaced by the passion we have for our writing and for working in unity, which is becoming second nature to us now.

PR



PHOENIX INSTITUTE

P.O. Box 12963, Lexington, KY 40583

www.DiscoverSamuel.com

Become part of the

OneHeart spiritual community



- share gritudes
- make energy requests
- discuss Samuel's teachings

To join the OneHeart list, browse to:

<http://www.sacredstatus.net>



December Events

Festival of Light with Samuel

Sunday, December 19, 7:30 P.M.

Join Samuel and your friends, new and old, for a celebration of the Light that the Guardians bring to this world. Please bring vegan party food to share at the potluck that follows.

Christmas Eve Potluck

Friday, December 24, 6:00 P.M.

204 W. Lexington Ave., Danville, KY

This holiday event provides an intimate portrait of Guardians working in love. Please bring a vegan dish for the potluck dinner, and a small wrapped gift to give away (the gift should represent you and have your name on it). Please call 859-227-4425 for directions.

New Year's Eve with Samuel

Friday, December 31, 11:00 P.M.

(Doors open at 10:30 P.M.)

Welcome the year 2011 in style! Experience the beauty of Samuel's extraordinary New Year's Eve ceremony. Join with your Phoenix family to send Guardianship energy and the light of love into the world. Please stay for the celebration afterward.